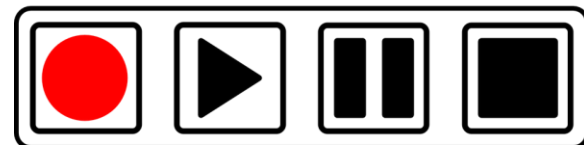


VIRGINIA MEDICAID PEER RECOVERY SUPPORT SYMPOSIUM

October 17, 2022



- Automated CC is available for this event with realtime captions that will run simultaneously with the presentation.
- The link to view live captions for this event is as follows:
<https://www.streamtext.net/player?event=HamiltonRelayRCC-1017-VA3684>
- We recommend opening a second window with the link provided and resizing it in such a fashion that it appears below the webinar screen. This allows the viewer to see both the webinar and its associated text/graphics while also being able to comfortably view the realtime captions.
- If you have questions about this service or would like to have this presentation in a different format, please email:
civilrightscoordinator@dmas.virginia.gov



- Today's session will be recorded and uploaded to the DMAS YouTube Channel here:
https://www.youtube.com/channel/UCbE_bPvIPQTJfCS2MfCmVHA

Agenda

| | | | |
|---|---|---|------------------|
| Welcome and Introductions Purpose of Today's Meeting | Dr. Alyssa Ward Ashley Harrell | | 9:00 – 9:10 |
| Peer Recovery Support Services (PRSS) Panel “How does PRSS Enhance my Practice?” | Jennifer Spangler Jessica DeLaRosa | Dave Cash Cristy Corbin | 9:10 – 10:25 |
| Break 5 minutes | | | |
| PRSS Provider Panel “Provider Tips and Lessons Learned to Access the Medicaid PRSS Benefit” | Nicki Fadley Danyell Collins-Facteau | Chantal Thompson Renae Jones | 10:30 – 11:20 |
| Medicaid and Peer Recovery Support Services 101 Project BRAVO and ARTS | Ashley Harrell Laura Reed | | 11:20 – 11:30 |
| Managed Care and PRSS “Meet your MCO Representatives and Learn How they Utilize PRSS” | Anthem Aetna Molina | Optima United Healthcare Virginia Premier | 11:30 – 11:40 |
| | Magellan BHSA/Gainwell | | |
| How can Medicaid Support the Growth of PRSS? Discussion | Ashley Harrell | | 11:45-11:55 |
| Conclusion and Next Steps | Ashley Harrell | | 11:55 – 12:00 pm |

FURTHERING THE MISSION

- Our mission is to improve the health and well being of Virginians through access to high quality healthcare.
- The Addiction & Recovery Treatment Services benefit implementation in 2017 significantly enhanced our rates and access to evidence-based care for substance use disorders, including Peer Recovery Support Services benefit.
- BRAVO was conceived in 2018 as a means to enhance our mental health services and seeks to implement effective, innovative services with reimbursement rates that match the cost of delivery.

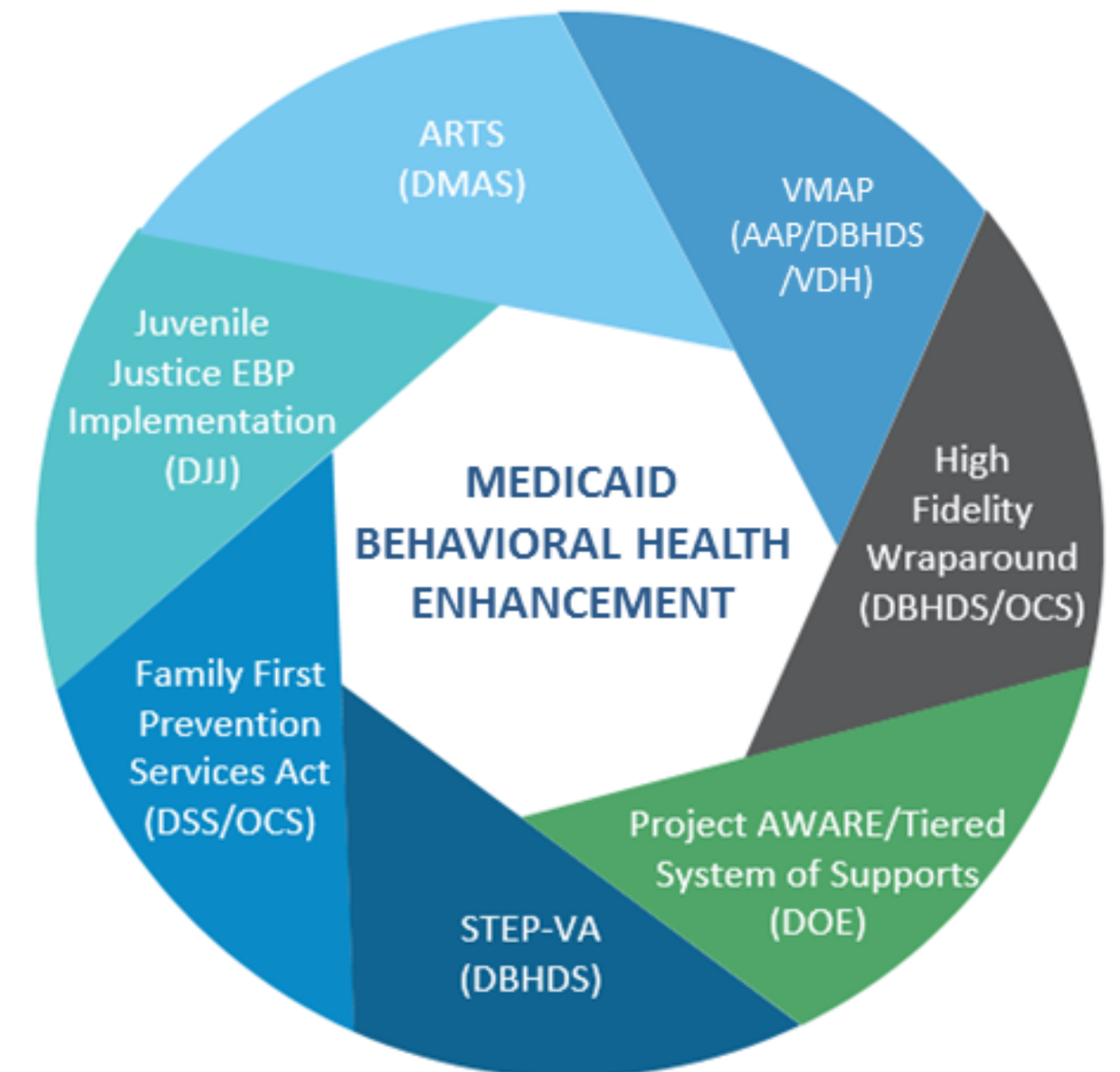


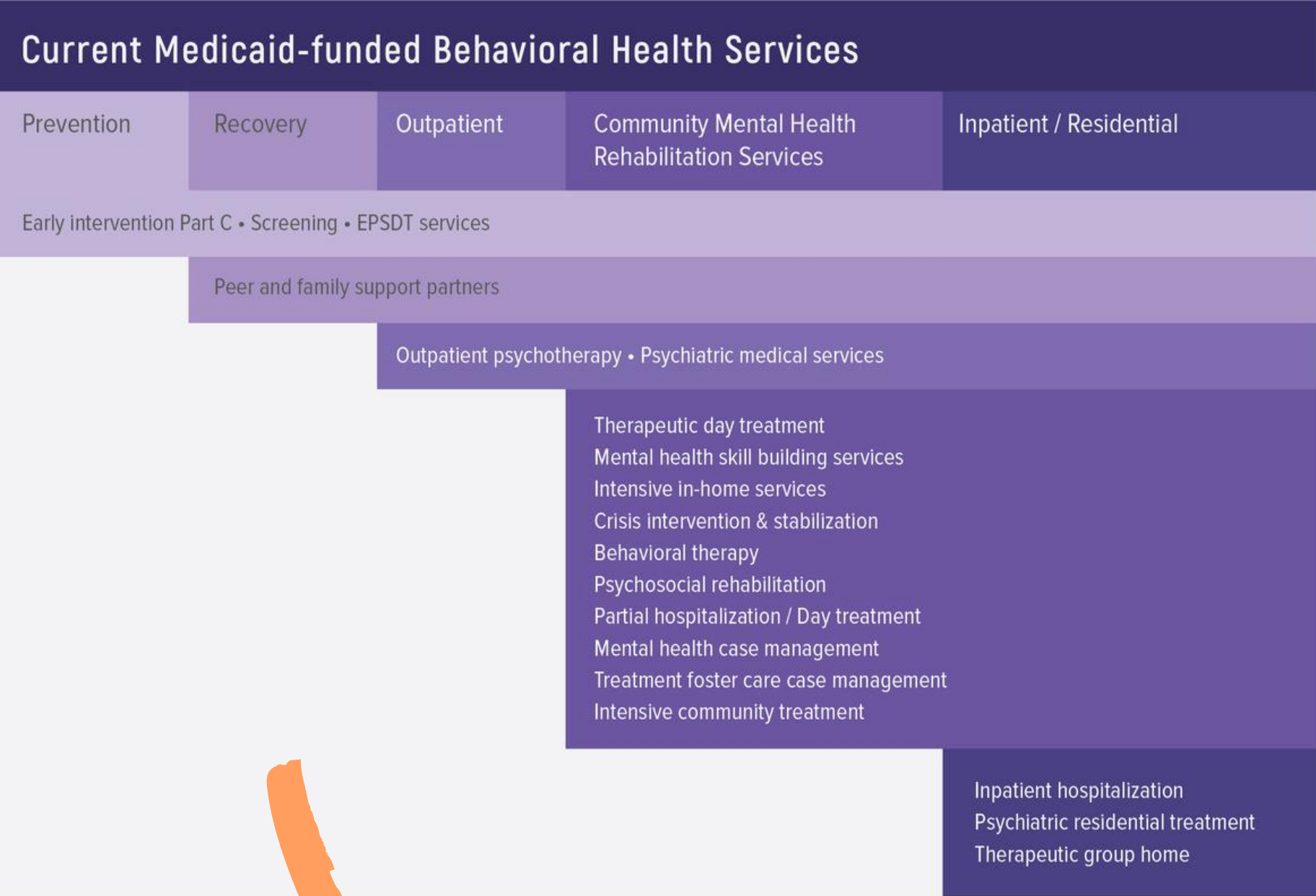


**PROJECT
BRAVO**

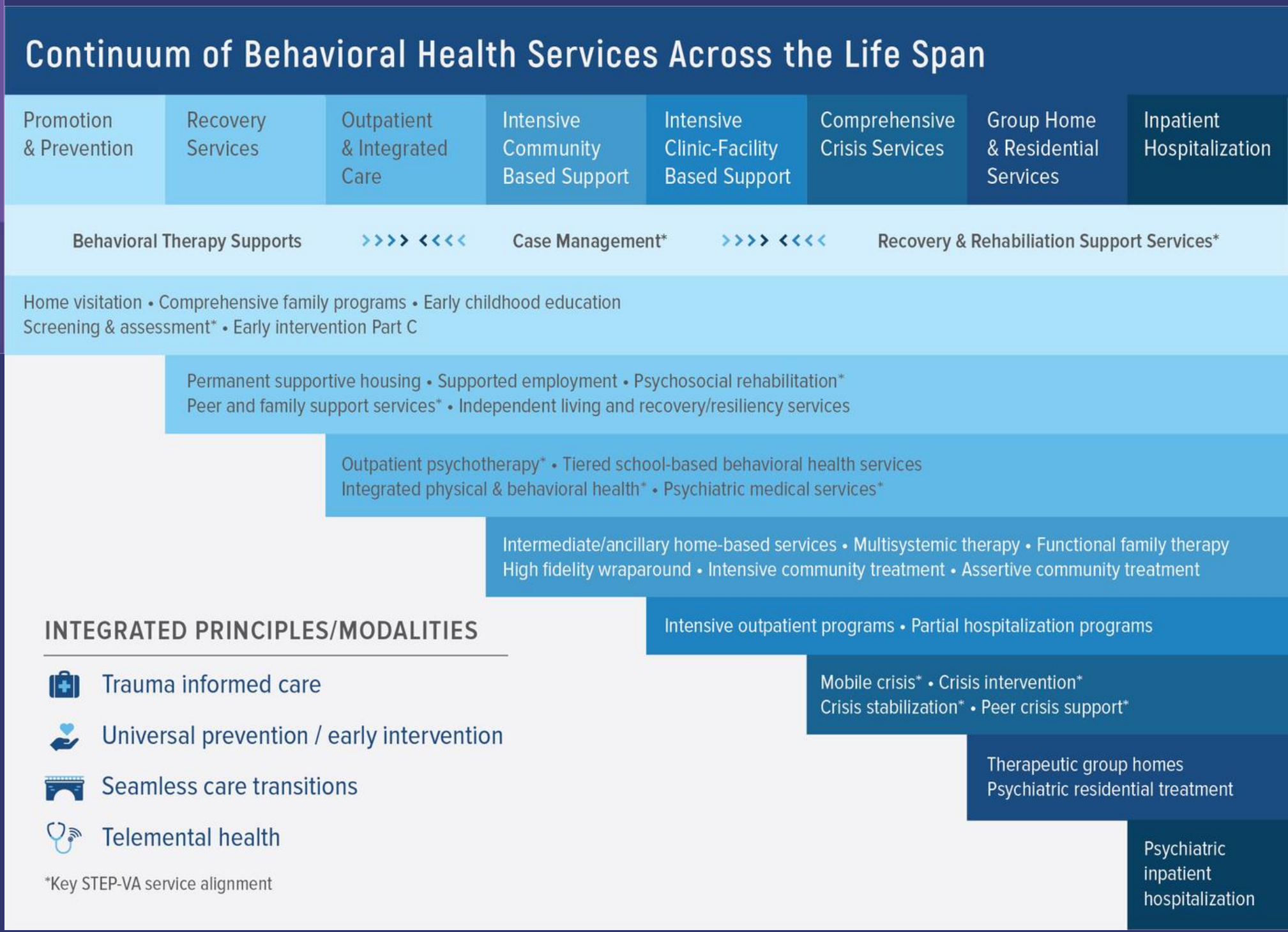
THE ROLE OF SERVICES REDESIGN IN SYSTEM TRANSFORMATION

- BRAVO enhances the services within the Medicaid benefit, including definitions/requirements and rates
- Medicaid is the largest payor of behavioral health services in the Commonwealth
- Enhancing and aligning Medicaid services to include innovative services paid for with general funds allows the Commonwealth to maximize the federal contribution to cover payment of these services
- Assuring we have quality services in place is a critical part of the larger transformation of how the system functions as a whole





PROJECT BRAVO



PROJECT BRAVO: UNDER CONSTRUCTION



MENTAL HEALTH AND ARTS PEER RECOVERY SUPPORT SERVICES (PRSS)

KEY TAKEAWAY:

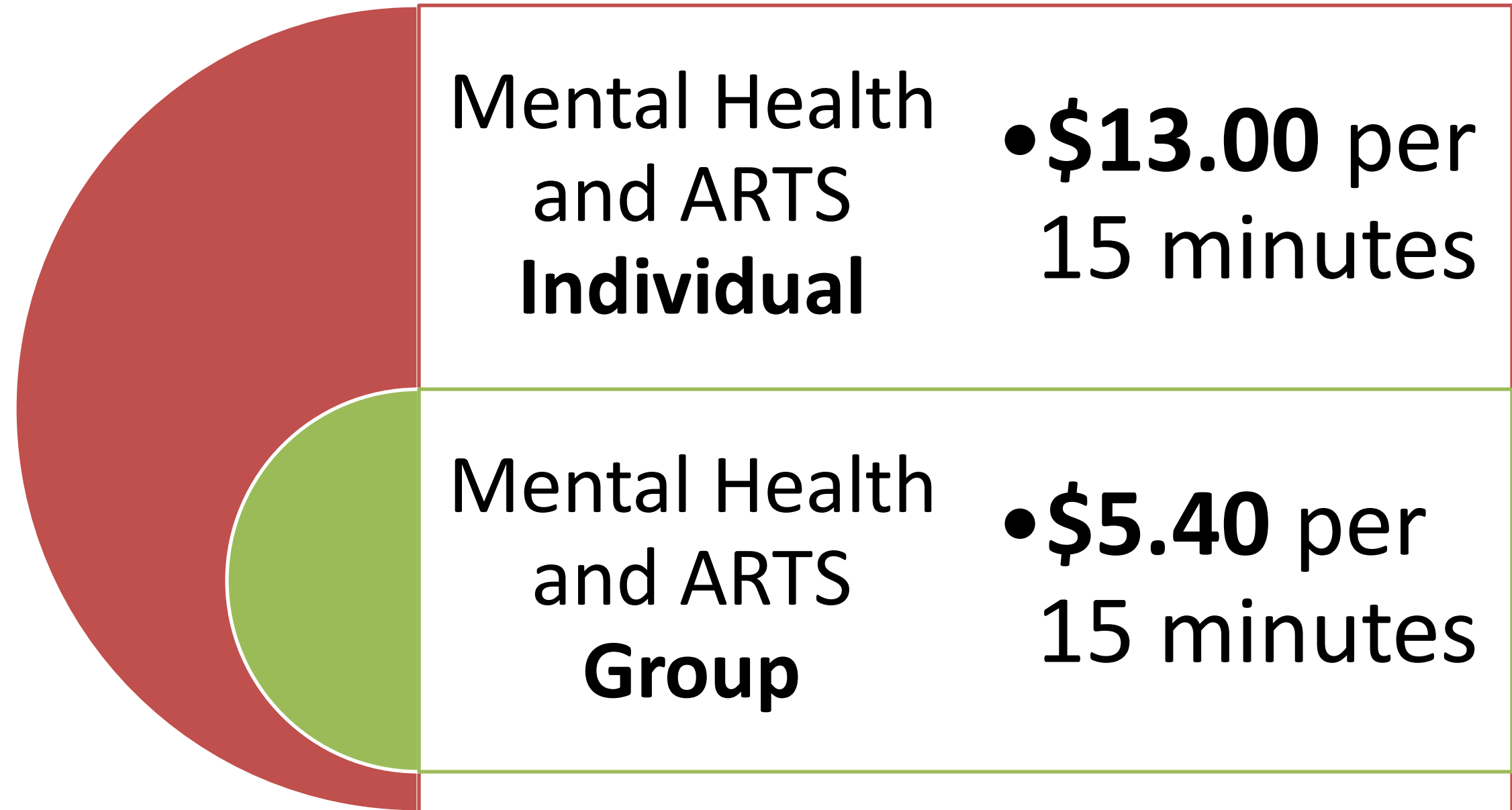
Embedded PRSS can complement interdisciplinary clinical services and function both in conjunction with or independently of the behavioral health care continuum as a core service.

BRAVO ALIGNED ENHANCEMENTS

- General Assembly Workgroup to make recommendations for changes to the Medicaid PRSS benefit to increase access.
- Support from the General Assembly allowed us to double the rates for PRSS starting in July 2022.
- Within our ARTS benefit, we have expanded our Office-Based Opioid Treatment services to be Office-Based Addiction Treatment services to expand the scope of substance use disorders for which this evidence-based approach are available.
- Incorporating PRSS as a core component of many of the new BRAVO services.



MEDICAID PEER RECOVERY SUPPORT SERVICES RATES EFFECTIVE JULY 1, 2022



Example: **\$13** per 15 minute unit for individual PRSS equates to **\$52/ hour**;
\$5.40 per 15 minute unit per group member for PRSS (4 Medicaid members = potentially **\$86.40/hour**)

GENERAL ASSEMBLY 2023

Department of Planning and Budget Agency Decision Packages

[Virginia DPB - Virginia's Budget](#)

**REDUCE
BARRIERS TO
IMPROVE
ACCESS TO
MEDICAID
COVERED
PRSS**

This request includes the following changes to the state plan and/or VAC to increase access to services.

- 1) Change provider qualifications to allow for an individual who is working on their 500 required hours of supervision to be approved as Medicaid provider type for PRSS (Peer Supporter-Trained). DMAS will impose a limited timeframe for this allowance as 18 months.
- 2) Remove anytime case limits for full-time and part-time Registered Peer Recovery Specialists (12VAC30-130-5190 F).
- 3) Update the medical necessity criteria to support the PRSS model and aligned with the State Medical Director's Letter (SMDL) 07-011.
- 4) Update who can determine medical necessity and oversight of services and alignment with SMDL 07-011.
- 5) Update due dates of Recovery Resiliency Wellness Plan to distinguish between services provided during crisis/emergency vs long term services.
- 6) Use trauma-informed and recovery-oriented language (instead of medical model) that will support providers integrating PRSS in-service delivery (state plan and VAC).
- 7) Further define and clarify family support partners (state plan and VAC).

**PEER RECOVERY
SUPPORT
SERVICES (PRSS)
PANEL**

**“HOW DOES
PRSS
ENHANCE
MY
PRACTICE?”**

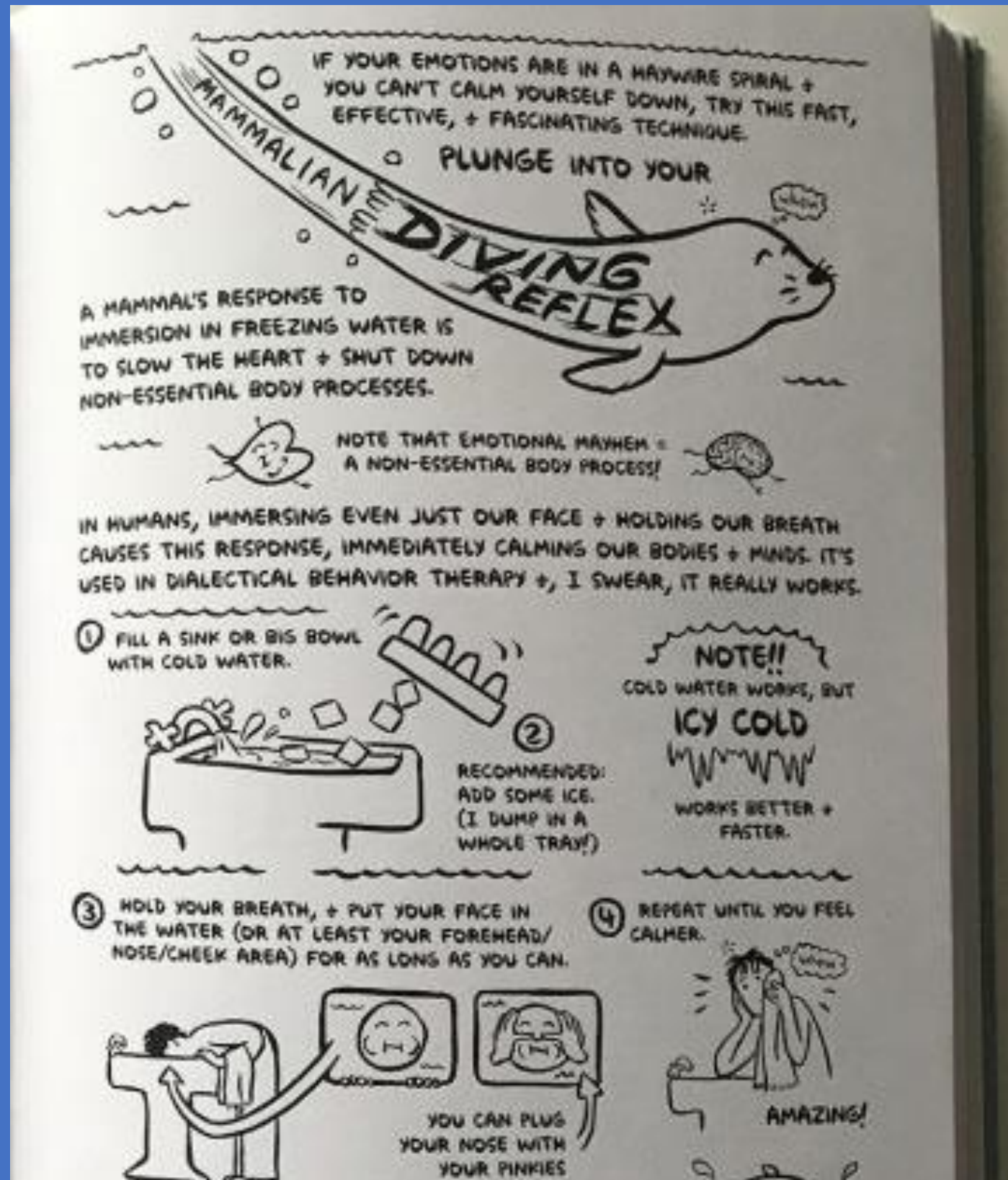
What Do Peer Support Specialists Offer You

- Enhance organizational culture
- Compliment clinical care
- Provide hope



Present reminder recovery is real!

What Do Peer Support Specialists Offer Me



- Reduce self-stigma
- Enhance life skills
- Increase access to care

Rock Steady by Ellen Forney

Dignity and Respect

Patients who are treated with dignity are more likely to pursue recommended interventions

In the case of adherence, being treated with dignity might be more important to racial/ethnic minorities than it is to white people.





Peer support changes lives.



Family Peer Support Partner

Forensic Peer Support Specialist

Veteran Peer Support Specialist

Our future is bright with Peer Recovery Professionals!

BHC 3 Major needs in Virginia

1. Strengthen Workforce
2. Expanding continuum of care
3. Modernizing systems and processes

“Research has shown that patients’ health is most vulnerable in the gaps between formal treatment.”
(arborwellnessmh.com)

Department of Health & Human Services

Center for Medicare and Medicaid Services
August 15, 2007

Mental Health of America

Evidence for Peer Support May 2018

“The Benefits of Peer Support Providers in Addiction Treatment”

Dr. Thomas G. Kimball, PhD

Today's Topics:

- Values of Northwestern Community Services Board
- Why we embrace peer support
- Descriptions of peer support services offered
- How we integrate peer support into our SUD program
- Training and supervision

Presenter:

David Cash, CPRS, Peer Support Coordinator NWCSB





Our Team

- Mutual Respect
- Communication
- Creative Freedom
- Collaboration



Why Peer Support?

- Hope
- Non-judgmental
- Respect & Trust
- Person Driven & Strength Based

- Multiple Pathways
- Role Modeling
- Relationship Building
- Trauma Informed
- Holistic
- End Stigma

A Safe Haven

Free & Open To
The Community



Recovery is Within Reach
1014 Amherst Street
Winchester, VA

Why Peer Support?

- Talk with someone who understands
- Boosts confidence
- Strength in numbers
- Helps with networking and gaining resources
- Non-judgemental

...a safe place to connect with like-minded people

HELP
SUPPORT
ADVICE
GUIDANCE
ASSISTANCE
INFO

An informational graphic for the "Recovery is Within Reach" center. It is divided into three vertical sections. The top section features an illustration of a diverse group of people holding hands in a circle, with one person in a wheelchair. The middle section contains the title "Recovery is Within Reach" and the address "1014 Amherst Street, Winchester, VA". The bottom section lists "Why Peer Support?" with five bullet points: "Talk with someone who understands", "Boosts confidence", "Strength in numbers", "Helps with networking and gaining resources", and "Non-judgemental". To the right of this list is a signpost with five directional signs: "HELP", "SUPPORT", "ADVICE", "GUIDANCE", and "ASSISTANCE", with "INFO" at the bottom. The bottom right corner features the text "...a safe place to connect with like-minded people" over a background image of hands clasped together in a supportive grip.

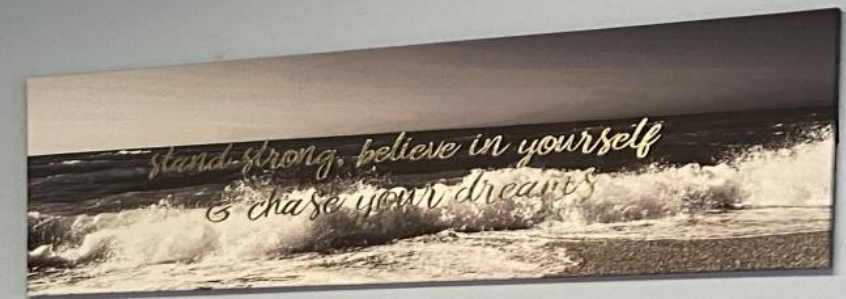
Make Yourself At Home



Supportive Community

• Fellowship and Connection

- 5 DAILY REMINDERS
1. I AM AMAZING
 2. I CAN DO ANYTHING
 3. POSITIVITY IS A CHOICE
 4. I CELEBRATE MY INDIVIDUALITY
 5. I AM PREPARED TO SUCCEED





David Cash

Meditation Room

Cognitive & Spiritual Health

- Search for knowledge and meaning
- Self-actualization, personal growth and self-fulfillment

An office interior with a desk, computer, printer, and a keyboard on a stand. The room features a wooden door, a filing cabinet, a lamp, and a window with blinds. A black semi-transparent banner is overlaid on the bottom half of the image, containing text.

Intellectual, & Occupational Growth

- Recognizing creative abilities; expand knowledge & skills
- Personal satisfaction and enrichment derived from one's work

Variety of Peer-led Support Groups

Within Reach Peer Resource Center

The Peer Center is a free place for adults recovering from mental health and substance use to access peer support. Peer Recovery Specialists share their lived experience in an open and non-judgemental atmosphere through both individual and group peer support. Peer support offers hope, resource assistance and understanding. Connect with others in recovery through groups, activities and one-on-one support.

OPEN: MON, WED, FRI, 9-5 PM
1014 Amherst St., Winchester

MONDAY

10am: Coffee 'n Kickin It (Open Discussion)
3:30 PM: NAMI (National Alliance on Mental Illness)



WEDNESDAY

9 AM: Acudetox (Accupuncture of the ear combined with meditation)
11 AM: MARA (Medication Assisted Recovery Anonymous)
1PM: NAMI (National Alliance on Mental Illness)



FRIDAY

10 AM: Self to the Care
1PM: Refuge Recovery (Buddhist principles)

For more info or to get connected with a Peer Recovery Specialist call:
540-664-4010



For free, non-judgemental, safe & confidential support call the
24/7 WARMLINE: 1-833-626-1490





https://www.facebook.com/WithinReachPeerResourceCenter/?ref=page_internal

You Can Find Us On Social Media



nw peer program



NW Peer Recovery Program

The image features two hands, one from the top right and one from the bottom left, reaching towards each other in a gesture of support or connection. The background is a soft, glowing sunset or sunrise with a gradient of colors from yellow to blue. The text is overlaid on the lower half of the image.

Peer2Peer Regional WarmLine

Peer Recovery Specialists on call 24 hours a day 7 days a week

1-833-626-1490

Call to have a confidential conversation with one of our peers



Community Engagement

Community Outpatient Groups

- IOP
- Women's SU Program
- Women's Motivational Enhancement
- Recovery Skills
- Seeking Safety
(trauma informed care)





Adult Drug Court Peer Support

- Drug Court Orientation
- Drug Court Specific IOP
- Balance & Maintenance
- Sober Relationships
- Anger Management
- Criminal Thinking
- MRT
- WRAP- Peer led



Collaborate
Innovate
Transform

Crisis Intervention Team

- The Peer Perspective

This was the best presentation of the whole day Amazing story.

Extremely important part to this training, what a great heart filled story.

Amazing woman who can inspire a nation. Please continue to bring her to your CIT courses. Amazing!

Amazing testimony and example of the positive impact of successful crisis intervention.

The example of CIT impact on the presenter's son was a fantastic demonstration of why CIT is a good idea. Excellent Job!

 **ValleyHealth**
Healthier, together.



David Cash



Behavioral Health and Hospitalized Patient Peer Connections



Support In The Community



- Separate visits to both the men's & women's shelter
- Casual per-led open discussion groups
- Private individual support offered for those interested
- NO assessment/evaluations needed
- No Medicaid requirement
- FREE !!!!!

72-HOUR DBHDS APPROVED

PRST TRAINING





Virginia Department of
Behavioral Health &
Developmental Services
Peer Recovery Specialist Training



Peer to Peer Shadowing



Training & Supervision

Supervisors Are CPRS
and

- Have Completed DBHDS Supervision Training
- Are DBHDS Certified PRS Trainers
- Are DBHDS Certified Ethics Trainers

Monthly Team Development Meetings

Peer Support Services



One Team With One Vision



Family Support PARTNERS OF VIRGINIA

Family Support Partners in Virginia

Trainer: Cristy Corbin, CPRS, HFW-FSP

Medicaid Peer Recovery Support
Services Symposium – October 17, 2022

ENGAGE. EDUCATE. EMPOWER.

Cristy Corbin, CPRS



Family Support
PARTNERS OF VIRGINIA

WHO AM I

Cristy Corbin, CPRS, HFW-FSP
Co-Founder & President

- Family Support Partner Supervisor
- High Fidelity Wraparound Family Support Partner Coach
- High Fidelity Wraparound Support Partner Trainer
- PRS Trainer
- Virginia Family Network Trainer
- Parent Representative on the State and Local Advisory Team (SLAT)



FAMILY SUPPORT PARTNER (FSP)

CRISTY CORBIN, CPRS, HFW-FSP

An FSP is the **parent or caregiver of a youth** with developmental challenges, emotional-behavioral-mental-health challenges, and/or substance use challenges, and has direct experience of **successfully navigating** Virginia's child behavioral health system (to include courts, schools, social services, etc.). FSPs **partner with** other families attempting to navigate the system with their youth by **connecting with them on an emotional level** through sharing lived experiences in a **nonclinical, nonjudgmental, and empathetic** way to establish a **trusting relationship**. FSPs model perspective taking, effective and appropriate communication techniques; can bridge the gap between families and system partners; connect families to information, resources and services; and **ensure the family's voice and choice is heard by all those involved with the family**.



Family Support
PARTNERS OF VIRGINIA

Cristy Corbin, CPRS

FAMILY SUPPORT PARTNERS

MEDICAID PEER RECOVERY SUPPORT SERVICES SUPPLEMENT

LAST UPDATED 07/18/2022

PAGES 10 - 11

Family Support Partners is a strength-based individualized team-based Peer Recovery Support Service provided to the caregiver of Medicaid-eligible youth under age 21, with a mental health or substance use disorder or co-occurring mental health and substance use disorder that is the focus of support.

The services provided to the caregiver must be directed exclusively toward the benefit of the Medicaid-eligible youth. Services are expected to improve outcomes for youth, especially those youth Peer Recovery Support Services Supplement with complex needs who are involved with multiple systems, and increase the youth and family's confidence and capacity to manage their own services and supports while promoting recovery and healthy relationships. These services are rendered by a PRS who is **(i) a parent of a minor or adult child with a similar a mental health or substance use disorder or co-occurring mental health and substance use disorder, or (ii) an adult with personal experience with a family member with a similar a mental health or substance use disorder or co-occurring mental health and substance use disorder with experience navigating substance use or behavioral health care services.** The PRS shall perform the service within the scope of their knowledge, lived-experience, and education.

THE HISTORY OF FSPS IN VA

1993 - Present



Family Support
PARTNERS OF VIRGINIA

Cristy Corbin, CPRS

VIRGINIA'S SYSTEMS OF CARE

A broad, flexible and effective array of services and supports that is coordinated across multiple stakeholder agencies, culturally and linguistically competent and builds partnerships with families at both the service delivery and policy levels.



<http://www.vasystemofcare.org/>



Family Support
PARTNERS OF VIRGINIA

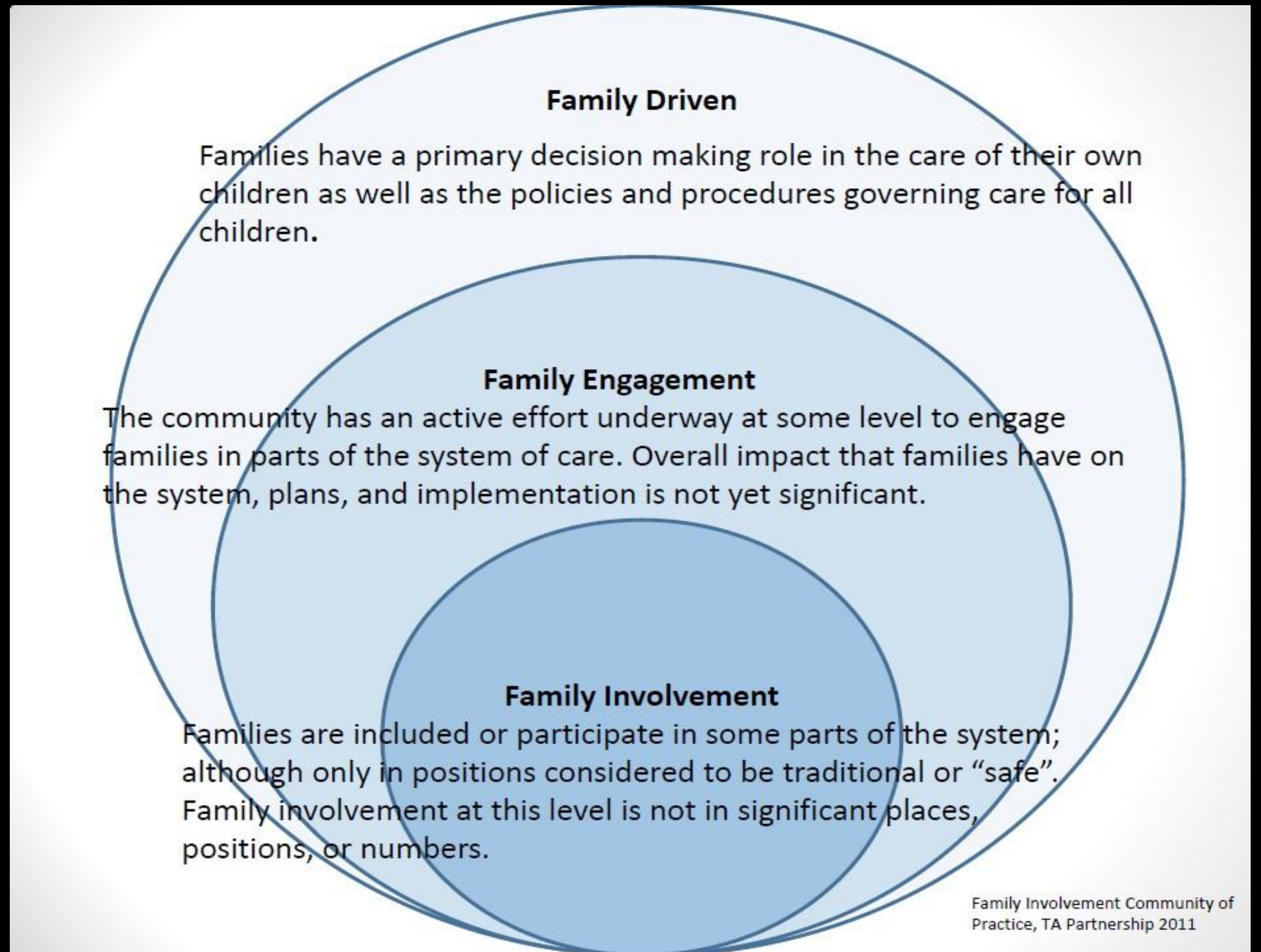
President's New Freedom Commission on Mental Health

Family Driven Care

<https://govinfo.library.unt.edu/mentalhealthcommission/reports/FinalReport/FullReport-1.htm>



Family Support
PARTNERS OF VIRGINIA



PARENT LEADERS IN VIRGINIA

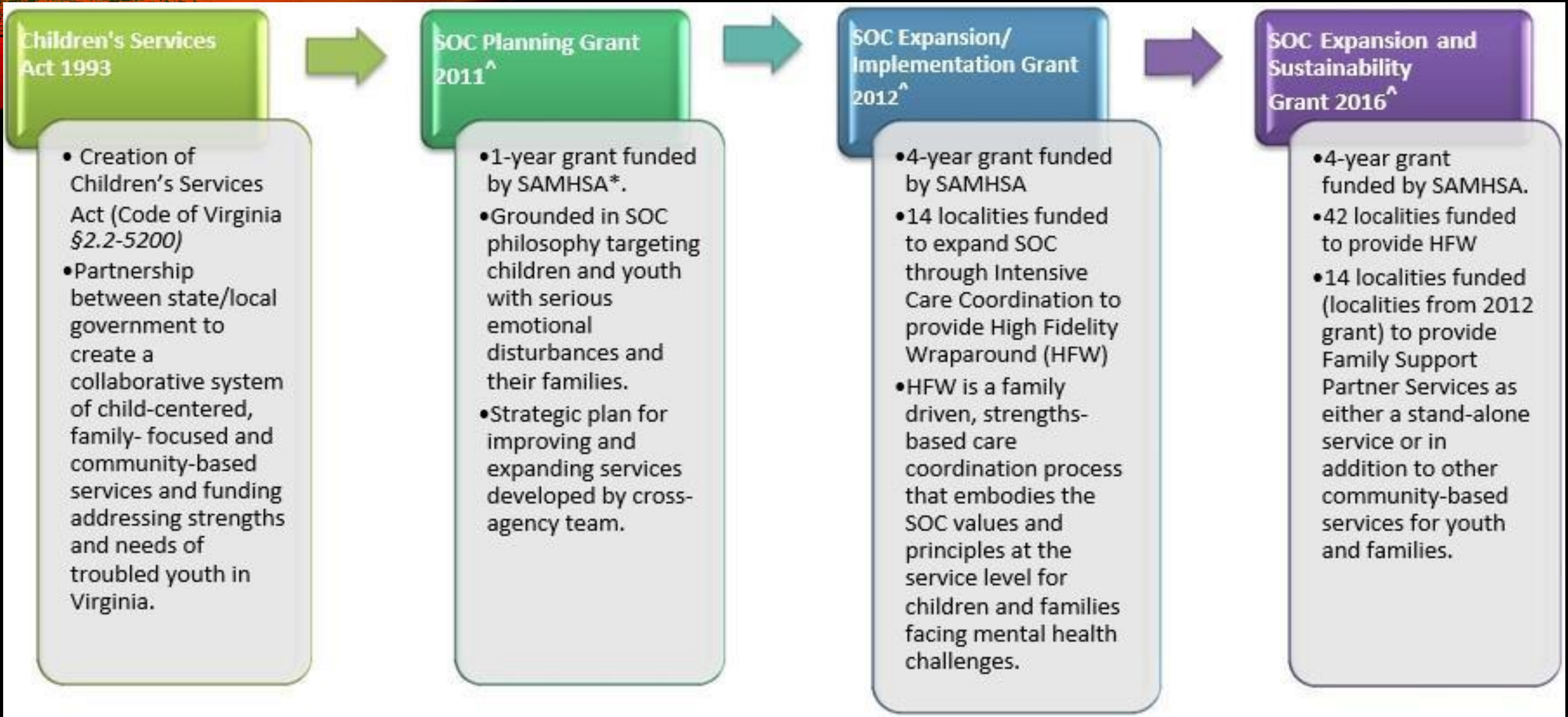


- In 2011, National Alliance on Mental Illness - Virginia (NAMI VA) was awarded a grant through DBHDS to develop a statewide family network
- Designed to support, educate, and empower other families with children and youth with mental health needs while also promoting family-driven and youth-systems guided policy throughout the child-serving systems

<https://namivirginia.org/virginia-family-network/>



Family Support
PARTNERS OF VIRGINIA

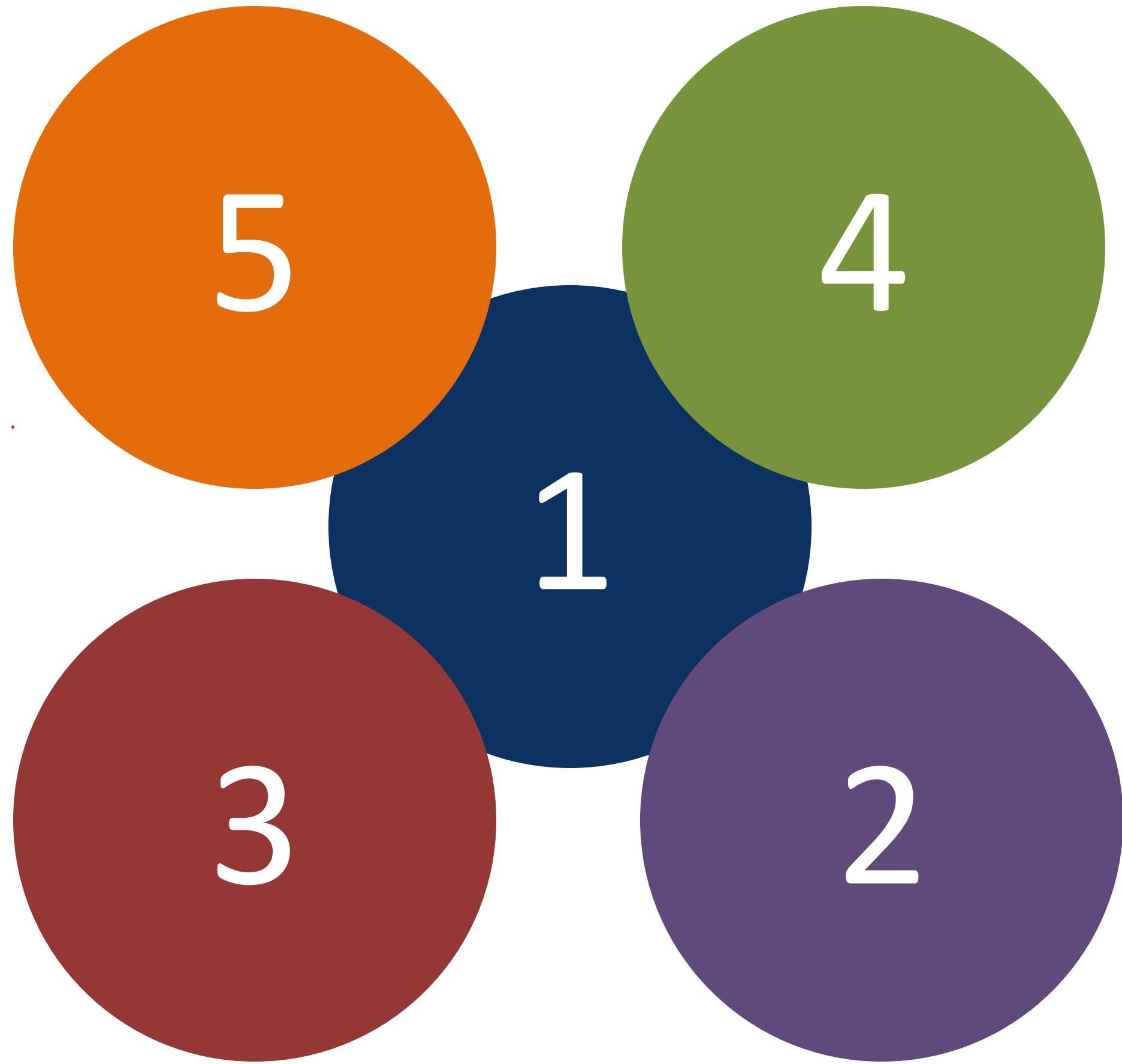


[^]Grant funding received by the Virginia Department of Behavioral Health and Developmental Services from the Substance Abuse and Mental Health Services Administration (SAMHSA)*.

<http://www.vasystemofcare.org/soc-history-in-virginia/>



QUESTIONS?



**5 MINUTE
BREAK**

**PEER RECOVERY
SUPPORT
SERVICES (PRSS)
PROVIDER PANEL**

**“PROVIDER TIPS
AND LESSONS
LEARNED TO
ACCESS THE
MEDICAID PRSS
BENEFIT”**

MEDICAID PEER SYMPOSIUM

October 17, 2022

Nicky Fadley, Founder & Executive Director

Strength In Peers



**STRENGTH
IN PEERS**

Nicky Fadley

ABOUT US

- Nonprofit serving Harrisonburg, Rockingham, Shenandoah and Page.
- **Peer-Run Recovery Community Organization:** All staff and most of our Board are peers in active recovery from substance use, mental health and trauma-related challenges.
- **Mission:** We offer hope, support and advocacy for those seeking recovery so that they can build resilience and thrive in their lives and communities.



WHY PARTNER WITH RCO'S?

- Peer support is evidenced-based; but most of the evidence comes from peer-run organizations and programs
- Employment policies need to consider the unique needs of a peer workforce
 - Such as helping peers meet the first ethical principle of “my recovery comes first”
- Often, clinical staff lack an understanding of the value and practice of peer support to properly supervise and support peer staff
- Peers working in clinical facilities often experience peer drift or cooptation: when peers take on roles that are more similar to medical technicians, case managers or other positions
- Recovery Community Organizations can often engage people who distrust traditional treatment facilities or the public behavioral health system

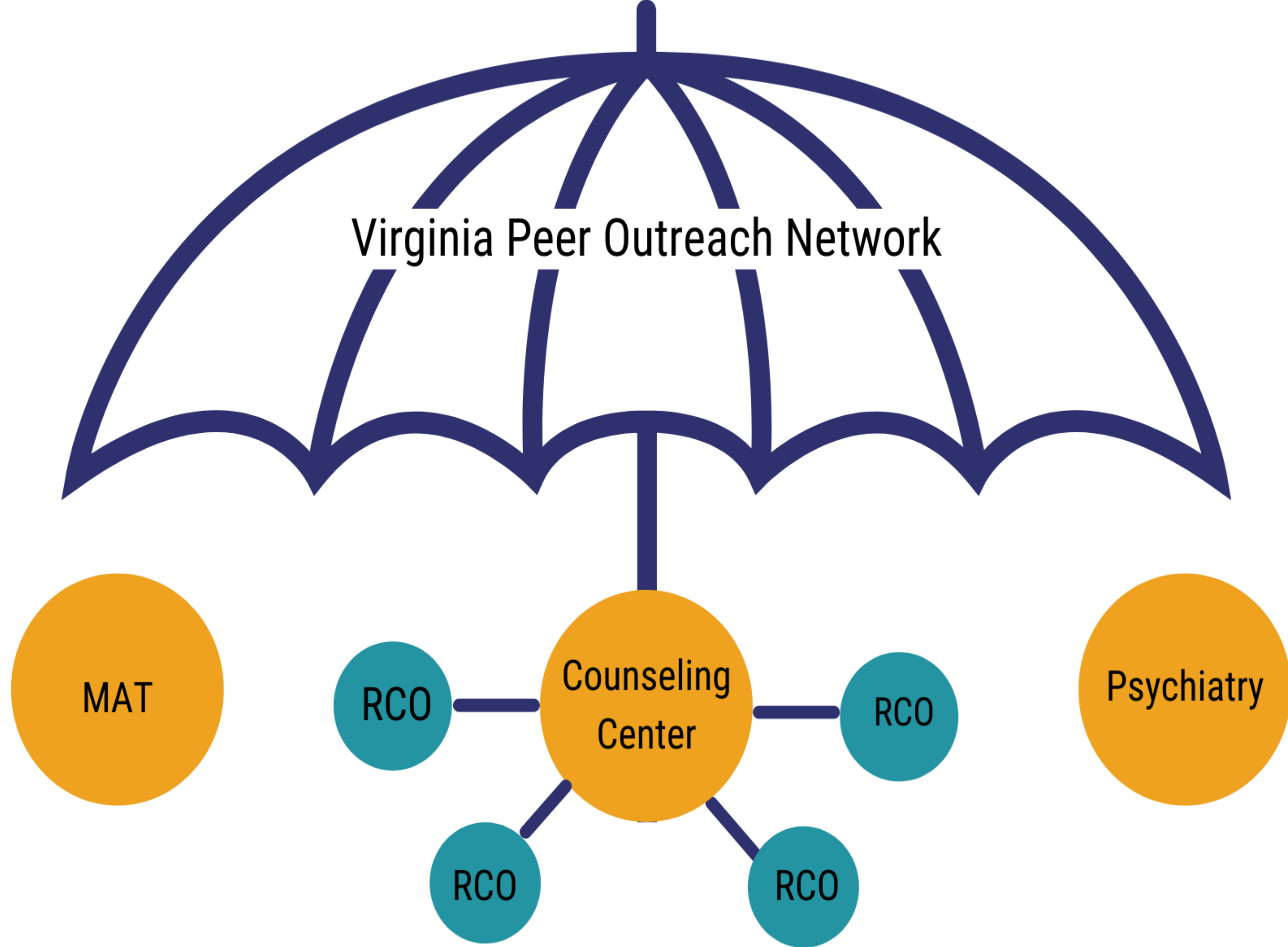
DOES MEDICAID ALLOW IT?

- Peers must be Certified (Virginia Board of Certification) and Registered (Virginia Board of Counseling) – subject to barrier crime laws
- Peers must be employed by or have a contractual relationship with a provider who is enrolled with DMAS and that provides them supervision
- Supervision must be from the referring provider or another provider within the same agency who meets the supervisor qualifications (30 min 1/month or 2/month)
- Need a documented assessment from a clinical provider who recommends peer support and establishes medical necessity up to 4 hours/day and 900 hours total
- Peers' must develop Recovery, Resilience and Wellness Plans under the clinical oversight of the referring provider that is reviewed and updated every 90 days
- Peers must document sessions and how they align with participants' RRW plans

<https://vamedicaid.dmas.virginia.gov/manual-chapters/peer-recovery-support-services-supplement>

OUR NETWORK MODEL

- Recovery Community Organizations use Peers to conduct outreach and recruit participants from priority populations, such as from jails, homeless shelters and hospitals
- Coordinators screen individuals for eligibility, complete enrollment paperwork and schedule intake appointments with a counseling center
- The counseling center uses Residents in Counseling under clinical supervision to conduct assessments and refer to peer support and other treatment, as appropriate
- Residents in Counseling provide Peers individual supervision and review RRW Plans
- Residents in Counseling and Peers coordinate care and enter data into a shared EMR
- Peers assist participants to access therapy, psychiatry and other Network services via telemedicine, as well as to link to other community resources



SAVINGS AND BENEFITS

- Engage peer-run organizations to bring their voices and experience to the table
- Peer-run organizations provide people more choices for recovery support
- Less perceived stigma associated with peer-run organizations
- Clinical providers can reach rural and underserved communities with telehealth and partnerships with on-the-ground peer-run organizations
- Peers can engage people before they experience crises and extend the duration of crisis stabilization services for a longer period of time
 - DBHDS Region I Equity at Intercept Zero planning project
- Reduce the burden on other systems, such as criminal justice, social services, homeless services, hospitals, first responders, etc.

PROVIDER TIPS

Danyell Collins-

Facteau, LPC, CSAC

Chesapeake Integrated
Behavioral Healthcare
(CIBH)

- Include your Peer workforce in **all** planning and implementation efforts
- Become familiar with DMAS Peer Recovery Support Services Supplement
 - Include reimbursement & quality assurance in planning & implementation
- Educate agency staff regarding Peer Recovery Services – culture shift
 - Develop and disseminate an FAQ's
 - Emphasize scope of practice parameters
 - Multiple pathways of recovery

FRIENDLY REMINDERS

- Embrace Continuous Quality Improvement
- Outcome trends: reduced inpatient service use, improved relationships with providers, better engagement with care, increased empowerment, higher levels of active participation and hopefulness for recovery
- Advocate, Advocate, Advocate!
 - Peer visibility
 - Peer scope of practice
 - DBHDS CCS data reporting - implications
 - De-stigmatize at all levels – prevention, treatment and recovery

**CHANTAL
THOMPSON**

Billing and

Credentialing Manager

Master Center for

Addiction Medicine

**“A PRIVATE
PROVIDER’S
PERSPECTIVE”**

RENAE JONES

Reimbursement
Manager

Mount Rogers
Community Services
Board (CSB)

**“A CSB’S
PERSPECTIVE”**

QUESTIONS?

MEDICAID AND PRSS 101



THE GOAL IS FOR PRSS TO BE AVAILABLE TO ANY MEMBER WHO HAS A MENTAL HEALTH OR SUBSTANCE USE DISORDER DIAGNOSIS TO HELP IMPROVE THEIR HEALTH, RECOVERY, RESILIENCY AND WELLNESS.

Adults over 21 are eligible for Peer Support services

Individuals 18-20 years old can choose to receive Peer Support Services directly instead of through their family

Youth under 21 are eligible for Family Support Partner Services

MENTAL HEALTH PRSS

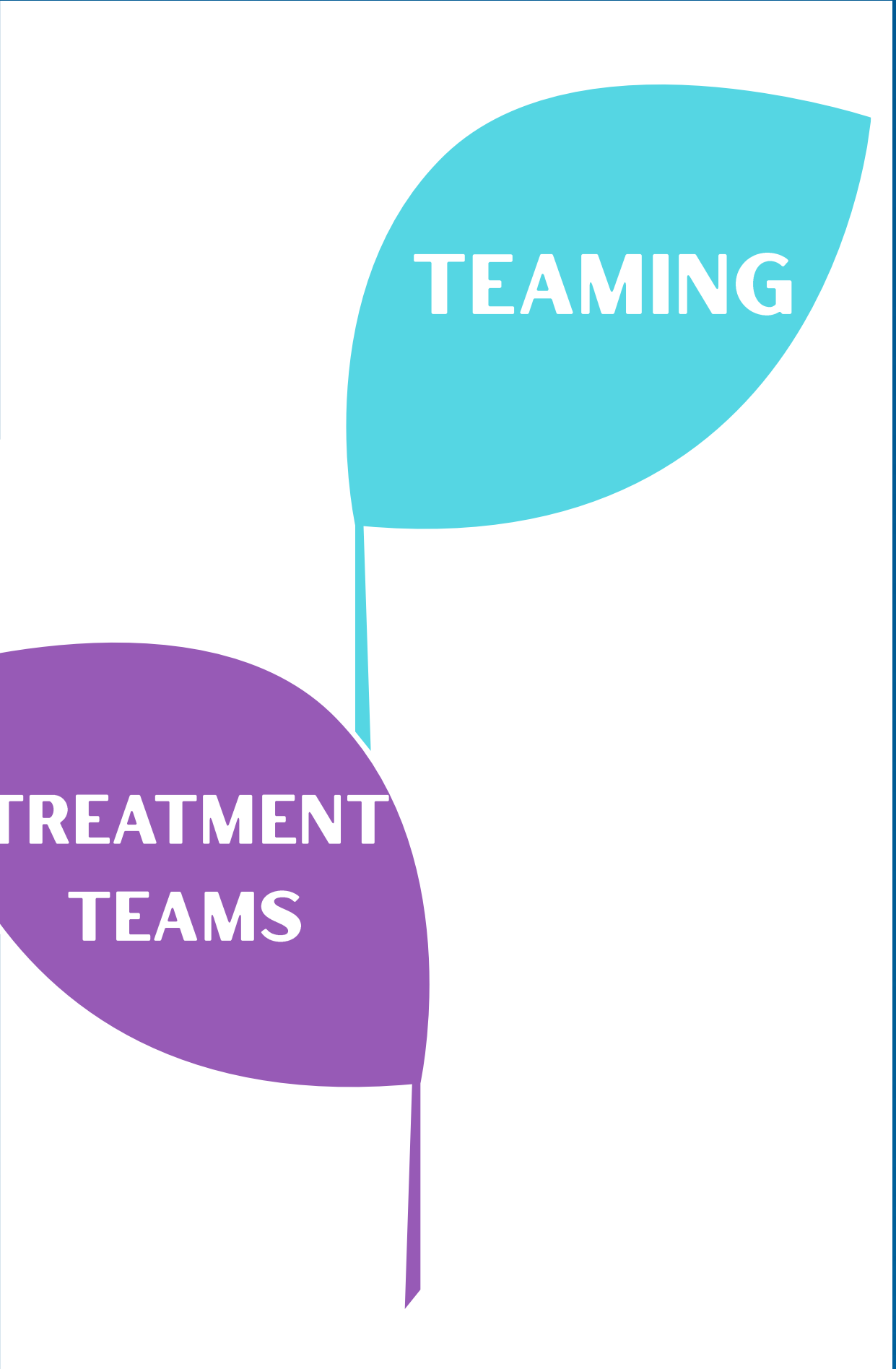
THE PEER RECOVERY SPECIALIST (PRS) SHALL BE EMPLOYED BY OR HAVE A CONTRACTUAL RELATIONSHIP WITH THE ENROLLED PROVIDER LICENSED FOR ONE OF THE FOLLOWING:

1. General Acute Care Hospitals and Hospital Emergency Departments;
2. Freestanding Psychiatric Hospitals and Inpatient Psychiatric Units;
3. Psychiatric Residential Treatment Facilities (PRTFs);
4. Therapeutic Group Homes (TGHs);
5. Outpatient mental health clinics;
6. Outpatient psychiatric services providers;
7. Rural Health Clinics (RHC) and Federally Qualified Health Centers (FQHC); or
8. Mental Health providers licensed by DBHDS as a provider of one of the following Mental Health services:
 - a. Therapeutic Day Treatment (TDT);
 - b. Intensive In-Home (IIH);
 - c. Multisystemic Therapy (MST);
 - d. Functional Family Therapy (FFT);
 - e. Mental Health Intensive Outpatient (MH-IOP);
 - f. Mental Health Partial Hospitalization Program (MH-PHP);
 - g. Psychosocial Rehabilitation (PSR);
 - h. Mental Health Skill-Building Services (MHSS);
 - i. Assertive Community Treatment (ACT);
 - j. Mobile Crisis Response;
 - k. Community Stabilization;
 - l. 23-Hour Crisis Stabilization;
 - m. Residential Crisis Stabilization Unit (RCSU); or
 - n. Mental Health Case Management

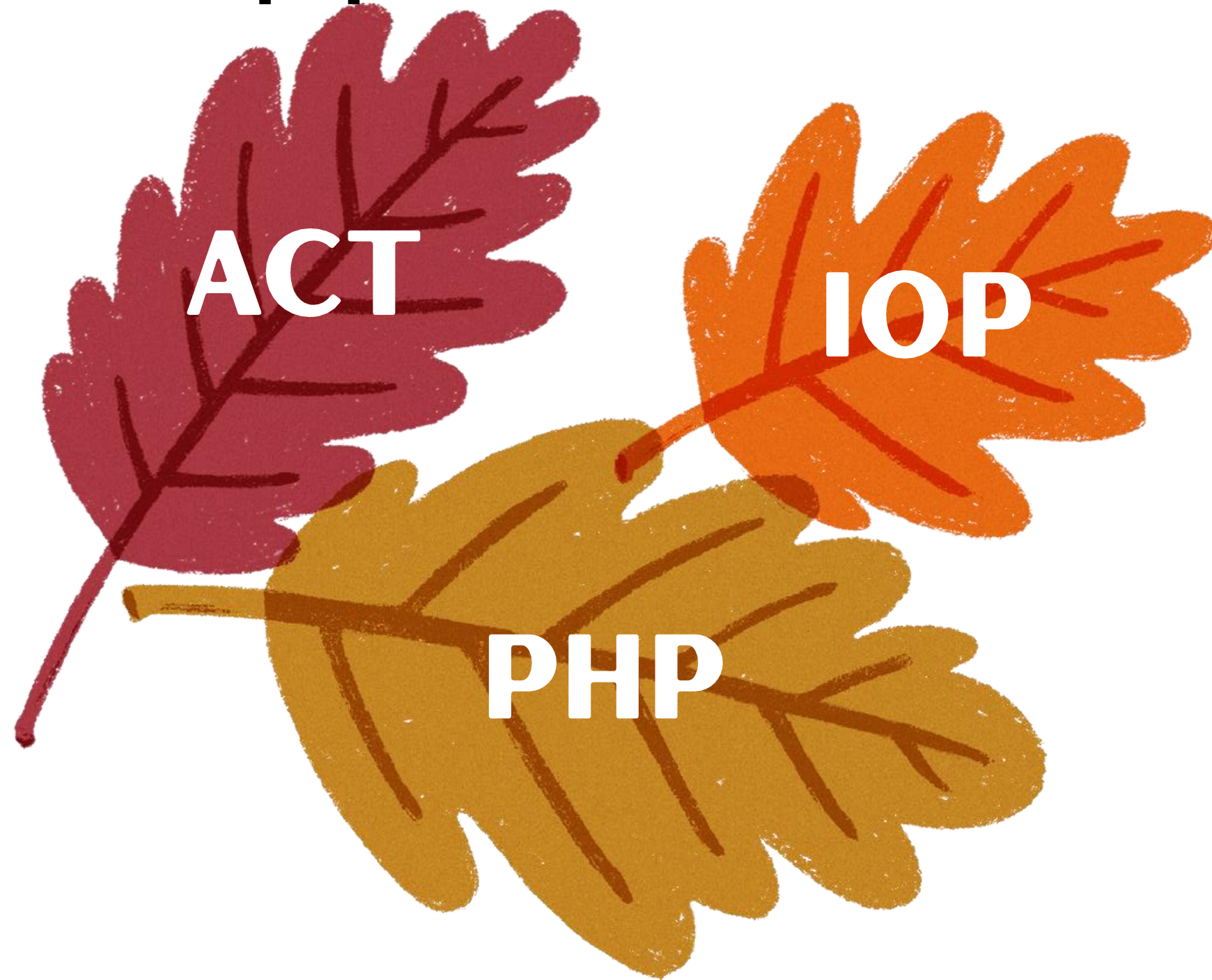
ARTS PRSS

THE PRS SHALL BE EMPLOYED BY OR HAVE A CONTRACTUAL RELATIONSHIP WITH THE ENROLLED PROVIDER LICENSED FOR ONE OF THE FOLLOWING:

1. Acute Care General Hospital level 4.0
2. Freestanding Psychiatric Hospital or Inpatient Psychiatric Unit (Levels 4.0, 3.7 and 3.5)
3. Residential Placements (Levels 3.7, 3.5, 3.3, and 3.1)
4. Intensive Outpatient Programs (IOPs) and Partial Hospitalization Programs (PHPs) (Levels 2.5, 2.1)
5. Outpatient Services (Level 1)
6. Opioid Treatment Program (OTP)
7. Preferred Office-Based Addiction Treatment (OBAT)
8. Pharmacy Services



Peer Recovery Support Services



PATHWAYS FOR PROVIDERS TO ADD PRSS FOR MH AND ARTS

1. Review the requirements in the Mental Health Services Medicaid Provider manuals and the Peer Recovery Support Services Supplement

<https://vamedicaid.dmas.virginia.gov/manuals/provider-manuals-library>

- In order to be reimbursed by Medicaid, the PRS must be actively registered with the Department of Health Professions Board of Counseling
- The PRSS must be employed by⁷² or have a contractual relationship with a provider enrolled/credentialed with Medicaid Managed Care Organizations (MCOs) and DMAS Fee-for-Service vendor, Gainwell.
- Have supervision provided by qualified staff depending on the service being billed

PATHWAYS FOR PROVIDERS TO ADD PRSS

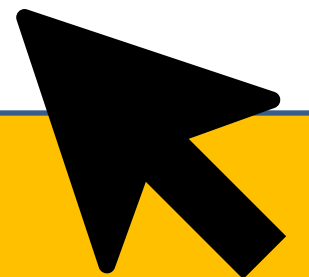
2. Submit the following to the MCOs and Magellan the DMAS Fee-for-Service Behavioral Health Services Administrator (BHSA):
 - “ARTS and Mental Health Services Registration Form” (MCO) and “Virginia DMAS Registration Form” (BHSA)”
 - “Mental Health and ARTS Peer Recovery Services Organizational Staff Roster”

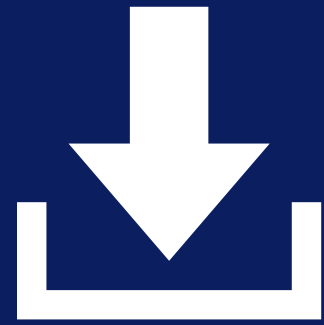
<https://www.dmas.virginia.gov/for-providers/addiction-and-recovery-treatment-services/authorization-and-registration/>

3. Check out the resources on the Medicaid website!

“Doing Business with the Medicaid Managed Care Organizations”

<https://www.dmas.virginia.gov/media/4905/mhs-and-arts-doing-business-spreadsheet-effective-09012022.xls>





**TOOLS AT
YOUR
FINGERTIPS**

Peer Support Services


Program requirements for Peer Recovery Support Services

 [Peer Recovery Support Service Supplement Manual](#) 

 [One Pager ARTS Peer Support Services](#)

 [One Pager MH Peer Support Services](#)

 [Recovery Resiliency Wellness Plan Guidance Document](#)

 [Peer Support Supervisor Training - Instructions for Online Registration](#)

 [Peer Support Supervisor Training - DBHDS External Entities Domain Guide](#)

 [Peer Support Supervisor Training - Accessing Courses](#)

<https://www.dmas.virginia.gov/for-providers/addiction-and-recovery-treatment-services/policy-and-provider-manual/>

RECOVERY RESILIENCY WELLNESS PLAN (RRWP) GUIDANCE DOCUMENT

“Recovery is built on the multiple capacities, strengths, talents, coping abilities, resources, and inherent value of each individual.”

~SAMHSA

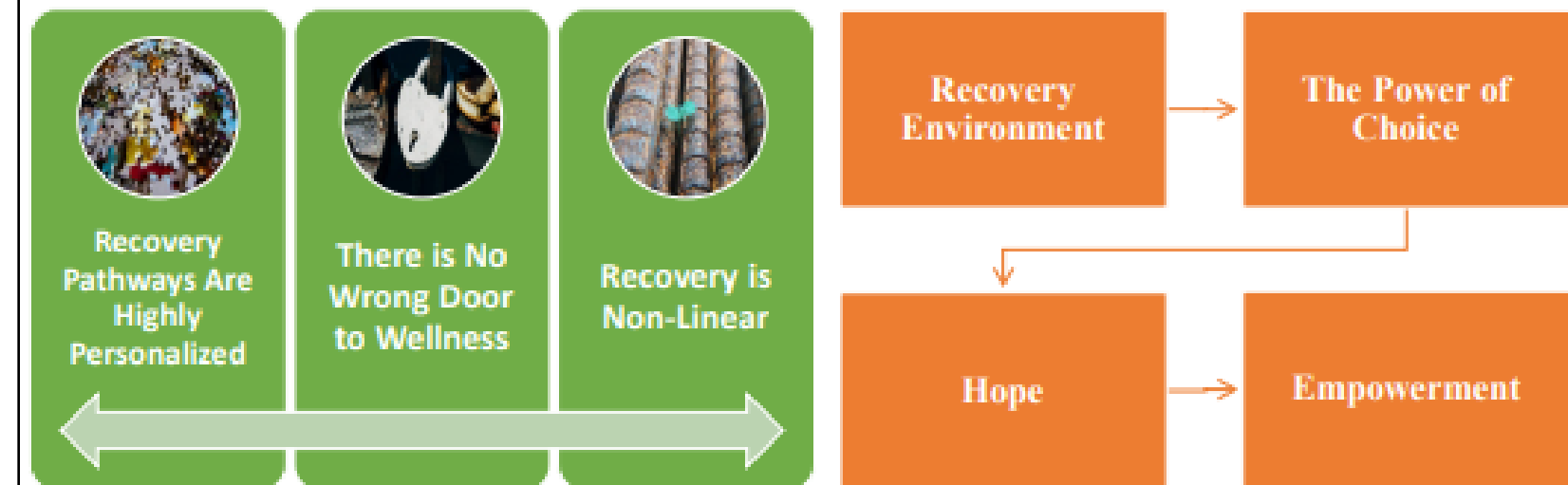
<https://www.dmas.virginia.gov/media/3797/recovery-resiliency-wellness-plan-guidance-document.pdf>

The RRWP Guidance Document

The Recovery Resiliency Wellness Plan (RRWP) is a conversational framework for the Peer Recovery Specialist (PRS) or Family Support Partner (FSP) working with a member seeking recovery. The RRWP establishes a peer relationship and integrates person-centered approaches to support the implementation of goals, strategies and actions based upon the individual’s readiness for recovery services. The RRWP guidance document is a supplemental **non-mandatory** frame of reference to support utilization/implementation of the RRWP, a requirement for Medicaid claims submission. More information about Medicaid billing policies can be found here: [Peer Recovery Support Service Supplement Manual](#)

| Peer Relationships Are Established Through Respect & Mutuality | | |
|---|---|---|
| Peer recovery specialist use their lived experience as a skill to connect and relate to others. It is a fundamental cornerstone of peer support services. | Self-Disclosure Objectives: <ul style="list-style-type: none"> • Helpful and Relevant • Not bragging • Choose your audience carefully | <i>I am not what I have done, I am what I have overcome.</i> <i>Certain ah-ha moments have shaped my recovery.</i> |
| Hope is contagious through authentic belief that recovery is possible. | Hope is conceivable by sharing space with someone else who has gone through challenges, demonstrating resiliency and perspective. | <i>It is my job as a PRS to convey that you are not alone in this struggle if you do not want to be.</i> |
| Respect is a two-way reciprocity practice. | Focusing on the person not the illness. | <i>Mutuality-we are all connected and in this struggle together.</i> |

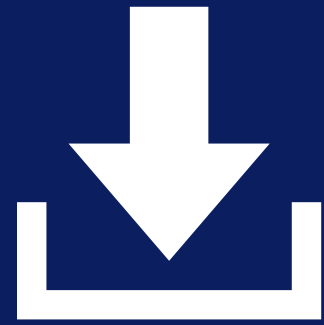
Recovery is Not a One-Size Fits All Approach to Wellness & Healing



Peer Relationship Icebreakers

Engaging in early conversation to better understand pathways for recovery can be a starting point before launching into the Recovery Resiliency Wellness Plan.

- ❖ How do you advocate for yourself?
- ❖ What do you want your life to look like?
- ❖ What do you enjoy spending your time doing?
- ❖ What’s a recovery pathway that has worked for you before?



**TOOLS AT
YOUR
FINGERTIPS**

VIRGINIA PEER RECOVERY SPECIALIST PORTAL (This portal provides information for those who are interested in learning about Peer Recovery Specialists in Virginia, including the process and training necessary to become a PRS. For more information, please reach out to Mary McQuown: Mary.McQuown@DBHDS.Virginia.Gov

<https://www.vaprs.org/>

VIRGINIA'S CERTIFIED PEER RECOVERY SPECIALIST CREDENTIAL – HOW TO GET STARTED

<https://virginiapeerspecialistnetwork.org/getting-started/>

VIRGINIA PEER RECOVERY SPECIALIST NETWORK

<https://virginiapeerspecialistnetwork.org/>

PHILADELPHIA PRSS TOOLKIT (Downloadable toolkit provides a lot of information including practical tools for supervision and integrating peer support professionals with existing staff.)

<https://dbhids.org/peer-support-toolkit/>

MEDICAID MANAGED CARE AND PRSS

aetna[®]

Aetna Better Health[®] of Virginia

OptimaHealth[®]
Family Care


Anthem. HealthKeepers Plus
Offered by HealthKeepers, Inc.


UnitedHealthcare[®]
Community Plan


MOLINA[®]
HEALTHCARE

Molina Complete Care


VirginiaPremier[™]
Powered by **VCU Health**

Aetna Better Health of Virginia Peer Support Specialist Team

- The goal of the Aetna Better Health of Virginia Peer Support Specialist team is to provide person-centered support to members to help them achieve their individualized goals and move along their personalized recovery pathway. The team also actively seeks to connect individuals to community-based services and supports to ensure they meet their overall health goals.
- The team is divided regionally in Virginia and are subsequently able to provide services both virtually and in-person to members who need peer-based services.
- The Virginia team typically serves on average approximately 25 members in a given time period.

| | | |
|--|---|--------------------|
| Manager, Clinical Health Services | Margaret E. Mitchell (mitchellm1@aetna.com) | WAH – Georgia |
| Virginia | Crystal Thompson (thompsonc1@aetna.com) | Tidewater |
| | Rick Vos (vosr@aetna.com) | Charlottesville |
| | Hallie Hartman (hartmanh1@aetna.com) | Central |
| | Carla Sloan (sloanc@aetna.com) | Southwest Virginia |
| | Hillary DeGregorio (degregorih@aetna.com) | Northern Virginia |
| | CaSaundra Swain (swainc2@aetna.com) | Roanoke |

Medicaid Peer Recovery Support Services Symposium

Anthem HealthKeepers Plus Contact:

Adam Steele
(804) 840-1056

Sydney.Steele@anthem.com

ARTS and MH Services Registration Form :

https://providers.anthem.com/docs/gpp/VA_CCC_BH_CS_ARTS_MHSRegistration.pdf?v=2022082

[61424](#)



Anthem HealthKeepers Plus
Offered by HealthKeepers, Inc.

Medicaid

CCC Plus

Commitment to Peer Services at Anthem

- Peers are available and assigned to members across the state including our Justice Involved populations
- Peers perform outreach attempts to members who have overdose related encounters
- Peers perform outreach attempts to members who have had SUD related ER visits
- Peers can stay involved with members short-term or long-term
- Anthem Foundation recently awarded a grant to the Chris Atwood Foundation, a peer-driven community organization

Molina Healthcare's Peer Recovery Services

PEER SUPPORT: A VALUABLE ADJUNCT TO CLINICAL TREATMENT

BENEFITTING INDIVIDUALS WITH INTEGRATED BEHAVIORAL, PHYSICAL, AND SUBSTANCE ABUSE
DISORDERS

“Who then can so softly bind up the wound of another as he who has felt the same wound himself”
- Thomas Jefferson



To increase linkages to
community resources
and increase community
engagement



To decrease avoidable
inpatient and emergency
department utilization



To increase Members'
ability to self-manage
chronic and complex
conditions, optimizing
choice and recovery



To increase the efficacy
of Molina care
coordination- and
community treatment



To promote improved
health outcomes related
to social determinants of
health (SDOH)

**Theo Appiah-Acheampong, DHA, LCSW, CCTP | Director, Behavioral Health
Healthcare Services - Molina Healthcare**
Theodora.Appiah-Acheampong@MolinaHealthcare.com
Cell: (804)-217-4843

Kevin Bagby, CPRS|Supervisor
Peer Recovery Services - Molina Healthcare
Robert.Bagby@molinahealthcare.com
Cell: (434) 414-4465





Optima Health values the lived experiences of our peer recovery specialists. These members of our team play a key role in supporting recovery and well-being among members with mental health and substance use disorders. Our recovery specialists promote improvements in confidence, empowerment, and functioning. This person-centered approach supports the engagement of members through self-directed planning aimed to increase members' social support systems, hopefulness for recovery, personal accountability, awareness of early warning signs of problems, and participation in self-care while promoting personal wellness.

Optima Health peer support specialists engage members in care coordination through our specialized programs.

- Justice-involved (juvenile and adult)
- Behavioral Health Coaching
- Anxiety and Depression
- Adolescent Suicidal Ideation
- Substance Use & Mental Health
- Pregnant and Parenting

Contact Us

Email: optima-bh-tc@sentara.com

Telephone

OHCC: 888-946-1169

OFC: 844-372-8948



Sharika Lampkin-Briscoe,
BA,MS,PRS-R, PRS-S, Recovery &
Resiliency Manager

Sharika.Lampkin-Briscoe@optum.com

763-330-8636

Recovery & Resiliency in VA

- Provides consultants to colleagues surrounding recovery, resiliency & peer support
- Resource provider for community engagement
- Training facilitator for: Mental Health First Aid Youth & Adult, Seeking Safety, QPR, Trauma Informed Care offered for free within the community
- Assist with bridging the gaps between the MCO and the recovery community
- Advocating for peer support in rural areas
- Bringing recovery awareness through UHC throughout Virginia
- Assist with providing resources & support to recovery communities within the state
- Helping with bringing innovative programs to the market surround recovery
- Promoting peer services within the community by leveraging stakeholder relationships

PEER RECOVERY SUPPORT PROGRAM

Go Live Date: October 17, 2022

PEER RECOVERY SUPPORT PROGRAM OVERVIEW:



Goal is to build personal resilience through:

- Connection
- Growth through learning
- Development of positive coping strategies/skills
- Moving forward with hope



Outcomes

- Improve mental and physical wellbeing
- Increase knowledge of available services and supports
- Increase community engagement and develop positive relationships
- Reduce BH/ARTS inpatient and ED readmissions.



Meet Virginia Premier PEER Support Specialists:

- Stephanie Readman
- Miracle Griffin
- Steven Ivey

Magellan and Peer Recovery Support Services



- Magellan Healthcare understands the value of peer recovery support services (PRSS) and believes that PRSS can play an intricate role in recovery and resilience.
- Over the years, Magellan Healthcare of Virginia has utilized trained peers to provide support through the Recovery Navigation Services in the Governors Access Plan (GAP) and Family Support Coordinator services in the local Independent Assessment, Certification and Coordination Team (IACCT).
- As a component of care coordination, Magellan Care Managers encourage Behavioral Health (BH) and Addiction and Recovery Treatment Services (ARTS) providers to utilize peer support services to help members gain hope and to assist members with maintaining in the community while building on their recovery skills.
- For information on Mental Health Peer Support and Substance Use Peer Support registrations please contact us at **1-800-424-4046**

GAINWELL PROVIDER ENROLLMENT MEDICAID FEE-FOR-SERVICE

Contact a Provider Enrollment Specialist for any questions regarding Virginia Medicaid Provider Enrollment and Management Services.

Customer Service

In-State : 1-804-270-5105

Out-Of-State Toll Free : 1-888-829-5373

Fax Toll Free : 1-888-335-8476

Email : VAMedicaidProviderEnrollment@gainwelltechnologies.com

Mailing Address

Virginia Medicaid Provider Enrollment Services

PO Box 26803

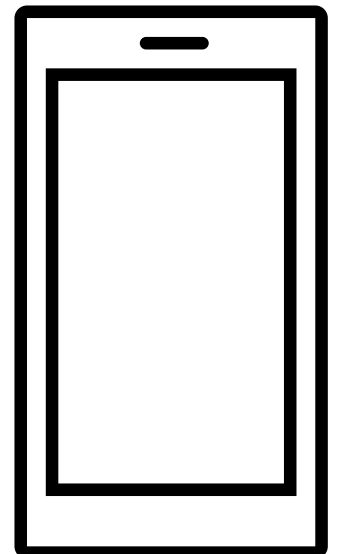
Richmond, VA 23261-6803

HOW CAN MEDICAID SUPPORT THE GROWTH OF PRSS?



Click on this survey link in the chat:
<https://www.survey.dmas.virginia.gov/surveys/?s=PXMKHA7PWR>

*Use your cell phone to
scan the QR code to
access the survey*



THANK YOU!

Questions: SUD@dmas.virginia.gov
EnhancedBH@dmas.virginia.gov

DMAS Home Page:
<https://www.dmas.virginia.gov/#/index>