

**Virginia Department of Medical Assistance Services**  
**Division of Aging and Disability Services**  
**Money Follows the Person and Transition Supports Program**  
**Fact Sheet 2019**

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<b>Initiative</b>	Money Follows the Person (MFP) is a demonstration project whose purpose is to institute sustainable system changes to ensure supports are provided to individuals to enable them to successfully transition from institutions to community living.
<b>Targeted Population</b>	Individuals who have resided in a Nursing Facility (NF), Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID), Institute for Mental Diseases (IMD), Psychiatric Residential Treatment Facility (PRTF), or Long-Stay Hospital (LSH) for at least 90 days.
<b>Effective Date</b>	July 1, 2008
<b>Program Administration</b>	The program is administered by DMAS.
<b>Transition Supports Eligibility Criteria</b>	<p>To receive transition support services, the individual must:</p> <ul style="list-style-type: none"><li>▪ Have resided for at least 90 consecutive days in a NF (any days spent in short-term skilled rehabilitation services do not count towards the 90 days), ICF/IID, LSH, IMD, PRTF, or a combination thereof;</li><li>▪ Be a resident of the Commonwealth of Virginia;</li><li>▪ Have received Medicaid benefits for inpatient services for at least one day immediately prior to MFP enrollment;</li><li>▪ Qualify for, and enroll into upon discharge, a Program for All-inclusive Care for the Elderly (PACE) or the Commonwealth Coordinated Care Plus Waiver; and</li><li>▪ Move to a “qualified residence.” A qualified residence is: 1) a home that the individual or the individual’s family member owns or leases; 2) an apartment with an individual lease, with lockable access and egress, that includes living, sleeping, bathing and cooking areas over which the individual or the individual’s family has domain and control; or 3) a residence in a community-based residential setting in which no more than four (4) unrelated individuals reside.</li></ul>
<b>Services Available</b>	<p>Individuals needing transition supports have access to:</p> <ul style="list-style-type: none"><li>▪ Transition coordination support via the Commonwealth Coordinated Care program, Community Services Board or local providers, depending on which home and community-based services the individual participates; and</li><li>▪ Transition Services (one time, life-time set up expenses paid, up to \$5,000) up to nine months after approval, two of which can be prior to discharge from an institution.</li></ul> <p>Please Note: Individuals also have access to the services and supports offered within the waiver (or PACE program) they use.</p>

<b>Service Authorization</b>	The provider works with the individual, their family, and the facility to determine eligibility and develop a transition plan. The service requests are submitted to the DMAS designated entity that performs service authorization for the respective program into which the individual will be entering upon discharge.
<b>Service Limitations</b>	There is a \$5,000 one-time, lifetime limit for transition services.
<b>Definitions</b> (12VAC30-120-2010)	<b>“Transition Services”</b> means set-up expenses for individuals who are transitioning from an institution to a qualified living arrangement where the person is directly responsible for his own living expenses. Set up expenses include moving expenses, furniture, household supplies, utility deposits, and other basic need items.
<b>Reimbursement Rates</b>	Reimbursement is based on submitted claims and allowable expenditures made by the provider. Reimbursement must equal amount paid as documented by service or goods receipt.
<b>Number of Individuals Transitioned</b> (as of June 30, 2018)	1,403 Individuals
<b>Regulatory Basis</b>	12VAC30-120-2010
<b>Program Contacts</b>	Ramona Schaeffer, Program Supervisor, Division of Aging and Disability Services at (804) 225-3007 or <a href="mailto:ramona.schaeffer@dmass.virginia.gov">ramona.schaeffer@dmass.virginia.gov</a> . The DMAS website is <a href="http://www.dmass.virginia.gov">www.dmass.virginia.gov</a> .