BabyCare is a program for pregnant women receiving services through FAMIS, FAMIS Plus, FAMIS MOMS or Medicaid and who are not currently enrolled in a Managed Care Organization (MCO). Women enrolled in an MCO should contact their MCO for information on pregnancy programs.

The BabyCare Program includes:

- **Case Management Services** for pregnant women who are at higher risk for problems during pregnancy.
- **Expanded Services** for pregnant women including childbirth and parenting classes, nutrition services, homemaker services for women on bed rest, and substance abuse treatment services.

A pregnant woman may be considered at higher risk if she:

- has high blood pressure, diabetes, asthma, or another medical condition
- is expecting twins or triplets
- had a previous miscarriage or a baby born much earlier than the expected due date
- is a teen or over 35 years old
- uses certain medicines prescribed by a doctor, smokes, drinks alcohol, or uses other drugs
- is in an abusive relationship
- does not have a permanent home
- suffers from depression or other mental health issues
- has not gained enough or gained too much weight during pregnancy
- was underweight or overweight before becoming pregnant

Ask your health care provider about the BabyCare Program

For more information, call 804-786-6134

RVSD 0307

BabyCare is a program of the Commonwealth of Virginia