



# A Healthy Virginia

## Medallion 3.0 Behavioral Health Home Regional Pilot Programs Quarterly Update



Health Care Services Division

December 2015

*DMAS and DBHDS share the belief that it is important to the medical and behavioral health needs of individuals with serious mental illness to assure the right care in the right place at the right time. The Behavioral Health Home Pilot Initiative supports this belief.*

### Behavioral Health Home Pilot Links

#### Medallion 3.0 BHH Program

#### Medallion 3.0 BHH Key Points

#### Medallion 3.0 Behavioral Health Home Regional Pilot Programs (Click Ctrl + Plan Name)

[Anthem HealthKeepers Plus](#)

[Coventry Cares](#)

[INTotal](#)

[Optima Family Care](#)

[VA Premier Health Plan](#)

### Regional Pilot Areas

- ◆ Central—Coventry & Anthem
- ◆ Northern VA—INTotal
- ◆ Tidewater—Optima
- ◆ Southwest—VA Premier



As a part of Governor McAuliffe's—A Healthy Virginia plan, the Department of Medical Assistance Services is excited to announce the implementation of five regional behavioral health home (BHH) pilot programs effective July 1, 2015. The initial BHH pilots coordinate care for selected members with serious mental illness (SMI) who received Medicaid benefits through the Medallion 3.0 Medicaid program in 2014.

Currently, the Medallion 3.0 programs are on track in providing patient-centered, coordinated care through “whole person” philosophy of treatment that calls for a team-based approach to health care including primary, acute, behavioral health, and some substance abuse services.

As of this M3 BHH update there are 198 people being served in the pilot programs.

Clickable links are provided on the left column of the page to provide further details about each health plan's approach to patient-centered care coordination. Also available at visit [www.dmas.virginia.gov](http://www.dmas.virginia.gov)

These health homes adopt the “whole person” philosophy of treatment that calls for a team-based approach to health care including primary, acute, behavioral health, and some substance abuse services.

MCO enthusiasm for the health home model of care and improving the lives of people with SMI drove the development and design of the BHH pilots. The pilots aim to improve care quality and decrease care costs over time for the selected and enrolled individuals. The BHH pilots will be evaluated annually.



Source: National Institute of Mental Health (NIMH)  
October 2015

### Key Quality Measures of Pilot Achievements

- ◆ Successful monthly member contact with BHH Care Team
- ◆ HEDIS Measure: Follow-up Behavioral Health Hospitalization (30 day)
- ◆ Establishing Person-Centered Care Plans
- ◆ Coordinated Care Between Behavioral Health and Medical Providers

### General Inquiries

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# A Healthy Virginia Medallion 3.0 Behavioral Health Home Regional Pilot Programs



Health Care Services Division

December 2015

## MCO Behavioral Health Home Pilot Programs

**Anthem** The first to integrate all services. Case management, care coordination, non-traditional BH services, transition of care, community support service links

**Coventry** Behavioral home health team, Gold Care prior authorization, community and social support links, health promotion, and transitional planning.

**INTotal** Member-centered, multidisciplinary care management and psychiatric consultants.

**Optima** Continuing care strategies, intensive care management and coordination, community support links, community mental health services and transitional care.

**VA Premier** Focus on preventative health and wellness, transition care, care management including all disciplines. Use of telemedicine and telehealth services.

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As a part of Governor McAuliffe's—A Healthy Virginia plan, the Department of Medical Assistance Services is excited to announce the implementation of five regional behavioral health home (BHH) pilot programs effective July 1, 2015. The initial BHH pilots will coordinate care for 350 selected members with serious mental illness (SMI) who received \$9M in Medicaid benefits through the Medallion 3.0 Medicaid program in 2014.

### Medallion 3.0 BHH Key Points

- ◆ Pilot program structure assures adults with SMI benefit from coordinated behavioral health and medical care
- ◆ Each plan offers a unique care model in different regions of the state with a variety of partners
- ◆ Team-based care coordination driven by providers who consult one another and are dedicated to improving the lives of people suffering with SMI
- ◆ Developed outside the confines of the Affordable Care Act section 2703— State option to establish Health Home care model— allowed structure flexibility and faster implementation
- ◆ Consistent with Commonwealth Coordinated Care (CCC) program - provides coordinated behavioral health and

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MCO enthusiasm for the health home model of care and improving the lives of people with SMI drove the development and design of the BHH pilots. BHH pilots aim to improve care quality and decrease care costs for the selected individuals enrolled in the pilots. The BHH pilots will be evaluated quarterly and annually.

### Key Quality Measures of Pilot Achievements

- ◆ Successful monthly member contact with BHH Care Team
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