## Purpose
A program that pays for birth control and family planning services for men and women.

## Who is Eligible?
Persons must:
- Meet the income requirements (posted online at [www.planfirst.org](http://www.planfirst.org));
- Be a resident of Virginia; and
- Be a citizen or an alien eligible for Plan First coverage.

## Member Enrollment Process
- Apply online at [www.commonhelp.virginia.gov](http://www.commonhelp.virginia.gov) or
- Call Cover Virginia at 1-855-242-8282 to apply on the phone or
- Print out and complete a paper application (Spanish version available here) and mail it to their local Department of Social Services (*Additional forms or applications may be required*) or
- Visit their local Department of Social Services in the city or county in which they live

## Provider Requirements
Any enrolled DMAS fee-for-service provider. No additional actions necessary.

## Billing Guidance for Family Planning

## Services Covered
Routine and periodic family planning office visits including:
- Annual family planning exams;
- Pap tests/Cervical cancer screening for women;
- Sexually transmitted infection (STI) testing;
- Lab services for family planning and STI testing;
- Family planning education, counseling and preconception health;
- Sterilization procedures**;
- Non-Emergency Transportation (866-386-8331) to a family planning service; and
- Most Food and Drug Administration (FDA) approved prescription and over-the-counter contraceptives (including emergency contraception)***.

*Services must be for preventing a pregnancy. Specific service and supply billing codes are posted online at [www.planfirst.org](http://www.planfirst.org).

**Sterilization Consent Form for sterilization procedures must be signed at least 30 days prior to the surgery being performed.

***Over-the-counter contraceptives require prescription to be covered.
| Service Requirements and Limitations | Medicaid will only reimburse for approved codes and the code must be accompanied with a V25 category (family planning) diagnosis on the claim. (Visit Plan First at [http://dmasva.dmas.virginia.gov/Content_atchs/mch/mch-pln1_blnproc.pdf](http://dmasva.dmas.virginia.gov/Content_atchs/mch/mch-pln1_blnproc.pdf) for list of approved codes.)

Services must be performed in an office or clinic setting, except for sterilization procedures which can be covered in an outpatient or inpatient setting. |
| Services not covered: | • Performance of, counseling for, or recommendations of abortions;
• Infertility treatments;
• Performance of a hysterectomy;
• Mammograms;
• Follow up services to a family planning visit;
• Repeat PAP screens due to abnormal results;
• Complications due to a family planning service; and
• Emergency air and emergency ground ambulance services. |
| Forms Needed | Sterilization Consent Form (DMAS-3004 – English, DMAS-3004S - Spanish) |
| DMAS Contacts | Email: PlanFirst@dmas.virginia.gov

DMAS Provider Helpline: 800-552-8627

DMAS Member Helpline: 804-786-6145

Medicaid Eligibility/Claims Inquiries: Eligibility or claims status may be checked via [www.virginiamedicaid.dmas.virginia.gov](http://www.virginiamedicaid.dmas.virginia.gov) or MediCall voice response system at 1-800-884-9730 or 1-800-772-9996.

Both options are available at no cost to the provider. |