EPSDT SPECIALIZED SERVICES
THE DMAS “SAFETY NET”

Virginia Department of Medical Assistance Services (DMAS)
February 12, 2015
What is EPSDT?

• Early and Periodic Screening, Diagnosis and Treatment Program
• Includes periodic screening, vision, dental and hearing services.
• States are required to provide any medically necessary health care services to correct and ameliorate physical and mental conditions, even if the service is not included under the state’s Medicaid plan.
• The “Correct and Ameliorative” aspects of the program are included in many of the services that DMAS provides for children. These are referred to as “Specialized Services”.

Program Goals

To keep children as healthy as possible by:

- Assuring that health and developmental concerns are diagnosed as early as possible
- Assuring that treatment is provided before problems become complex
- Assuring that medically justified services are provided to treat or correct identified problems
Scope of Services

- Individualized health care, diagnostic services, and “treatment” as listed in the Federal Medicaid statute, must be provided when medically necessary to correct and ameliorate physical and mental conditions discovered during screening services whether or not included in the state plan.

- The program does not cover services that are experimental or investigational.
EPSDT covers treatments that are:

- Not available to certain disability groups
- Not covered by the State Medicaid plan

Examples:

- Residential Substance Abuse Treatment
- In Home Behavioral Therapy for children with developmental and/or intellectual disabilities
### Specialized Services

*Services below require service authorizations:*

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Individualized Clinical Reviews

- Service authorization is the process of determining whether or not a service request meets all criteria for that service.
- Services must be deemed as medically necessary. Each request is thoroughly reviewed by clinical staff.
- Certain services are not covered by EPSDT
  - Respite
  - Environmental Modifications
Specific Program Guidelines

Please refer to the EPSDT website for more information about these services

http://dmasva.dmas.virginia.gov/Content_pgs/mch-home.aspx
Find EPSDT Program Info Here

EPSDT
Specialized Services Lists Here
EPSDT
ASSISTIVE TECHNOLOGY
Assistive Technology (AT) Definition

- Assistive Technology consists of items that demonstrate a therapeutic effect or directly enable individuals to increase their abilities to perform ADLs or to perceive, control, or communicate with the environment in which they live.

- Assistive Technology items are portable and do not manage the “environment” of the individual.

- Assistive Technology can allow for items that are not covered under the DME program criteria.
AT Criteria

- A reasonable and medically necessary part of a treatment plan;
- Consistent with the recipient’s diagnosis and medical condition, particularly the functional limitations and symptoms exhibited by the recipient;
- Not furnished solely for the convenience of the family, attending physician, or other practitioner or supplier;
- Consistent with generally accepted professional medical standards (i.e., not experimental or investigational); and
- Provided at a safe, effective, and cost-effective level that is suitable for use by the enrollee.
AT Limitations

• Assistive Technology must involve direct patient care.

• AT must be for the express purpose of diagnosing, treating or preventing (or minimizing the adverse effects of) illness, injury or other impairments to an individual’s physical or mental health.

• AT Services must involve direct patient care or environmental services dealing exclusively with an individual’s surroundings.

• Environmental Modifications are not covered.
EPSDT
HEARING/AUDIOLOGY SERVICES
Audiology and hearing aid services are provided to EPSDT eligible persons who have demonstrated a medical need for Audiology and Hearing Aid Services.

An audiology evaluation is necessary to evaluate the need for treatment.

DMAS will reimburse for audiology evaluations without service authorization.
Hearing and Audiology Services

- Audiology services are available based on referrals from outside agencies, schools and caregivers;
- All hearing aids require a referral from the primary care physician or otolaryngologist;
- Hearing Services must be provided through Hearing Aid Specialists, Audiologists, and Otolaryngologists who are currently licensed as a hearing aid specialist and have current participation agreements with DMAS.
WHAT IS COVERED?

- Analog and digital hearing aids
- FM amplification systems are covered as necessary to aid language development
- Cochlear implants
EPSDT
PERSONAL CARE
EPSDT Personal Care

- EPSDT Personal Care provides care such as: dressing, eating, bathing, etc. The child must need assistance with at least 3 ADL’s, and medically necessary related to a health condition.

- The child’s inability to perform ADL’s cannot be exclusively due to typical limitations associated with their age.

- Providers may be a Personal Care Agency or a Consumer Directed Services Facilitator (which is for families who wish to hire and manage their own staff.)

- Service authorization is required prior to receiving services.
EPSDT
PRIVATE DUTY NURSING
EPSDT Nursing Definition

- EPSDT nursing is medically necessary private duty nursing care.
- EPSDT nursing differs from home health nursing because the nursing is provided continuously as opposed to the intermittent care provided under either skilled nursing or home health nursing services.
- Technology Assisted Waiver offers a higher level of nursing care than EPSDT.
Private Duty Nursing

- Preauthorization is necessary for individuals who have been assessed and determined to require nursing in order to safely remain in the home. Preauthorization is obtained by the Provider of the nursing services.

- A registered nurse (RN) or licensed practical nurse (LPN) will provide care according to a plan of care which specifies the amount and type of care rendered.
EPSDT
BEHAVIORAL THERAPY
Behavioral Therapy Service Definition

• Behavioral Therapy serves individuals younger than 21 years of age, residing in their home.

• Behavioral therapy includes, but is not limited to, Applied Behavioral Analysis (ABA).

• The goal is to ensure the individual’s family is trained to effectively manage the individual’s behavior in the home using behavioral modification strategies.

• Services are designed to enhance communication skills and decrease maladaptive patterns of behavior which, if left untreated, could lead to more complex problems and the need for a greater or a more restrictive level of care.
Treatment Coordination

- Services such as speech therapy, occupational therapy or psychiatric care must be coordinated with and integrated with the behavioral treatment plan.
- All services must be evidence based, measureable and medically necessary to specifically improve components of adaptive functioning.
EPSDT Behavioral Therapy is available to individuals who reside in their family home.

Home is defined as the family residence and includes a child living with natural and adoptive parents, relatives, or a guardian, or the family residence of the child’s permanent or temporary foster care or pre-adoption placement.
Providers must be either:

- An LMHP (licensed mental health professional) practicing within the scope of their practice as defined by the applicable Virginia Health professions Regulatory Board or an agency that employs a LMHP, or;
- An LBA (licensed behavioral analyst) meeting all requirements established by the Virginia Board of Medicine; or an agency that employs an LBA, or;
- An LABA (licensed assistant behavioral analyst), under the supervision of an LBA.

EPSDT Behavioral Therapy providers practicing Applied Behavioral Analysis (ABA) must meet all requirements established by the Virginia Board of Medicine.
EPSDT RESIDENTIAL
BEHAVIORAL TREATMENT
EPSDT Residential Request Approval

• EPSDT will review requests when the recipients have a developmental or intellectual disability which would not benefit from standard psychiatric treatment.

• Examples would be children with severe behavioral problems associated with autism or brain injury.
Residential Behavioral Therapy

- EPSDT Residential Treatment is required when the individual requires comprehensive treatment from multiple licensed disciplines.
- Providers must have documentation from a licensed mental health professional and EPSDT screener that the proposed therapy will improve the functional behavioral and communicative abilities so that maladaptive behavioral needs can be effectively managed by the family.
EPSDT RESIDENTIAL SUBSTANCE ABUSE TREATMENT
EPSDT Substance Abuse Residential Treatment

- EPSDT will review requests when the recipient has substance abuse as a primary diagnosis.
- If the primary diagnosis is psychiatric, the request will be reviewed by Magellan, the Behavioral Health Service Administrator for DMAS.
EPSDT
SPECIALIZED INPATIENT SERVICES
The EPSDT program provides inpatient services when the individual requires intensive treatment and also requires management of multiple health conditions that cannot be effectively managed in a less intensive treatment setting.
EPSDT Inpatient Treatment Settings

Inpatient Settings May Vary According to Treatment Needs:

- EPSDT inpatient services may be provided in inpatient settings based on the individual’s complex healthcare needs.

- Individuals must be medically unstable due to medical conditions that require inpatient services to manage, treat and stabilize the medical condition and facilitate a return to a lower level of care.
Inpatient Examples

Some examples of conditions that may benefit from EPSDT inpatient treatment are:

- Eating Disorders
- Complex Neurological Conditions
- Acquired Brain Injury
- Other conditions with medical instability being the prime reason for admission.
EPSDT
MEDICAL FORMULA
What is covered?

- Medically necessary formula and medical foods when used under physician direction to augment dietary limitations or provide primary nutrition via enteral or oral feeding methods

- Medical formula and nutrition supplements must be physician recommended to correct or ameliorate a health condition that requires specialized formula and medical foods to supplement diet due to metabolic limitations or provide primary nutrition.
What is Not Covered?

- Routine infant formula is not covered
- Chapter 4 of the DMAS Durable Medical Equipment (DME) provider manual defines EPSDT medical formula criteria.
KePRO’s website has information related to the service authorization processes for all Medicaid programs they review.

Fax forms, service authorization checklists, trainings, methods of submission and much more are on KePRO’s website. Providers may access this information by going to http://dmas.kepro.com.

KePRO may also be reached by the following:
- Phone: 1-888-827-2884
- Fax: 1-877-OKBYFAX or 1-877-652-9329.
Magellan Service Authorization

- DMAS contracts with a Behavioral Health Services Administrator (BHSA) to provide care coordination of behavioral health services that are not currently provided through a managed care organization.

- The current BHSA is Magellan of VA. Magellan has a centralized contact number (1-800-424-4046) for Medicaid/FAMIS members and providers. The Call Center is available 24 hours a day, 365 days a year.

- All calls related to fee-for-service behavioral health services, including EPSDT Behavioral Therapy, should go to the BHSA Call Center.
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<th>Service</th>
<th>Contact Information</th>
<th>Coverage for children enrolled in FAMIS MCOs*</th>
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<tr>
<td>Assistive Technology</td>
<td>Contact MCO * &lt;br&gt;Contact EPSDT Care Coordinator for provider list &lt;br&gt;(804)786-1493</td>
<td>Not covered</td>
</tr>
<tr>
<td>Hearing Aids</td>
<td>Contact MCO * &lt;br&gt;Search for audiologists by clicking on the Search for Providers link under the Quick Links heading on the DMAS website <a href="http://www.virginiamedicaid.dmas.virginia.gov">www.virginiamedicaid.dmas.virginia.gov</a></td>
<td>Yes, covered through MCO*</td>
</tr>
<tr>
<td>Private Duty Nursing</td>
<td>Contact MCO * &lt;br&gt;Search for home health agencies by clicking on the Search for Providers link under the Quick Links heading on the DMAS website <a href="http://www.virginiamedicaid.dmas.virginia.gov">www.virginiamedicaid.dmas.virginia.gov</a></td>
<td>Yes, covered through MCO*</td>
</tr>
<tr>
<td>Behavioral Therapy (including ABA)</td>
<td>Contact Magellan (800)424-4046</td>
<td>Not covered</td>
</tr>
<tr>
<td>Personal Care</td>
<td>Search for personal care agencies by clicking on the Search for Providers link under the Quick Links heading on the DMAS website <a href="http://www.virginiamedicaid.dmas.virginia.gov">www.virginiamedicaid.dmas.virginia.gov</a></td>
<td>Not covered</td>
</tr>
<tr>
<td>Specialized Formula</td>
<td>Search for DME agencies by clicking on the Search for Providers link under the Quick Links heading on the DMAS website <a href="http://www.virginiamedicaid.dmas.virginia.gov">www.virginiamedicaid.dmas.virginia.gov</a></td>
<td>Yes, covered through DMAS DME providers</td>
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*Contact information for Managed Care Organizations (MCOs) can be found at [www.virginiamanagedcare.com](http://www.virginiamanagedcare.com) or by calling the Medicaid Managed Care Help Line at 1-800-643-2273.*
EPSDT Contacts

**Ashley Harrell**
MCH Program Policy and Services Manager
(804) 371-7824
Ashley.Harrell@dmas.virginia.gov

**Anne Young**
EPSDT Services Supervisor
(804) 371-2635
Anne.Young@dmas.virginia.gov

**Sue Klaas**
EPSDT Clinical Reviewer
(804) 225-2736
Suzanne.Klaas@dmas.virginia.gov

For assistance with locating service providers contact:

**Marilyn Miller**
(804) 786-3712
Marilyn.Miller@dmas.virginia.gov

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Service Requests may be mailed to:

DMAS
Maternal and Child Health Division
600 E. Broad St., Ste 1300
Richmond VA, 23219

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Use the Web to find forms and more information!

http://dmasva.dmas.virginia.gov/

http://dmasva.dmas.virginia.gov/Content_pgs/mch-home.aspx

DMAS Web Portal:

www.virginiamedicaid.dmas.virginia.gov/wps/portal