### **PROJECT BRAVO:**

# BEHAVIORAL HEALTH REDESIGN FOR ACCESS, VALUE AND OUTCOMES

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# **Enhanced Behavioral Health Services for Virginia Project BRAVO**



### Behavioral Health Redesign for Access, Value and Outcomes

**Vision** 

Implement fully-integrated behavioral health services that provide a full continuum of care to Medicaid members. This comprehensive system will focus on access to services that are:



Quality care from quality providers in community settings such as home, schools and primary care



**Evidence-Based** 

Proven practices that are preventive and offered in the least restrictive environment



**Trauma-Informed** 

practice services that acknowledge and address the impact of trauma for individuals



**Cost-Effective** 

Encourages use of services and delivery mechanism that have been shown to reduce cost of care for system

### **Current Continuum**

### Current Medicaid-funded Behavioral Health Services

Prevention

Recovery

Outpatient

Community Mental Health Rehabilitation Services Inpatient / Residential

Early intervention Part C • Screening • EPSDT services

Peer and family support partners

Outpatient psychotherapy • Psychiatric medical services

Therapeutic day treatment Mental health skill building services

Intensive in-home services

Crisis intervention & stabilization

Behavioral therapy

Psychosocial rehabilitation

Partial hospitalization / Day treatment

Mental health case management

Treatment foster care case management

Intensive community treatment

Inpatient hospitalization
Psychiatric residential treatment
Therapeutic group home

-Lack of evidence-based services
-Reliance on intensive services for acute problems
- Service definition and rate structures do not support best practice



### The North Star **Behavioral Health Services Enhancement**

### Continuum of Behavioral Health Services Across the Life Span

Promotion & Prevention

Recovery Services

Outpatient & Integrated Care

Intensive Community **Based Support** 

Intensive Clinic-Facility **Based Support**  Comprehensive Crisis Services

**Group Home** & Residential Services

Inpatient Hospitalization

**Behavioral Therapy Supports** 

>>>> <<<<

Case Management\*

>>>> <<<<

Recovery & Rehabiliation Support Services\*

Home visitation • Comprehensive family programs • Early childhood education Screening & assessment\* • Early intervention Part C

> Permanent supportive housing • Supported employment • Psychosocial rehabilitation\* Peer and family support services\* • Independent living and recovery/resiliency services

> > Outpatient psychotherapy\* • Tiered school-based behavioral health services Integrated physical & behavioral health\* • Psychiatric medical services\*

> > > Intermediate/ancillary home-based services • Multisystemic therapy • Functional family therapy High fidelity wraparound • Intensive community treatment • Assertive community treatment

#### INTEGRATED PRINCIPLES/MODALITIES





Seamless care transitions

Telemental health

\*Key STEP-VA service alignment

Intensive outpatient programs • Partial hospitalization programs

Mobile crisis\* • Crisis intervention\* Crisis stabilization\* • Peer crisis support\*

> Therapeutic group homes Psychiatric residential treatment

> > Psychiatric inpatient hospitalization



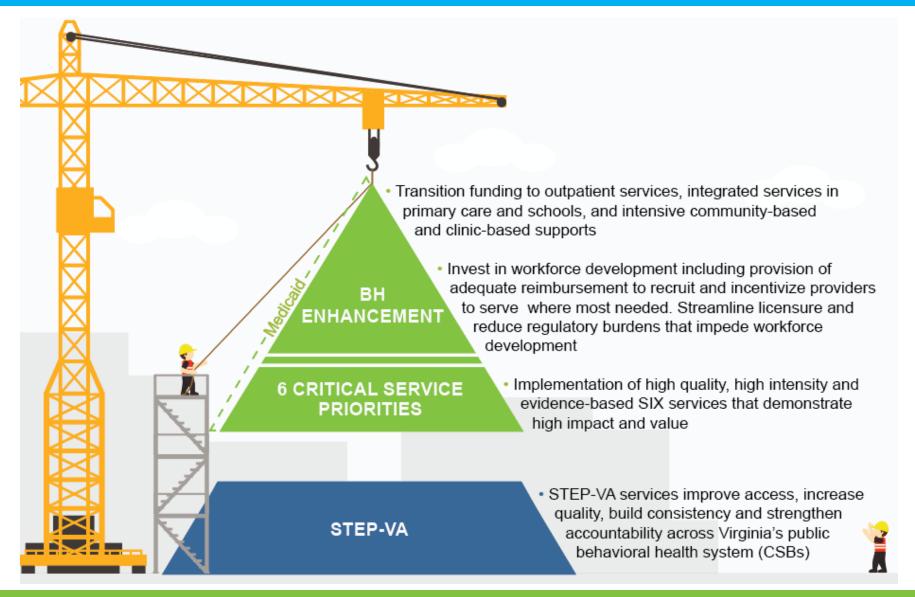


This represents the long term vision for the development of a robust continuum



### **BRAVO Enhancements & STEP-VA**





# **BRAVO Enhancements: Current Priorities Explained**



# What are our top priorities at this time?

Implementation of *SIX* high quality, high intensity and evidence-based services that have demonstrated impact and value to patients

Services that currently exist and are licensed in Virginia **BUT** are not covered by Medicaid or the service is not adequately funded through Medicaid

Partial Hospitalization Program (PHP)

Intensive Outpatient Program (IOP)

Assertive Community Treatment (ACT)

Comprehensive Crisis Services (Mobile Crisis, Intervention, Community-Based, Residential, 23Hr Observation) Multi-Systemic Therapy (MST)

Functional Family Therapy (FFT)

# Why Enhancement of BH for Virginia?

- ✓ Provides alternatives to state psychiatric admissions and offers step-down resources not currently available in the continuum of care, which will assist with the psychiatric bed crisis
- ✓ Demonstrated cost-efficiency and value in other states



### **Enhancement of Behavioral Health Services**

Special Session 2020 and GA Session 2021



	Fiscal Year 21-22		
	Initial Budget Projection	Reduction Due to Change in Implementation Dates (Pandemic Delay)	Final Budget Allocation
General Fund	\$10,273,553	-\$10,062,988	\$210,565
Non-General Funds	\$14,070,322	-\$38,332	\$14,031,990
TOTAL FUNDS	\$24,343,875	-\$10,024,656	\$14,242,555

#### **Implementation July 2021**

Assertive Community Treatment
Partial Hospitalization
Intensive Outpatient Programs

#### **Implementation December 2021**

Multi-Systemic Therapy
Functional Family Therapy
Comprehensive Crisis Services (23 hour beds, Residential Crisis, Community
Stabilization, Mobile Crisis Intervention)





## High Level Implementation Progress: PHP-IOP-ACT (Phase 1)





**MCO** Readiness Reviews

"Bonus" Guidance Documents

# Progress

Service Authorization Postings

Establish Structure for Learning Collaborative Groups

Regulation Development



Manual Postings

Dashboard Finalization

Accreditation & Medicare Certification Guidance

State Plan Approval



Rate Setting

Provider Bulletins on Codes and Rates



**Policy Development** 

Stakeholder Engagement

Provider Manual Trainings

**Accreditation Orientations** 

**System Changes** 



### **Project BRAVO Next Steps**

**Continued Close Collaboration with DBHDS** 

- Phase 2 BRAVO 12/1/21:
  - Crisis Services Implementation
  - Multisystem Therapy
  - Functional Family Therapy
- Any future enhancements are subject to availability of resources and priorities of the Commonwealth
- DMAS does not hold any authority to enhance any additional services at this time\*
- DMAS-DBHDS continue to plan for priorities if resources become available, needs may shift due to pandemic impacts on behavioral health of Virginians, service landscape shifts and mental health workforce



<sup>\*</sup> Exception is Behavioral Therapy and 2021 budget language mandates implementation of new ABA Codes





Thank you for your partnership, support and participation.

Additional Questions?

Please contact EnhancedBH@dmas.Virginia.gov

