Virginia Department of Medical Assistance Services  
**Elderly or Disabled with Consumer-Direction (EDCD) Waiver**  
**Fact Sheet 2012**

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<th>Initiative</th>
<th>Home and community-based (1915 (c)) waiver whose purpose is to provide care in the community rather than in a nursing facility (NF).</th>
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| **Targeted Population** | Individuals who:  
- Meet the NF level of care criteria (i.e., they are functionally dependent and have a medical nursing needs);  
- Are determined to be at imminent risk of NF placement; and  
- Are determined that community-based care services under the waiver are the critical services that enable the individual to remain at home rather than being placed in a NF. |
| **Effective Date** | February 1, 2005 |
| **Eligibility** | The individual must be eligible for Medicaid and meet screening criteria; income limit is 300% of the SSI payment limit for one person. |
| **Eligibility Disregards** | Working individuals have a greater need due to expenses of employment; therefore an additional amount of income shall be deducted. Earned income shall be deducted within the following limits: (i) for individuals employed 20 hours or more, earned income shall be disregarded up to a maximum of 300% of SSI; and (ii) for individuals employed at least eight but less than 20 hours, earned income shall be disregarded up to a maximum of 200% of SSI. However, in no case, shall the total amount of income (both earned and unearned) disregard for maintenance exceed 300% of SSI. |
| **Covered Services** | Covered services shall include:  
- Adult Day Health Care  
- Assistive Technology*  
- Environmental Modification*  
- Medication Monitoring (can only be received in conjunction with PERS)  
- Personal Care (Agency- and Consumer-Directed)  
- Personal Emergency Response System (PERS) – Installation and may or may not include monthly monitoring. This is not a stand-alone service and must be authorized in addition to one of the other services available in this waiver.  
- Respite Care (Agency- and Consumer-Directed)  
- Transition Coordination  
- Transitional Services  

*These services are available only to those EDCD waiver enrollees who are participants in the Money Follows the Person demonstration.* |
| **Service Authorization** | Local and hospital screening teams conduct preadmission screenings and assess the individual prior to the provision of services. A screening team consists of a registered nurse, social worker, and a physician. A service authorization contractor performs enrollment and authorization of services. |
| **Program Administration** | Program is administered by DMAS. |

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*EDCD Waiver Fact Sheet  
October 2013*
Criteria

The following criteria must be met:

- The individual must meet NF criteria as outlined in the Pre-Admission Screening Manual, Appendix B. The individual must be both functionally dependent and have medical and nursing needs;
- The individual must be determined to be at risk of NF placement, and community-based care service under the waiver is the critical service that enables the individual to remain at home rather than being placed in a NF;
- The health, safety, and welfare of the individual must be safely maintained in the home at all times;
- EDCD Waiver services cannot be provided to individuals who reside in a NF, an intermediate care facility for persons with Intellectual Disability (ICF/ID), a hospital, an assisted living facility licensed by the Department of Social Services (DSS) that serves five or more individuals, or a group home licensed by the Department Behavioral Health and Developmental Services (DBHDS) with the exception of transition coordination and transition services;
- EDCD Waiver services cannot be provided to any individual who resides outside the physical boundaries of the Commonwealth, with the exception of brief periods of time as approved by DMAS; and
- To receive consumer-directed services for personal attendant or respite care services, individuals cannot have a severe cognitive impairment, or they must have someone managing their care for them.

Definitions

Source: 12VAC30-120-900

"Adult day health care services" means services designed to prevent institutionalization by providing participants with health, maintenance, and coordination of rehabilitation services in a congregate daytime setting.

"Assistive technology" means specialized medical equipment and supplies including those devices, controls, or appliances specified in the plan of care but not available under the State Plan for Medical Assistance that enable individuals to increase their abilities to perform activities of daily living, or to perceive, control, or communicate with the environment in which they live, or that are necessary to the proper functioning of the specialized equipment. 12VAC30-120-762 provides the service description, criteria, service units and limitations, and provider requirements for this service. This service shall be available only to those EDCD waiver enrollees who are also enrolled in the Money Follows the Person demonstration program.

"Consumer-directed services" means services for which the individual or family/caregiver is responsible for hiring, training, supervising, and firing of the personal care aide.

"Environmental modifications" means physical adaptations to a house, place of residence, primary vehicle or work site, when the work site modification exceeds reasonable accommodation requirements of the Americans with Disabilities Act (42 USC § 1201 et seq.), necessary to ensure the individuals' health and safety or enable functioning with greater independence when the adaptation is not being used to bring a substandard dwelling up to minimum habitation standards and is of direct medical or remedial benefit to individuals. 12VAC30-120-758 provides the service description, criteria, service units and limitations, and provider requirements for this service. This service shall be available only to those EDCD waiver enrollees who are also enrolled in the Money Follows the Person demonstration program.
"Medication monitoring" means an electronic device, which is only available in conjunction with Personal Emergency Response Systems that enables certain individuals at high risk of institutionalization to be reminded to take their medications at the correct dosages and times.

"Personal care services" means long-term maintenance or support services necessary to enable the individual to remain at or return home rather than enter a nursing facility. Personal care services are provided to individuals in the areas of activities of daily living, access to the community, monitoring of self-administered medications or other medical needs, and the monitoring of health status and physical condition. Where the individual requires assistance with activities of daily living, and where specified in the plan of care, such supportive services may include assistance with instrumental activities of daily living. Services may be provided in home and community settings to enable an individual to maintain the health status and functional skills necessary to live in the community or participate in community activities.

"Personal emergency response system (PERS)" means an electronic device and monitoring service that enable certain individuals at high risk of institutionalization to secure help in an emergency. PERS services are limited to those individuals who live alone or are alone for significant parts of the day and who have no regular caregiver for extended periods of time, and who would otherwise require extensive routine supervision.

"Respite services" means those short-term personal care services provided to individuals who are unable to care for themselves because of the absence of or need for the relief of the unpaid caregiver who normally provides the care.

"Transition services" means set-up expenses for individuals who are transitioning from an institution or licensed or certified provider-operated living arrangement to a living arrangement in a private residence where the person is directly responsible for his own living expenses.

### Quality Management Review
DMAS conducts quality management reviews of the services provided and interview individuals for all providers providing services in this waiver to ensure the health and safety of all individuals. Level of care reviews are performed at least annually.

### Reimbursement Rates
Reimbursement rates can be found on the DMAS website at [www.dmas.virginia.gov/ltc-home.htm](http://www.dmas.virginia.gov/ltc-home.htm).

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<tr>
<td>Number of People Served (SFY2011)</td>
<td>24,809*</td>
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<tr>
<td>Total Waiver Expenditures (SFY2011)</td>
<td>$439,283,004*</td>
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<tr>
<td>Average Cost Per Recipient (SFY2011)</td>
<td>$17,707*</td>
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<tr>
<td>Regulatory Basis</td>
<td>12VAC30-120-900 et seq.</td>
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Program Contact

Mr. Steve Ankiel, Program Manager, at (804) 371-8894 or steve.ankiel@dmas.virginia.gov or Ms. Melissa A. Fritzman, Program Supervisor, at (804) 225-4206 or melissa.fritzman@dmas.virginia.gov. The DMAS website is www.dmas.virginia.gov.

*Cost-effectiveness Summary of Virginia’s 1915(c) Home- & Community-Based Waivers SFY 2011 – Initial Reports