

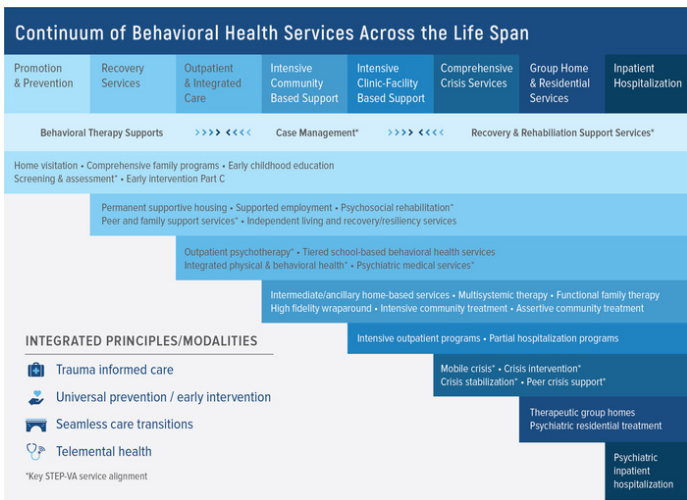


PROJECT BRAVO 2022

BEHAVIORAL HEALTH REDESIGN FOR ACCESS, VALUE & OUTCOMES

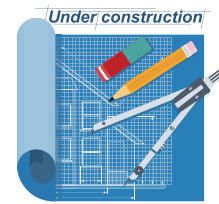
ORIGIN & HISTORY

Project BRAVO is a comprehensive, General Assembly supported vision for the enhancement of our current Medicaid behavioral health services. This proposal included a detailed "north star" continuum of services and a preliminary set of prioritized services to build out critical levels of care, including comprehensive crisis.



HOW DOES BRAVO FIT INTO WIDER SYSTEM TRANSFORMATION ?

One can think of larger behavioral health system transformation including efforts such as STEP-VA as setting a blueprint for building the architecture of a renovated system of care.



Within that metaphor, Project BRAVO is the electricity that helps to power that renovated building, because it includes the new rates and federal funding match.



WHY IS BRAVO IMPORTANT?

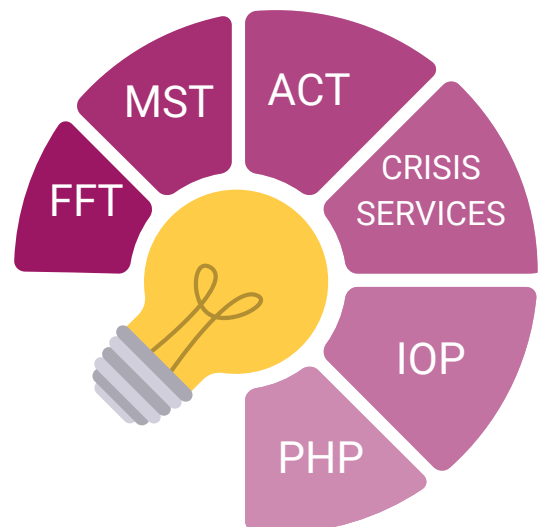
Medicaid is the largest payer of behavioral health services in the Commonwealth, and nearly 1/3 of all Medicaid members have a behavioral health diagnosis. The demand for both mental health and substance use disorder services have increased with the COVID-19 pandemic, and Virginia's drug overdose rates remain higher than ever before. In order to make the most of our Medicaid investments, Virginia needs to implement services that are evidence-based, trauma-informed, and support efforts to build and sustain a strong healthcare workforce.

ENGAGEMENT & COOPERATION

- BRAVO implementation involved 20+ meetings with 100+ stakeholders to develop proposed service definitions
- Mercer Rate study was conducted in 2019 based on previous year costs
- Close collaboration has continued throughout between DMAS, DBHDS and other state partners to assure alignment with other BH-related initiatives

BRAVO: 2021 SERVICES

BRAVO implemented strategic services in 2021 to provide diversion and discharge options for psychiatric hospitalization.



DETAILS ON BRAVO SERVICES

7/1/2021 ASSERTIVE COMMUNITY TREATMENT
INTENSIVE OUTPATIENT
PARTIAL HOSPITALIZATION

12/1/2021 COMPREHENSIVE CRISIS SERVICES →
MULTISYSTEMIC THERAPY
FUNCTIONAL FAMILY THERAPY



year 1 accomplishments

- Maintained close partnerships with BH stakeholders through MCO Resolutions Panel to identify & solve authorization and claims issues
- Development of the Center for Evidence Based Partnerships with VCU & other state agencies
- New Mental Health Services Manual & Utilization Dashboards
- Launch of Learning Collaboratives for MST/FFT
- BRAVO goals integrated into DMAS/DBHDS Objective and Key Results

year 1 challenges

- Workforce crisis has limited the expansion of services & networks
- Complexity of crisis system infrastructure and level of coordination across process holders at the state agencies, MCOs, and Regional Hubs.
- Portions of the continuum remain without enhancement and continue to struggle (e.g. Therapeutic Day Treatment)
- Psychiatric Bed Crisis impacts remain

WHAT COMES NEXT

- 01 Service learning collaboratives
- 02 Build out of crisis system
- 03 Metrics & Evaluation
- 04 Budget Requests to expand



CENTER for EVIDENCE-BASED PARTNERSHIPS

- Multi-Agency Collaboration with Governance Committee
- Supporting individual agency efforts to integrate evidence-based approaches into behavioral healthcare that are relevant for all agencies involved
- Development of central repository of evidence-based practice certifications to reduce bureaucratic "red tape" for providers
- Supporting local summits and collaborative efforts that support uptake or sustainment of new evidence-based services