MEDICAID MEMBER ADVISORY COMMITTEE

November 18, 2019

Ellen Montz, PhD
Chief Economist
Director of Health Economics and Economic Policy
Provide analysis, strategic guidance and develop policies to:
1. Improve the outcomes of the Commonwealth’s Medicaid and FAMIS beneficiaries
2. Promote cost effective and efficient delivery of care

Office of Quality and Population Health
Office of Value-Based Purchasing
Office of Data Analytics
HEEP role in agency priorities

Healthy Birthday, Virginia
- As part of the Governor’s initiative to eliminate the racial disparities in maternal mortality by 2025, HEEP has been leading the agency to establish measures of maternal health and develop policies to reduce disparities
- On July 1, DMAS announced the Healthy Birthday initiative expanding the Governor’s call to action.

Well-Being of Vulnerable Populations
- Monitor utilization of services and provider compliance with standard of care for vulnerable populations, including Addiction Recovery and Treatment Services (ARTS) and Commonwealth Coordinated Care Plus (CCC Plus)
- Collaborate with academic institutions to survey members and providers on experience with care

Medicaid Expansion
- Identify commonly used services, monitor provider capacity, track member access to services, identify regional variation in access to care
- Partner with academic institutions to survey members and providers on experiences with care prior to expansion, hopes for coverage and barriers to care
HEEP partnered with VCU Department of Health Behavior and Policy
CCC+ members were surveyed 6 months after transitioning to managed care

- Half of respondents report food insecurity and nearly 1 in 5 reporting unstable housing
- One-third of members report living alone, including those who report difficulty with basic activities of daily living, such as getting in and out of bed

**Food Insecurity**
(Enough Food to Last the Month)

- Food Insecure 50%
- Food Secure 50%

**Housing Insecurity**
(No Housing or Worried about Losing Housing)

- Housing Secure 82%
- Housing Insecure 18%
Nearly half of new CCC Plus survey respondents requested assistance from their care coordinator.

Service Assistance Requested from Care Coordinators

- Any Service: 48%
- Prescriptions: 27%
- Primary Care: 24%
- Specialty Care: 19%
- Personal Assistance: 17%
- Mental Health: 12%
- Food/Housing: 12%
- Equipment Needs: 11%
Medicaid Expansion

- On January 1, Virginia became the **33rd state to expand coverage to adults ≤ 138% FPL**.
- **More than 325,000 members** are enrolled in expansion as of October 1, with more than 375,000 members enrolled at some point since January.
Who Qualifies for Virginia Medicaid Under Expansion?

- **Children 0-18 (family of 3)**
  - 205% FPL ($43,727)

- **Pregnant Members (eg., family of 3)**
  - 205% FPL ($43,727)

- **Person With Disability**
  - 80% FPL ($9,992)
  - 138% FPL ($17,237)

- **Parents (eg., family of 3)**
  - 33% FPL ($8,112)
  - 138% FPL ($29,436)

- **Childless Adults**
  - 138% FPL ($17,237)

*Percent income may vary by locality*
Where are our new members?

Total Number of Members Enrolled

- 21
- 21,532

Percent of Adult Population Enrolled in Medicaid Expansion

- 1%
- 18%
Who are our new members?

Gender

<table>
<thead>
<tr>
<th>Expansion Adults</th>
<th>Non-Expansion LIFC Adults</th>
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</thead>
<tbody>
<tr>
<td>Women 59%</td>
<td>Women 82%</td>
</tr>
<tr>
<td>Men 41%</td>
<td>Men 18%</td>
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Age

<table>
<thead>
<tr>
<th>Expansion Adults</th>
<th>Non-Expansion LIFC Adults</th>
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<tbody>
<tr>
<td>19-34 years</td>
<td>19-34 years</td>
</tr>
<tr>
<td>35-54 years</td>
<td>35-54 years</td>
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<tr>
<td>55+ years</td>
<td>55+ years</td>
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In the year prior to enrolling in Medicaid...

Two-thirds of new members went without needed medical care

- New members went without needed primary care (59%) and a needed prescription (57%)
- New members went without needed mental health care (22%) and substance use disorder treatment (8%)
- New members went without needed dental care (67%) and eye glasses (51%)
- One in four (25%) of new members used the emergency room as their primary source of care
Healthcare after enrolling in Medicaid

- Of the total number of members enrolled in expansion, 80% have used at least one service
- More than 60% of members have had a general office visit
- About two-thirds have filled a prescription
- More than 10% have required emergency dental services
- More than 3,800 members have been treated for cancer
Health of Expansion Adults

- On average, the expansion population has been diagnosed with more chronic conditions than non-expansion adults.

![Graph showing prevalence of chronic conditions](image)

### Prevalence of Chronic Condition Diagnoses

- **Hypertension**
  - Medicaid Expansion: 20%
  - Non-Expansion LIFC Adults: 14%

- **Diabetes**
  - Medicaid Expansion: 6%
  - Non-Expansion LIFC Adults: 5%

- **Heart Disease**
  - Medicaid Expansion: 4%
  - Non-Expansion LIFC Adults: 3%
Who are our new members?

Based on a VCU survey of 1,500 new members...

**Employment**
- More than two-thirds of expansion members are either working, in school or retired
- 37% of new members report having a health condition that prevents part or full-time employment

**Medical Expenses**
- More than one in four new members reported at least $500 in out of pocket medical expenses in the year prior to expansion
- Two-thirds of new members report difficulty paying medical bills in the year prior to expansion

**General Expenses**
- 71% worried about paying rent or a mortgage in the year prior to expansion
- 70% worried about not having enough money for food in the year prior to expansion
Member hopes for Medicaid expansion

“I will hopefully get the mental health assistance that I desperately need.”

“Getting the yearly mammogram after missing last year.”

“Having less stress worrying about healthcare coverage.”