The Centers for Medicare and Medicaid Services: SUPPORT Act Section 1003 Grant

SUPPORT ACT GRANT
MONTHLY STAKEHOLDER MEETING
FEBRUARY 8, 2021

The Virginia Department of Medical Assistance Services (DMAS) SUPPORT Act Grant projects are supported by the Centers for Medicare and Medicaid Services (CMS) of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling $4,836,765 with 100 percent funded by CMS/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by CMS/HHS, or the U.S. Government.
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Welcome and Meeting Information

- We have an ‘open’ meeting format to allow participation and questions

- Please make sure your line is muted if you are not speaking
  - We will mute all lines if there is a lot of background noise

- If you are having issues with audio, please type questions or comments in the chat box.
Everyone is muted at the beginning of the webinar – when you are ready to ask a question, please click the red microphone button to unmute. When you are finished, please click it again to mute your line.
## Agenda

<table>
<thead>
<tr>
<th>Item</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Welcome and Overview</td>
<td>10:00 - 10:10</td>
</tr>
<tr>
<td>SUPPORT Act Grant Updates</td>
<td>10:10 - 10:30</td>
</tr>
<tr>
<td>Brightspot Assessment Overview</td>
<td>10:30 – 11:00</td>
</tr>
<tr>
<td>Q&amp;A and Next Steps</td>
<td>11:00 - 11:15</td>
</tr>
</tbody>
</table>
Overview of SUPPORT Grant Initiatives

Notice of Award: September 18, 2019

Period of Performance: September 30, 2019 to September 29, 2021 (18 months + 6 month no cost extension)

Approved Budget: $4.8 million

Components
1. Need assessment
2. Strengths-based assessment
3. Activities to increase provider capacity
Virginia Medicaid’s SUPPORT Act Grant Goals:

- Learn from Addiction and Recovery Treatment Services (ARTS) program
  - Appreciate successes
  - Learn from challenges
- Decrease barriers to enter workforce
- Focus on specific subpopulations
  - Justice-involved
  - Pregnant and parenting members
- Maintain our core values
  - Person-centered, strengths-based, recovery-oriented
Grant Team

• Alyssa Ward, Ph.D., LCP, Director, Division of Behavioral Health
• Ashley Harrell, LCSW, Project Director & ARTS Senior Program Advisor
• Jason Lowe, MSW, CPHQ, Grant Manager
• Christine Bethune, MSW, Grant Coordinator
• Paul Brasler, MA, MSW, LCSW, Behavioral Health Addiction Specialist
• John Palmieri, Data Analyst
• Tiarra Ross, Budget Analyst
• Trenece Wilson, Policy and Planning Specialist
• Adam Creveling, MSW, CPRS, Grant Program Specialist
SUPPORT ACT GRANT UPDATES
FEBRUARY 2021
Projects Update

- Medication Assisted Treatment/Peer Recovery Services in EDs pilot – Virginia Hospital and Healthcare Association Foundation
  - The Settlement Agreement has been executed and the contract has been terminated.
  - Next Steps:
    - Continue reallocation plan/Contract Procurement
      - Subawards
      - Emergency Department Virtual Bridge Clinic Models
      - ASAM Waiver Trainings
SUPPORT Act Grant Updates: February

Projects Underway

• Subawards
  ▪ Seven applications were selected
  ▪ January Subaward Kick-Off Meeting
  ▪ Subcontractors will present on their projects later this summer during a stakeholder meeting
Subaward Projects

Projects focus on:

- Peer Recovery Supports
- Community engagement
- Provider training
- Telehealth
- Care Coordination
- Members who are justice involved
- Members who are pregnant and parenting
- Hepatitis C testing and treatment
- Harm Reduction
Projects Underway

• Needs assessment: VCU Department of Health Behavior and Policy
  ▪ Continuum of care needs assessment
  ▪ ARTS member surveys and interviews
  ▪ Buprenorphine-waivered prescriber analysis and survey

• Brightspot assessment: VCU Wright Center
  ▪ Training pre/post-test implemented – take part for your chance to win an Amazon gift card!
  ▪ Project ECHO opportunities
  ▪ Data visualization - HealthLandscape in development
  ▪ Brightspot Analysis
Projects Underway

• Policy Landscape Analysis – analyze policy options for Virginia in response to changes introduced by the SUPPORT Act
  ▪ Manatt Health and State Health Partners continue to meet with workgroups and interview stakeholders to inform policy landscape
  ▪ Upcoming workgroup schedule:
    • February – MCO Contracting Strategies/Care Coordination
    • March – Data, Privacy, and Confidentiality Issues
    • April – Value Based Payments
Projects Underway

• SUMS Project – Substance Use Disorder, Medicaid, and the Criminal Justice System
  ▪ Contract lead: Health Management Associates (HMA)
  ▪ HMA is currently working on community stakeholder surveys and focus group designs
  ▪ Grant team and HMA are working with DOC and related partners on demonstration site selections and outreach – two DOC facilities and two local/regional jails.
Upcoming Special Projects

• Buprenorphine Providers Workgroup
  ▪ Kickoff in early 2021
  ▪ Looking for volunteers
  ▪ Interested in front-line perspective
  ▪ Goal is to identify opportunities to increase provider capacity

• Peer Recovery Services Symposium
  ▪ Implementing PRS
  ▪ Overcoming obstacles
  ▪ Your input is appreciated! Please email the Grant inbox – SUPPORTgrant@dmas.virginia.gov
SUPPORT Act Grant Updates: February

Upcoming Special Training Opportunity – On Hold

SUPPORT Act Grant is excited to be working with Carilion Health to offer a free Buprenorphine Waiver Training on February 12, 2021.

More information about this training is coming soon, please email SUPPORTgrant@dmas.virginia.gov to be added to the mailing list to receive updates about this event.
Virginia’s OUD Brightspots: Preliminary Findings

Jacqueline Britz, MD MSPH
Heather Saunders, MSW, PhD student
February 8, 2021
Acknowledgements

- Virginia Department of Medical Assistance Services
- Funded by DMAS SUPPORT Act Grant
- VCU Team: Alex Krist, Roy Sabo, Martin Lavallee, Alicia Richards, Alison Huffstetler, Gerry Moeller
- Virginia Department of Health: Rosie Hobron, Ryan Diduk-Smith
The Opioid Epidemic in Virginia

1,059 deaths in 2018

3 Virginians die per day

Virginia Department of Health 2018 Data
Fatal opioid overdoses

- 'All Opioids' include all versions of fentanyl, heroin, prescription opioids, U-47700, and opioids unspecified
- 'Opioids Unspecified' are a small category of deaths in which the determination of heroin and/or one or more prescription opioids cannot be made due to specific circumstances of the death. Most commonly, these circumstances are a result of death several days after an overdose, in which the OCME cannot test for toxicology because the substances have been metabolized out of the decedent’s system.
- Fatal opioid numbers have changed slightly from past reports due to the removal of fentanyl from the category of prescription opioids, as well as the addition of buprenorphine, levorphanol, meperidine, pentazocine, propoxyphene, and tapentadol added to the list of prescription opioids.

Total Number of Fatal Opioid Overdoses by Quarter and Year of Death, 2007-2020*

Data for 2020 is a Predicted Total for the Entire Year

- Q4 2007: 156
- Q4 2008: 151
- Q4 2009: 136
- Q4 2010: 131
- Q4 2011: 168
- Q4 2012: 179
- Q4 2013: 202
- Q4 2014: 201
- Q4 2015: 208
- Q4 2016: 298
- Q4 2017: 312
- Q4 2018: 292
- Q4 2019: 371
- Q4 2020: 508

Total Fatalities:
- 2007: 516
- 2008: 538
- 2009: 530
- 2010: 498
- 2011: 601
- 2012: 572
- 2013: 684
- 2014: 775
- 2015: 812
- 2016: 1138
- 2017: 1230
- 2018: 1215
- 2019: 1298
- 2020: 1883

Slide Credit: Rosie Hobron, Virginia Department of Health
https://www.vdh.virginia.gov/medical-examiner/forensic-epidemiology/
The Brightspot Project

- Aim: To identify communities with better-than-expected opioid use disorder outcomes
- Informing future research, including qualitative interviews
What is a Brightspot?

Communities in Virginia with better-than-expected opioid use disorder outcomes
Creating a Culture of Health in Appalachia

- 420 Appalachian Region’s counties assessed on a range of health, socioeconomic, and other indicators
- Funded by Robert Wood Johnson Foundation

Opioid-related deaths/1000
Methods

1. Phase 1: Identifying Brightspot Communities
   - Which communities in Virginia have positive opioid-related health outcomes?

2. Phase 2: Multivariate Analysis
   - Identify factors and interventions most closely associated with decreased opioid-related deaths
Phase 1.
Methods to Develop Brightspots

- Literature review of pertinent metrics
- Review of other Brightspot initiatives
- Development of logic model
- Identified preliminary communities as Brightspots
- Identified communities with multiple Brightspots
Individual

Low access to opioids, high risk person linked with services, addiction avoided

Narcan administered, Death avoided

Adverse event: Death, Overdose, ED admit, NAS

Brightspot Logic Model Overview

Individual Factors
Community/Living Environment
Community Services
Healthcare/Treatment
Emergency/Harm Reduction
Data Sources

- AMERICAN COMMUNITY SURVEY
  - Poverty rate
  - Disability
  - Age, gender
  - Race/ethnicity
  - Education
  - Employment

- BUPRENORPHINE WAIVERED PROVIDERS
  - Suboxone providers

- ALL PAYER CLAIMS DATABASE
  - ED visits for overdoses
  - ED visits for opioid-related disorders
  - OP visits for OUD
  - Prescriptions for naloxone, opioids, MAT

- VIRGINIA DEPT. OF HEALTH
  - Fatal opioid overdoses
## Brightspot Communities

<table>
<thead>
<tr>
<th>Brightspot</th>
<th>Metrics</th>
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<tbody>
<tr>
<td>Safe Opioid Prescribing Practices</td>
<td>Opioid prescriptions/1000</td>
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<tr>
<td>Medication-Assisted Treatment</td>
<td>Buprenorphine-waivered providers/1000</td>
</tr>
<tr>
<td></td>
<td>Buprenorphine prescriptions/1000</td>
</tr>
<tr>
<td></td>
<td>Methadone prescriptions/1000</td>
</tr>
<tr>
<td>High Supply for Demand</td>
<td>High rate of Buprenorphine-waivered providers/1000 in zip code with high rate of visits for OUD</td>
</tr>
<tr>
<td>Harm Reduction</td>
<td>Naloxone prescriptions/1000</td>
</tr>
<tr>
<td>Low Mortality and Morbidity</td>
<td>Opioid-related deaths/1000</td>
</tr>
<tr>
<td></td>
<td>ED visits for opioid overdose/1000</td>
</tr>
<tr>
<td></td>
<td>ED visits for any opioid-related disorder/1000</td>
</tr>
<tr>
<td></td>
<td>Outpatient visit for opioid-related disorder/1000</td>
</tr>
</tbody>
</table>
Brightspot Communities

- Safe Opioid Prescribing Practices
- Medication Assisted Treatment
- High Supply for Demand
- Harm Reduction
- Low Mortality/Morbidity
Brightspot Communities

- Medication Assisted Treatment
- High Supply for Demand
- Low Mortality/Morbidity
Workforce Brightspot: Suboxone Providers per 1000 by Zip Code
<table>
<thead>
<tr>
<th>County</th>
<th>Zip</th>
<th>Suboxone Providers/1000</th>
<th>Number Suboxone Providers</th>
<th>Population</th>
</tr>
</thead>
<tbody>
<tr>
<td>Richmond City</td>
<td>23219</td>
<td>8.3</td>
<td>37</td>
<td>4435</td>
</tr>
<tr>
<td>Northampton</td>
<td>23354</td>
<td>6.7</td>
<td>1</td>
<td>149</td>
</tr>
<tr>
<td>Williamsburg City</td>
<td>23187</td>
<td>4.1</td>
<td>1</td>
<td>239</td>
</tr>
<tr>
<td>Portsmouth City</td>
<td>23708</td>
<td>2.1</td>
<td>1</td>
<td>476</td>
</tr>
<tr>
<td>Roanoke City</td>
<td>24014</td>
<td>1.9</td>
<td>34</td>
<td>17401</td>
</tr>
<tr>
<td>Accomack</td>
<td>23418</td>
<td>1.8</td>
<td>2</td>
<td>1100</td>
</tr>
<tr>
<td>Norfolk City</td>
<td>23507</td>
<td>1.7</td>
<td>12</td>
<td>6715</td>
</tr>
<tr>
<td>Henrico</td>
<td>23230</td>
<td>1.5</td>
<td>10</td>
<td>6505</td>
</tr>
<tr>
<td>Augusta</td>
<td>22939</td>
<td>1.3</td>
<td>8</td>
<td>5983</td>
</tr>
<tr>
<td>Rappahannock</td>
<td>22627</td>
<td>1.2</td>
<td>1</td>
<td>801</td>
</tr>
</tbody>
</table>
Suboxone Providers in Richmond Area
Suboxone Providers in Roanoke Area
Brightspot Communities

- Medication Assisted Treatment
- High Supply for Demand
- Low Mortality/Morbidity
Suboxone Providers in Richmond Relative to Need
Williamsburg, VA

OP Visits for Opioid-Related Disorder/1000

Suboxone Providers/1000
Brightspot Communities

- MEDICATION
- ASSISTED TREATMENT
- HIGH SUPPLY FOR
- DEMAND
- LOW MORTALITY/
- MORBIDITY
Opioid-Related Morbidity and Mortality

Opioid-Related Mortality/1000 ED Visits for Opioid Overdoses/1000

Opioid-Related Morbidity and Mortality
Change in Death 2015-2018 per 1000
Hampton, VA and Peary, VA

Largest improvement in mortality between 2015 and 2018
High OP Visits for OUD/1000

High Number of Suboxone Providers/1000

Low Opioid-Related Mortality/1000

South Hill Virginia
Northampton (Delmarva Peninsula)

High OP Visits for OUD/1000  High Number of Suboxone Providers/1000  Low Opioid-Related Mortality/1000
Washington County

High OP Visits for OUD/1000

Low ED Visits for Opioid Overdose/1000

High Number of Suboxone Providers/1000

Low Opioid-Related Mortality/1000
Limitations

- Defining communities
- Zip codes with small population
- Adjusting for confounding factors
- Correlation/causation
Next steps

- Adjusting for disability/poverty
- Specific queries
  - Prescriptions for naloxone, suboxone/methadone, opioids
  - Insurance status
  - Mapping outcomes by type of opioid
- Multivariate analysis
Conclusions
Questions/Comments?

Jacqueline Britz – Jacqueline.britz@vcuhealth.org
Heather Saunders – Heather.saunders@vcuhealth.org
Questions for the Audience

• Data at zip code, county, or health district level
• Assessing improvement of death rates with time
• Proxy for assessing burden of OUD within a community
• Other ideas for analyses and metrics
Please unmute yourself or use the chat feature in WebEx to submit your questions.
SUPPORT Website

DMAS Home Page:
https://www.dmas.virginia.gov/#/index

ARTS Home Page:
https://www.dmas.virginia.gov/#/arts

SUPPORT Grant:
https://www.dmas.virginia.gov/#/artssupport
Want a copy of today’s slides?

Stakeholder meeting slides will be posted on the SUPPORT Act Grant Website: [https://www.dmas.virginia.gov/#/artssupport](https://www.dmas.virginia.gov/#/artssupport)

### Information
- Virginia Medicaid Agency Awarded Federal Grant to Combat Opioid Crisis [pdf]
- Summary of Virginia’s SUPPORT Act Goals and Activities [pdf]
- Accessibility Notice [pdf]

### Resources
- UCSF National Clinician Consultation Center Warmline [pdf]
- COVID-19 Resource Library [pdf]

### Monthly Stakeholder Meetings
- October 2020 [pdf]
- September 2020 [pdf]
- August 2020 [pdf]
- July 2020 [pdf]
- June 2020 [pdf]
- May 2020 [pdf]
- April 2020 [pdf]
- March 2020 [pdf]

### SUPPORT 101 Webinars
- Session Twenty: “Novel” Substances [pdf]
- Session Nineteen: SUD & LGBTQ+ Clients [pdf]
- Session Eighteen: SUD & Legally-Involved Clients [pdf]
- Session Seventeen: Alcohol & Cannabis [pdf]
- Session Sixteen: SUD and the Family [pdf]
- Session Fifteen: SUD & Cultural Humility [pdf]
- Session Fourteen: Addressing SUD Stigma and Building Provider Empathy [pdf]
- Session Thirteen: Group Therapy Skills [pdf]
- Session Twelve: Individual Therapy Skills [pdf]
- Session Eleven: Co-Occurring Disorders [pdf]
- Session Ten: Screening and Assessment for SUD [pdf]
- Session Nine: SUD Treatment Introduction [pdf]
- Session Eight: Opioids and Stimulants Overview [pdf]
- Session Seven: Substance Use Disorders (SUD) Overview [pdf]
- Session Six: Providing Trauma-Informed Care [pdf]
- Session Five: Withdrawal Syndromes [pdf]
- Session Four: Crisis and Deescalation [pdf]
- Session Three: Suicide Assessment and Screening [pdf]
- Session Two: Client Engagement [pdf]
- Session One: Tele-Behavioral Health in the Time of COVID-19 [pdf]
- Dr. Mishka Terplan - Pregnant and Postpartum Care for SUD during COVID-19 [pdf]
- Dr. Mishka Terplan - HIV and HCV Updates [pdf]
- Dr. Mishka Terplan - Chronic Pain and Addiction Treatment [pdf]

### Fall 2020 Webinars
- Video: How to Set Up a Preferred OBOT Webinar
- Slide Deck: How to Set Up a Preferred OBOT Webinar [pdf]
- Video: Hepatitis C Treatment Webinar
- Slide Deck: Hepatitis C Treatment Webinar [pdf]
- Fall 2020 Webinar Schedule [pdf]
Addiction and Recovery Treatment Services (ARTS) Contacts

ARTS Questions:
• ARTS Helpline number: 804-593-2453
• Email: SUD@dmas.Virginia.gov
• Website: http://www.dmas.virginia.gov/#/arts

SUPPORT Act Grant Questions:
• SUPPORTgrant@dmas.virginia.gov

ARTS Treatment Questions:
• SUD Behavioral Health: Paul Brasler
  ▪ Paul.Brasler@dmas.Virginia.gov
  ▪ 804.401.5241
• Addiction Medicine: SUPPORT Team
  ▪ SUPPORTgrant@dmas.Virginia.gov
Thank you for calling in!

Your participation in the Monthly Stakeholder meetings is vital to the success of the SUPPORT Act Grant in Virginia.

Next Meeting
Monday, March 8, 2021
10:00 AM – 11:30 AM