



Department of Medical Assistance Services
 600 East Broad Street, Suite 1300
 Richmond, Virginia 23219
www.dmas.virginia.gov

Plan First

Virginia's Family Planning Services Program Provider Fact Sheet

Purpose	To reduce Medicaid expenditures for pregnancy and child birth by preventing unintended pregnancies.
Services Offered	<p>Routine and periodic family planning office visits including:</p> <ul style="list-style-type: none"> • Annual physical exams for men/annual gynecological exams for women; • Cervical cancer screening for women; • Sexually transmitted infection (STI) testing; • Laboratory services for family planning and STI testing; • Family planning education and counseling; • Sterilization procedures; • Food and Drug Administration (FDA) approved prescription contraceptives; • FDA approved over-the-counter contraceptives; and • Referrals to a primary care provider, local health department, community or rural health clinic that provides care for free or on a sliding fee scale for services not covered through Plan First.
Who is Eligible?	<ul style="list-style-type: none"> • Beginning January 1, 2008: Men and women who have income less than or equal to 133% of the federal poverty level. • Individuals who are sterilized, have medical insurance coverage or are eligible for full Medicaid benefits are not eligible to participate.
Service Requirements and Limitations	<p>Medicaid will only reimburse for approved codes and the code is accompanied with a V25 category (family planning) as a primary diagnosis on the claim. (Visit Plan First on www.dmas.virginia.gov for list of approved codes.)</p> <p>Services must be performed in an office or clinic setting, except for sterilization procedures which can be covered in an outpatient or inpatient setting.</p> <p>Cervical cancer screenings can be offered every 6 months depending on method of contraception.</p> <p>Services not covered:</p> <ul style="list-style-type: none"> • Performance of, counseling for, or recommendations of abortions; • Infertility treatments; • Performance of a hysterectomy; • Follow up services to a family planning visit; • Repeat PAP screens due to abnormal results; • Transportation to a family planning service; and • Primary care services.
Forms Needed	Sterilization Consent Form (DMAS-3004) – for sterilization procedures
Enrollment Process	<ul style="list-style-type: none"> • Plan First application is required. • Applications are available on the web at www.dmas.virginia.gov, local Department of Social Services (DSS) and local health clinics. • Completed applications need to be submitted to the local DSS agency.
DMAS Contacts	<p>Email: PlanFirst@dmas.virginia.gov Phone: 804-786-6134 Fax: 804-225-3961</p> <p>Medicaid Eligibility/Claims Inquiries: Eligibility or claims status may be checked via http://virginia.fhsc.com or MediCall voice response system at 1-800-884-9730 or 1-800-772-9996. Both options are available at no cost to the provider.</p>