

# Health Coverage from Virginia Medicaid for Addiction and Recovery Treatment Services



## What is Addiction and Recovery Treatment Services (ARTS)?

Substance use can affect lives differently and it is known that many people who experience issues with substance use benefit from treatment. On April 1, 2017, Virginia's Medicaid program launched an enhanced substance use disorder treatment benefit - Addiction and Recovery Treatment Services (ARTS). The ARTS benefit provides treatment for those with substance use disorders across the state. The ARTS benefit provides access to addiction treatment services for all enrolled members in Medicaid, FAMIS and FAMIS MOMS. This treatment includes community-based addiction and recovery treatment services and coverage of inpatient detoxification and residential substance use disorder treatment.

## What Services are Provided in the ARTS Benefit?

There are several new treatment approaches now covered by your Medicaid benefit. Understanding the available options are important. Treatment options range from outpatient to inpatient services to include Medication Assisted Treatment (MAT) for opioid use and alcohol use disorder.

- ✓ Inpatient Detox
- ✓ Residential Treatment
- ✓ Partial Hospitalization
- ✓ Intensive Outpatient Programs
- ✓ Opioid Treatment Programs
- ✓ Office-Based Opioid Treatment
- ✓ Case Management
- ✓ Peer Recovery Supports

## How to Receive ARTS Services

You can talk with your primary care doctor about treatment options for substance or alcohol use. Your doctor and/or health care team will work with you to find the best program for you or you can:

- ✓ Get in touch with the ARTS Care Coordinator at your Managed Care Organization (MCO). Contact information is below.
- ✓ Go to the DMAS ARTS Google Map for treatment options in your area. <http://www.dmas.virginia.gov/#/arts>

## What is an ARTS Care Coordinator?

ARTS Care Coordinators help Medicaid members navigate addiction and recovery treatment options and other supports. The Department of Medical Assistance Services (DMAS) partners with MCOs and Magellan of Virginia to provide this care coordination.

MCO	ARTS Care Coordinator Contact Information
Aetna	Phone: (959) 230-3506
Anthem	Phone: 1-800-901-0020
Magellan Complete Care	Phone: 1-800-424-4524 Option 3, and then press 4 for Assistance
Optima	Phone: 1-844-372-8948
Optima Health Community Care	Care Coordination CCC Plus Phone: 757-552-8398 Toll Free: 866-546-7924
United Healthcare	1-800-548-6549; Ext. 66789
Virginia Premier	Phone: 1-800-727-7536 Option 3, Option 0, Option 3
Magellan of Virginia	Phone: 804-823-5122

For assistance navigating MCO Care Coordinators you can call the ARTS Helpline at 804-593-2453 or visit <http://dmas.virginia.gov/#/arts> for more information.

