

Patient/Client Name: _____

Date: _____

Screener Name: _____

Date: _____

Reviewed by Qualified Provider: _____

Date: _____

Behavioral Health Risks Screening Tool

for Pregnant Women and Women of Childbearing Age

Provider Tool

Women and their children's health can be affected by emotional problems, alcohol, tobacco, other drug use and violence. Women and their children's health are also affected when these same problems are present in people who are close to them. Alcohol includes beer, wine, wine coolers, liquor and spirits. Tobacco products include cigarettes, cigars, snuff and chewing tobacco.

1. Have you smoked any cigarettes or used any tobacco products in the past three months?	TOBACCO		YES <input type="checkbox"/>		NO <input type="checkbox"/>
2. Did any of your parents have a problem with alcohol or other drug use?	PARENTS		YES <input type="checkbox"/>		NO <input type="checkbox"/>
3. Do any of your friends have a problem with alcohol or other drug use?	PEERS		YES <input type="checkbox"/>		NO <input type="checkbox"/>
4. Does your partner have a problem with alcohol or other drug use?	PARTNER		YES <input type="checkbox"/>		NO <input type="checkbox"/>
5. In the past, have you had difficulties in your life due to alcohol or other drugs, including prescription medications?	PAST		YES <input type="checkbox"/>		NO <input type="checkbox"/>
6. Check YES if she agrees with any of these statements. In the past month, have you drunk any alcohol or used other drugs? - How many days per month do you drink? _____ - How many drinks on any given day? _____ - How often did you have 4 or more drinks per day in the last month? _____	PRESENT		YES <input type="checkbox"/>		NO <input type="checkbox"/>
7. Check YES if she agrees with any of these statements. In the past 7 days, have you: - Blamed yourself unnecessarily when things went wrong? - Been anxious or worried for no good reason? - Felt scared or panicky for no good reason?	EMOTIONAL HEALTH			YES <input type="checkbox"/>	NO <input type="checkbox"/>
8. Are you currently or have you ever been in a relationship where you were physically hurt, choked, threatened, controlled, or made to feel afraid?	VIOLENCE		YES <input type="checkbox"/>		NO <input type="checkbox"/>

PROVIDER USE ONLY

Review risk.

Review substance use, set healthy goals.

Review and/or administer full AAS or Relationship Assessment Tool / WEB screening. See instructions.

Review and/or administer PHQ-9 if not pregnant / Edinburgh PDS-10 if pregnant. See instructions.

Brief Intervention/Brief Treatment	Y	N	NA
Did you State your medical concern?			
Did you Advise to abstain or reduce use?			
Did you Check patient's reaction?			
Did you Refer for further assessment?			
Did you Provide written information?			

Develop a follow up plan with patient.

Moderate drinking for non-pregnant women is one drink per day. Women who are pregnant or planning to become pregnant should not use alcohol, tobacco, illicit drugs or prescription medication other than as prescribed.

Virginia's Behavioral Health Risks Screening Tool for Pregnant Women and Women of Childbearing Age

The Virginia Department of Behavioral Health and Developmental Services (DBHDS), Department of Medical Assistance Services (DMAS) and Department of Health (VDH) developed the *Behavioral Health Risks Screening Tool for Pregnant Women and Women of Childbearing Age* based on the Integrated Screening Tool developed by the Institute for Health and Recovery (IHR). IHR's tool may be located online at www.mhqp.org/guidelines/perinatalPDF/IHRIntegratedScreeningTool.pdf. Virginia follows Bright Futures Guidelines (www.brightfutures.org/mentalhealth) as a framework for prevention and use of standardized screening tools.

The purpose of the *Behavioral Health Risks Screening Tool for Pregnant Women and Women of Childbearing Age* is to encourage providers to use a standardized screening tool. This tool is easy and quick to administer. There are two versions of the tool, one to be administered by the practitioner, and the second to be self-administered by the woman to then be reviewed by the practitioner. This tool is meant for a brief screening and to help detect risks, not to assess the severity of the risks. Further assessment with additional tools may be necessary. The practitioner will determine the need for further review, referral and/or intervention necessary. For referral sources in your area, contact Virginia 211.

The table below references a list of standardized screening instruments for behavioral health risks for women of childbearing age as well as pregnant and postpartum women.

ADDITIONAL BEHAVIORAL HEALTH SCREENING TOOLS

<p>Screening Instruments for Women: Substance Use, Mental Health and Intimate Partner Violence</p>
<p>Please visit the Department of Behavioral Health and Developmental Services (DBHDS) website at www.dbhds.virginia.gov/library/document-library/scrn-perinatal-instrumentschart.pdf for an extensive list of State approved screening tools for women</p>
<p>Depression Screening Tools</p>
<p>Edinburgh Postnatal Depression Scale (available in 23 languages) <i>English</i> - http://brightfutures.aap.org/pdfs/Other%203/Edinburgh%20Tool.pdf <i>Spanish</i> www2.aap.org/sections/scan/practicingsafety/Toolkit_Resources/Module2/ESCALA_DE_EDINBURGO1.pdf</p>
<p>Beck Depression Inventory, BDI-II Aaron T. Beck www.pearsonassessments.com/haiweb/cultures/en-us/productdetail.htm?pid=015-8018-370</p>
<p>Primary Care Evaluation of Mental Disorders-Patient Health Questionnaire www.pdhealth.mil/508/guidelines/downloads/appendix2.pdf</p>
<p>Patient Health Questionnaire PHQ-2 www.commonwealthfund.org/usr_doc/PHQ2.pdf</p>
<p>Patient Health Questionnaire PHQ-9 www.dbhds.virginia.gov/library/document-library/scrn-pw-phq9.pdf</p>
<p>Intimate Partner Violence Screening Tools</p>
<p>Women's Experience with Battering (WEB) Scale / Relationship Assessment Tool (English) www.dbhds.virginia.gov/library/document-library/scrn-pw-WEB.pdf Women's Experience with Battering (WEB) Scale / Relationship Assessment Tool (Spanish) www.dbhds.virginia.gov/library/document-library/scrn-pw-WEB-span.pdf Abuse Assessment Screen (AAS) English www.dbhds.virginia.gov/library/document-library/scrn-pw-aas-eng.pdf Abuse Assessment Screen (AAS) Spanish www.dbhds.virginia.gov/library/document-library/scrn-pw-aas-span.pdf</p>
<p>Substance Use Tools</p>
<p>Code of Virginia § 54.1-2403.1 requires that prenatal care providers obtain a substance use history from their pregnant patients. Providers may find the Assist screening tool, which collects information regarding past and current substance, helpful in satisfying this requirement: www.who.int/substance_abuse/activities/assist/en/</p>