

# PROJECT BRAVO: *BEHAVIORAL HEALTH REDESIGN FOR ACCESS, VALUE AND OUTCOMES*

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**PROJECT  
BRAVO**



## *Behavioral Health Redesign for Access, Value and Outcomes*

### **Vision**

Implement fully-integrated behavioral health services that provide a full continuum of care to Medicaid members. This comprehensive system will focus on access to services that are:



#### **High Quality**

Quality care from quality providers in community settings such as home, schools and primary care



#### **Evidence-Based**

Proven practices that are preventive and offered in the least restrictive environment



#### **Trauma-Informed**

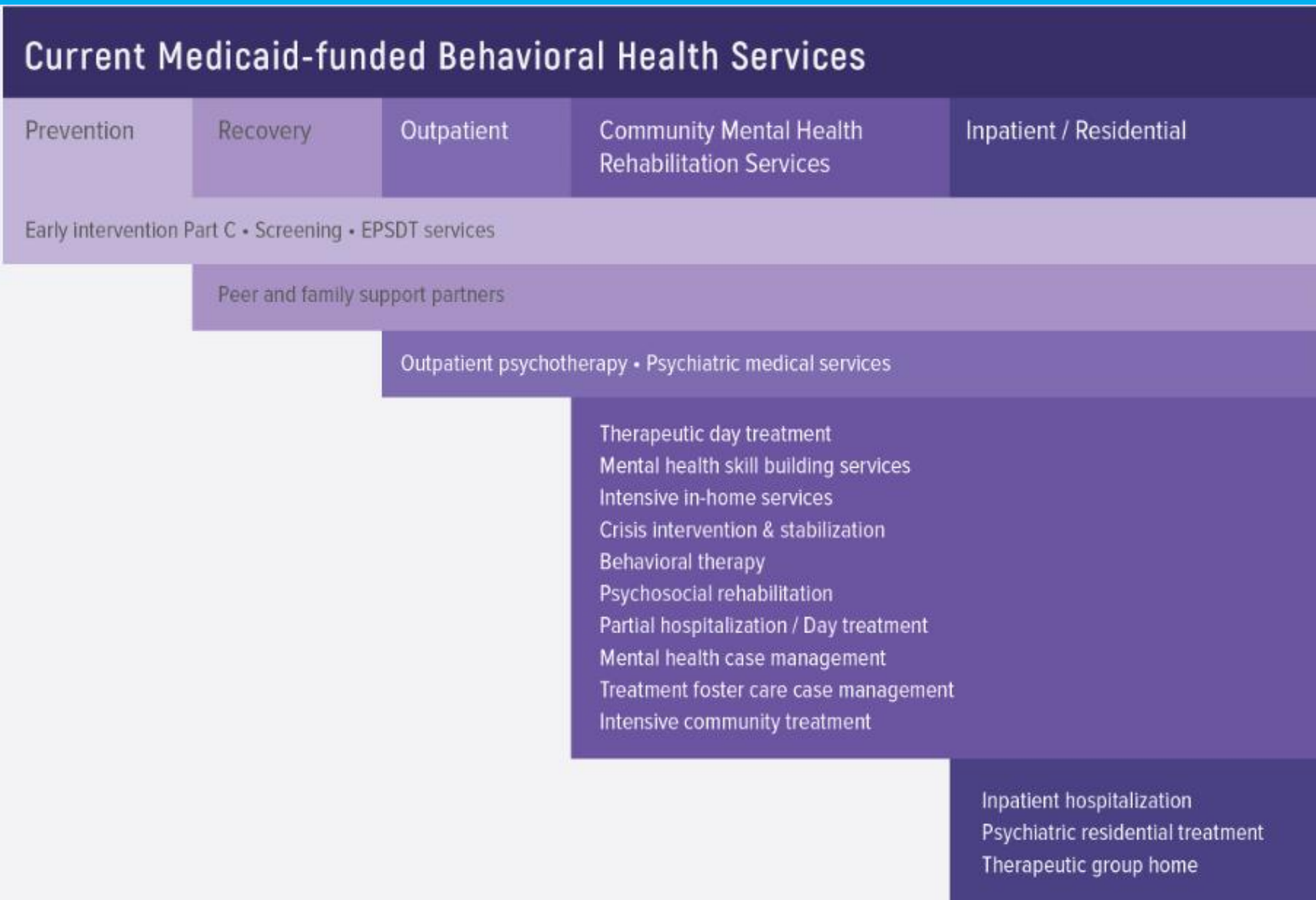
Better outcomes from best-practice services that acknowledge and address the impact of trauma for individuals



#### **Cost-Effective**

Encourages use of services and delivery mechanism that have been shown to reduce cost of care for system

# Current Continuum

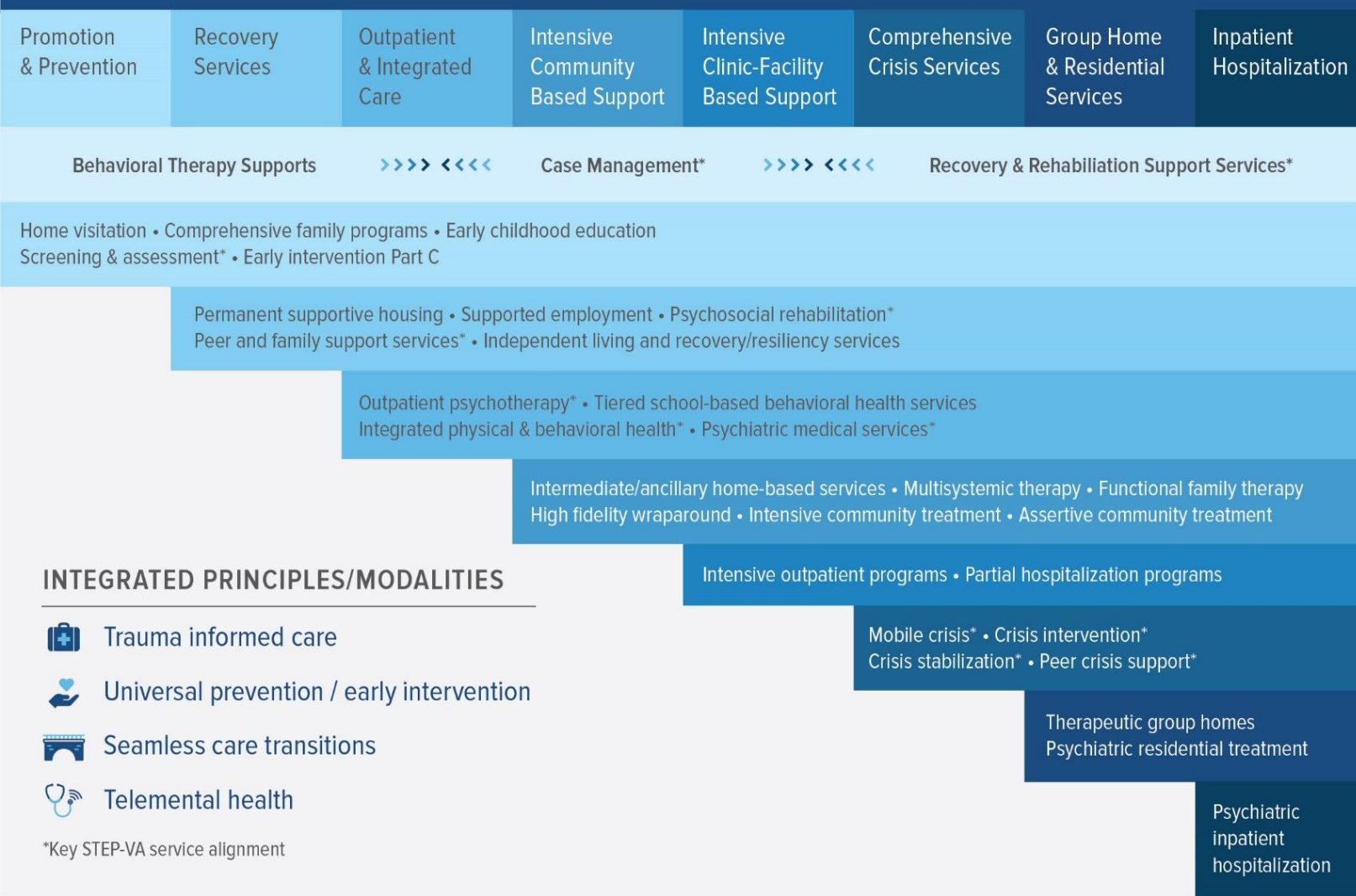


-Lack of evidence-based services  
-Reliance on intensive services for acute problems  
- Service definition and rate structures do not support best practice

# The North Star Behavioral Health Services Enhancement



## Continuum of Behavioral Health Services Across the Life Span

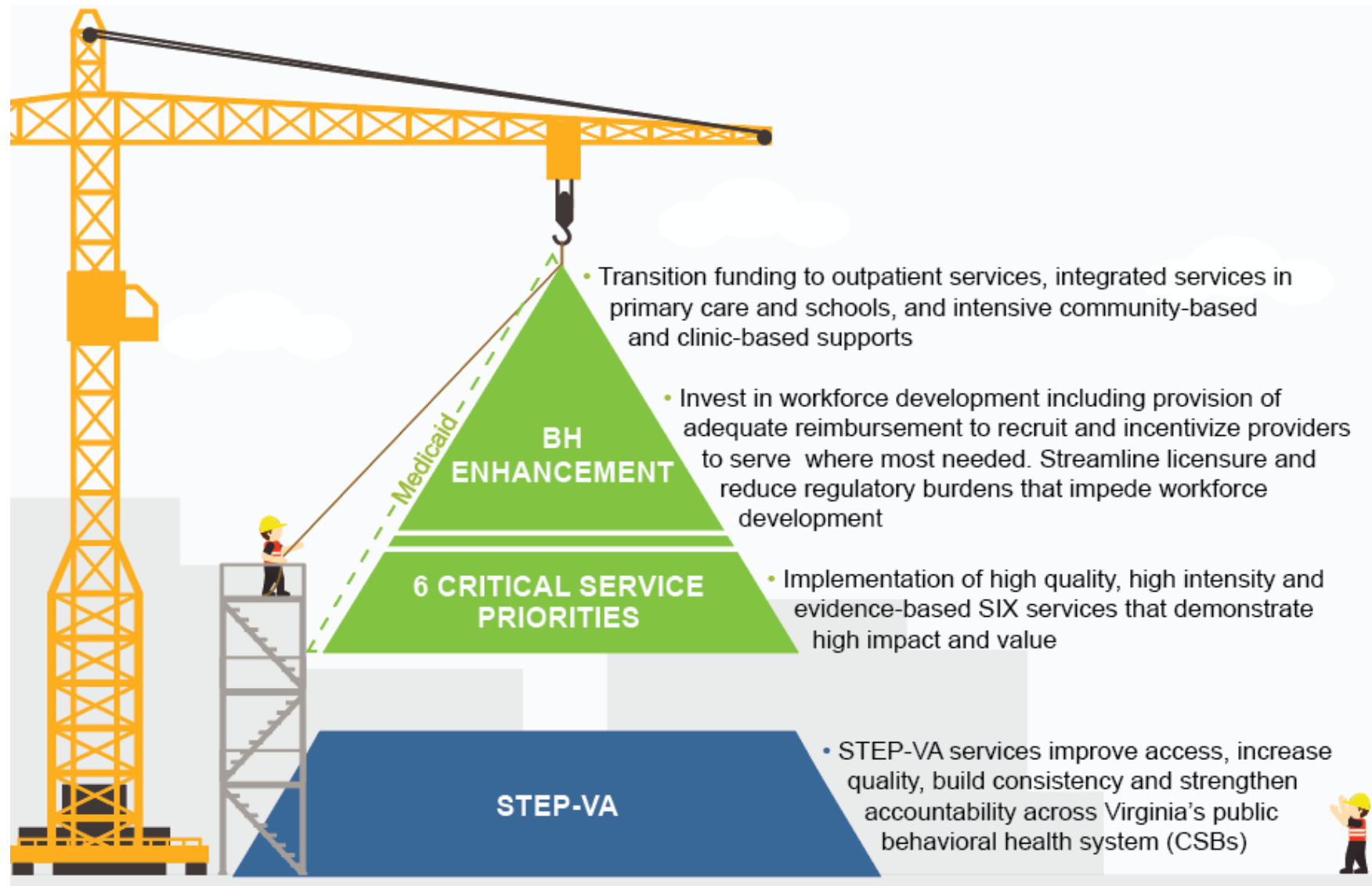


This represents the long term vision for the development of a robust continuum

### INTEGRATED PRINCIPLES/MODALITIES

- Trauma informed care
- Universal prevention / early intervention
- Seamless care transitions
- Telemental health

\*Key STEP-VA service alignment



## What are our top priorities at this time?

Implementation of **SIX** high quality, high intensity and evidence-based services that have demonstrated impact and value to patients

Services that currently exist and are licensed in Virginia **BUT are not covered by Medicaid or the service is not adequately funded through Medicaid**

Partial Hospitalization Program (PHP)

Assertive Community Treatment (ACT)

Multi-Systemic Therapy (MST)

Intensive Outpatient Program (IOP)

Comprehensive Crisis Services (Mobile Crisis, Intervention, Community-Based, Residential, 23Hr Observation)

Functional Family Therapy (FFT)

## Why Enhancement of BH for Virginia?

- ✓ Provides alternatives to state psychiatric admissions and offers step-down resources not currently available in the continuum of care, which will assist with the psychiatric bed crisis
- ✓ Demonstrated cost-efficiency and value in other states

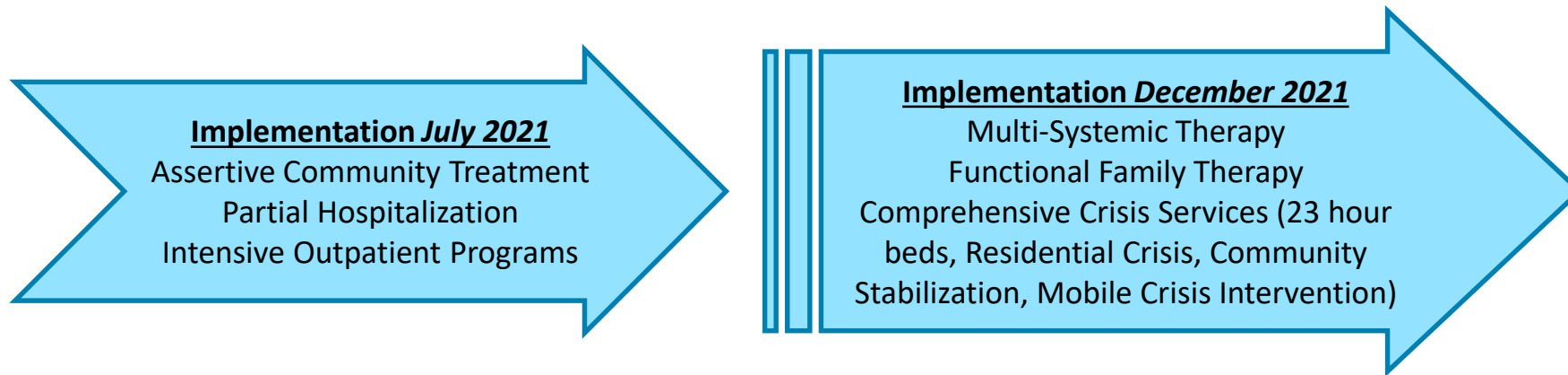


# Enhancement of Behavioral Health Services

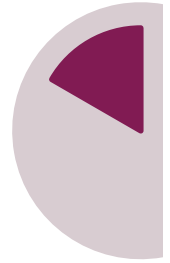
Special Session 2020 and GA Session 2021



|                    | Fiscal Year 21-22         |  |                         |
|--------------------|---------------------------|--|-------------------------|
|                    | Initial Budget Projection | Reduction Due to Change in Implementation Dates (Pandemic Delay) | Final Budget Allocation |
| General Fund       | \$10,273,553              | -\$10,062,988  | \$210,565               |
| Non-General Funds  | \$14,070,322              | -\$38,332  | \$14,031,990            |
| <b>TOTAL FUNDS</b> | <b>\$24,343,875</b>       | <b>-\$10,024,656</b>   | <b>\$14,242,555</b>     |



# High Level Implementation Progress: *PHP-IOP-ACT (Phase 1)*



**In Progress**

MCO Readiness Reviews

“Bonus” Guidance Documents

Service Authorization Postings

Establish Structure for Learning Collaborative Groups

Regulation Development



**Near Complete**

Manual Postings

Dashboard Finalization

Accreditation & Medicare Certification Guidance

State Plan Approval



**Completed**

Rate Setting

Provider Bulletins on Codes and Rates

Policy Development

Stakeholder Engagement

Provider Manual Trainings

Accreditation Orientations

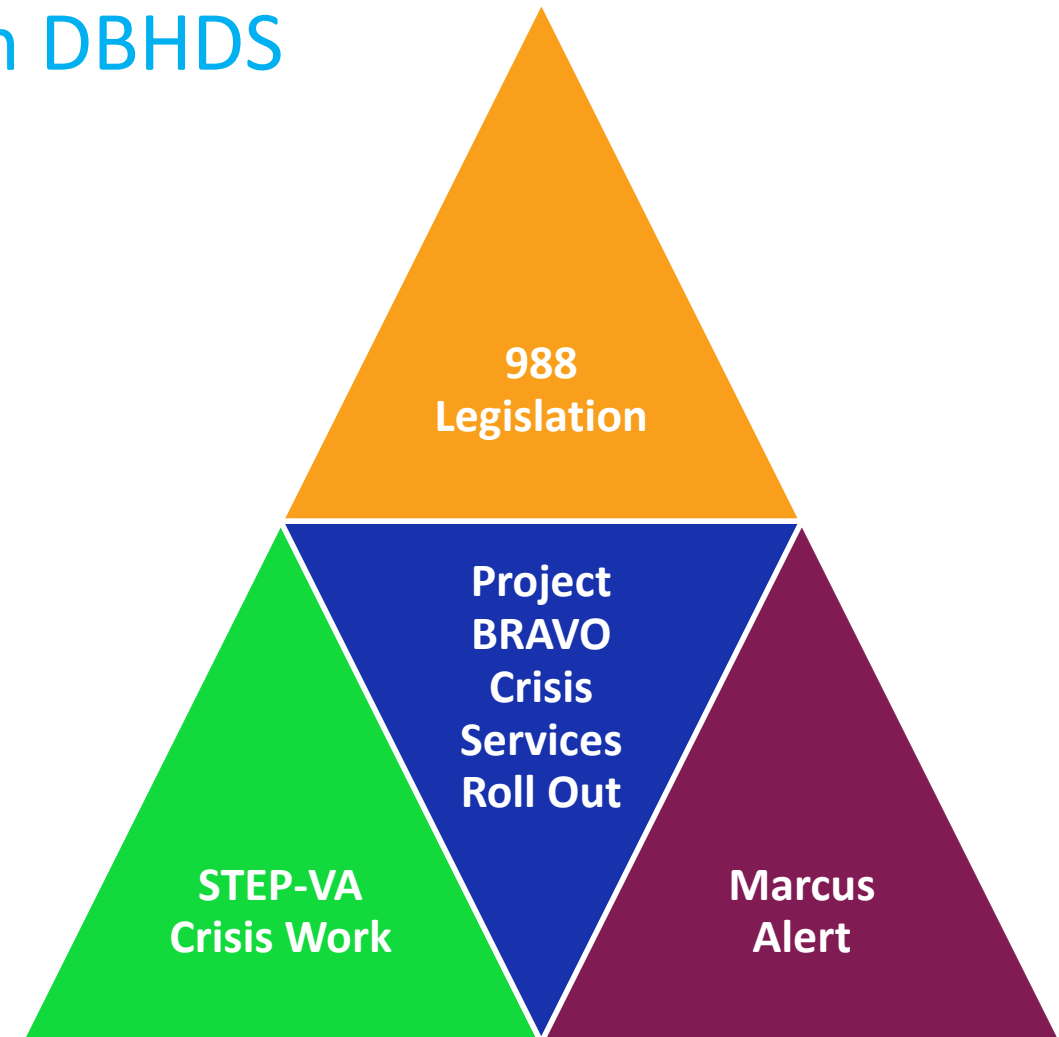
System Changes



# Project BRAVO Next Steps

## Continued Close Collaboration with DBHDS

- Phase 2 BRAVO 12/1/21:
  - Crisis Services Implementation
  - Multisystem Therapy
  - Functional Family Therapy
- Any future enhancements are subject to availability of resources and priorities of the Commonwealth
- DMAS does not hold any authority to enhance any additional services at this time\*
- DMAS-DBHDS continue to plan for priorities if resources become available, needs may shift due to pandemic impacts on behavioral health of Virginians, service landscape shifts and mental health workforce



\* Exception is Behavioral Therapy and 2021 budget language mandates implementation of new ABA Codes

Thank you for your partnership, support and participation.

Additional Questions?

Please contact [EnhancedBH@dmas.Virginia.gov](mailto:EnhancedBH@dmas.Virginia.gov)