



PATHWAYS TO BECOMING AN ADDICTION AND RECOVERY TREATMENT SERVICES (ARTS) MEDICAID PROVIDER

March 2021



Pathways for Providers

Importance for Preliminary Work

- Executive and Legislative branches fully support the Medicaid substance use disorder system transformation to address the addiction crisis.
- DMAS is using the American Society of Addiction Medicine (ASAM) nationally recognized evidenced based practices.

Pathways for Providers

Preliminary work:

1. Review the ARTS webpage for information on the substance use disorder services transformation:
<http://www.dmas.virginia.gov/#/arts>
2. Make sure you have or pursue the correct state license, whether through Virginia Department of Behavioral Health and Developmental Services (DBHDS) and the Department of Health Professions (DHP)
 - The correct licenses are required as part of the credentialing and contracting process with the Medicaid health plans and Magellan.
3. Credentialing and contracting requirements are also based on the type of service (ASAM Level of Care) you intend to provide in the ARTS benefit.

Pathways for Providers

Preliminary work:

4. Buy/Acquire and review the ASAM Criteria:
<http://www.asam.org/quality-practice/guidelines-and-consensus-documents/the-asam-criteria/text>
5. If needed, review ASAM training resources:
<https://www.asam.org/education/live-online-cme/the-asam-criteria-course>
6. Based on the ASAM Criteria evidence based quality standards, determine what substance use disorder related service (or ASAM Level of Care) you provide or want to provide for Medicaid reimbursement.

Pathways for Providers

Preliminary work:

7. Determine whether you are already credentialed and contracted with the Medicaid health plans and Magellan.
8. Determine which Medicaid health plans you need to be credentialed and contract with; DMAS encourages participation in all 6 health plans as they are statewide and serve all localities:
<http://www.virginiamanagedcare.com/choose/compare-plans>
9. All providers should be credentialed and contract with Magellan of Virginia for ARTS coverage for fee-for-service members.

ASAM Level 4

Medically Managed Intensive Inpatient

- Submit documentation to Magellan and each of the Medicaid health plans to start the credentialing and contracting process if not already in-network.
- Magellan and the Medicaid health plans will request any additional documents required for credentialing and contracting.

ASAM Levels 3.7, 3.5, 3.3, 3.1

Residential Treatment Services (RTS)

- Obtain or amend DBHDS license if needed.
- Add DBHDS Medical Detox license for all ASAM Level 3.7.
- Add DBHDS Medical Detox license for ASAM Levels 3.5 and 3.3 only if providing withdrawal management.
- Submit DBHDS Service Modification to add Substance Abuse (SA) services to license if not currently licensed as SA provider.

ASAM Levels 3.7, 3.5, 3.3, 3.1

Residential Treatment Services (RTS) continued

- Providers must complete the DMAS ARTS Residential Self Attestation Form, this form can only be requested directly from DMAS.
- Providers must submit a completed ARTS Residential Self Attestation Form for the LOC you are looking to provide and send to Magellan of Virginia and each of the MCOs during the credentialing and contracting process along with the
 - ASAM Levels 2.1 to 3.7, ARTS Organizational Staff Roster and a copy of the appropriate DBHDS license(s).

ASAM Levels 3.7, 3.5, 3.3, 3.1

Residential Treatment Services (RTS) continued

- Providers should email SUD@dmas.virginia.gov to request the ARTS Residential Self Attestation Form and include the following items with your request:
 - Copy of completed Attestation For ASAM Levels 2.1 to 3.7, LOC care you are requesting the ARTS Residential Self Attestation Form for and a copy of your DBHDS License.
 - Please email this request to SUD@dmas.virginia.gov with the subject: Request for ARTS Residential Self Attestation.

ASAM Levels 3.7, 3.5, 3.3, 3.1

Pro-forma report

- All new Residential Treatment Facilities or providers adding on a new ASAM LOC for Residential Services are required to file a pro-forma cost report for the determination of the initial rate.
- Allowable costs for reimbursement purposes are determined in accordance with Medicare Principles of Reimbursement, including the rules set forth in the Provider Reimbursement Manual, (CMS Pub 15-1).
- Allowable costs for determining the Residential Treatment Facility Rate do not include costs for drugs and professional (physician) services or primary/secondary/post-secondary education costs.
- The Residential Treatment Facility Rate cannot exceed \$393.50 per day.
- Drugs and professional services must be billed directly to the MCO or the BHSA (Magellan of Virginia) / BHSA (Magellan Medicaid Administration), depending on the member's benefit.

ASAM Levels 2.5 and 2.1

Partial Hospitalization and Intensive Outpatient

- Obtain or amend DBHDS license if needed.
- Add DBHDS Outpatient Managed Withdrawal Service License only if performing outpatient withdrawal management
- Complete ARTS Attestation Form for ASAM Level 2.1 to 3.7 and ARTS Organizational Staff Roster and submit along with a copy of the appropriate DBHDS license(s) to Magellan of Virginia and each of the Medicaid health plans to start the credentialing and contracting process if not already in-network.

ASAM Level 1.0 and 0.5

Outpatient and SBIRT

- Must be licensed or credentialed by the Department of Health Professions.
- Contact Magellan and each of the Medicaid health plans to start the credentialing and contracting process if not already in-network.
- Magellan of Virginia and the Medicaid health plans will request any additional documents required for credentialing and contracting.

ASAM Level Opioid Treatment Services

Opioid Treatment Programs (OTP)

- Must be licensed by DBHDS as OTP
- Complete ARTS OTP Attestation Form and ARTS Organizational Staff Roster and submit Magellan and the Medicaid health plans to start the credentialing and contracting process if not already in-network.
- Magellan of Virginia and the Medicaid health plans will request any additional documents required for credentialing and contracting.

ASAM Level Opioid Treatment Services

Preferred-Office Based Opioid Treatment (OBOT)

- Licensed physician must have completed the 8 hour training course approved by SAMHSA and obtained a waiver to prescribe buprenorphine for opioid use disorder from the Drug Enforcement Administration (DEA).
- Licensed Nurse Practitioner or Physician's Assistant must have completed the 24 hours of training required by the SAMHSA and obtained a waiver to prescribe buprenorphine for opioid use disorder from the DEA.
 - The Physician Assistant must be supervised by a buprenorphine-waivered physician.
 - Licensed Nurse Practitioners (except Certified Registered Nurse Anesthetists and Certified Nurse Midwives) with the equivalent of 5 years of full-time clinical experience may apply for full practice authority (autonomous practice).

ASAM Level Opioid Treatment Services

Preferred Office Based Opioid Treatment (OBOT) cont.

- Licensed behavioral health provider (licensed psychiatrist, licensed clinical psychologist, licensed clinical social worker, licensed professional counselor, licensed psychiatric clinical nurse specialist, licensed psychiatric nurse practitioner, licensed marriage and family therapist, licensed substance abuse treatment practitioner, or Certified Substance Abuse Counselor under supervision of a licensed provider) must be co-located at the same practice site and provide counseling during clinic sessions when the buprenorphine-waivered practitioner is prescribing buprenorphine or naltrexone to patients with opioid use disorder.

ASAM Level Opioid Treatment Services

Preferred Office Based Opioid Treatment (OBOT) *cont.*

- Community Service Boards and Federally-Qualified Health Centers are not required to have the licensed behavioral health provider co-located at the same practice site and providing counseling during clinic sessions when the buprenorphine-waivered practitioner is prescribing buprenorphine or naltrexone to patients with opioid use disorder.

ASAM Level Opioid Treatment Services

Preferred Office Based Opioid Treatment (OBOT) *cont.*

- The licensed behavioral health provider must be employed by the same organization and providing counseling to patients prescribed buprenorphine or naltrexone.
- They must engage in interdisciplinary care planning with the buprenorphine-waivered practitioner including working together to develop and monitor individualized and personalized treatment plans that are focused on the best outcomes for the patient.

ASAM Level Opioid Treatment Services

Preferred Office Based Opioid Treatment (OBOT) *cont.*

- Complete ARTS Preferred-OBOT Attestation Form, ARTS Credentialing Checklist and ARTS Organizational Staff Roster and submit Magellan and the Medicaid health plans to start the credentialing and contracting process if not already in-network.
- Magellan of Virginia and the Medicaid health plans will request any additional documents required for credentialing and contracting.

Preferred-OBOT Credentialing Process

Verify that your team of a buprenorphine-waivered practitioner and behavioral health professional meets the requirements of the ARTS Preferred-OBOT Credentialing Checklist

Providers will need to be recognized by DMAS and credentialed with Magellan of Virginia and the health plans as an Preferred OBOT to bill for the higher reimbursement for opioid counseling and payment for substance use care coordination.

CSBs who are not licensed as OTP may be recognized as Preferred OBOT as long as all Preferred OBOT provider requirements are met.

Preferred OBOT Attestation and Application Packet are posted on the DMAS ARTS web page.

Peer Support Services

The Peer Recovery Specialist (PRS) must:

- Be employed by or have a contractual relationship with a provider enrolled/credentialed with Medicaid or its contractor
- Have the qualifications, education, and experience established by the Department of Behavioral Health and Developmental Services (DBHDS);
- Have received certification in good standing by a certifying body recognized by DBHDS; and
- Be professionally qualified to provide collaborative services to assist individuals in achieving sustained recovery from the effects of mental illness, addiction, or both,
- Have supervision provided by qualified supervisor

Peer Support Services

FORMS NEEDED

- Mental Health and ARTS Peer Recovery Services Attestation Checklist
- Mental Health and ARTS Peer Recovery Services Organizational Staff Roster
- Health Plan and Magellan of Virginia Peer Support Services Contact Information

<http://www.dmas.virginia.gov/#/artscredentialing>

Peer Support Services

Submit the following to the MCOs and Magellan of Virginia:

- Mental Health and ARTS Peer Recovery Services Attestation Checklist
- Mental Health and ARTS Peer Recovery Services Staff Roster
- Copy of the Certifications for Peer Recovery Specialist
- Copy of Direct Supervisor's Certification of the DBHDS Supervisory Training (as applicable)

Substance Use Case Management

Substance Use Case Management services are for individuals who have a primary diagnosis of substance use disorder. Provider qualifications for a substance use case management shall meet the following criteria:

- The enrolled provider must have the administrative and financial management capacity to meet state and federal requirements;
- The enrolled provider must have the ability to document and maintain individual case records in accordance with state and federal requirements;
- The enrolled provider must be licensed by the Department of Behavioral Health and Developmental Services (DBHDS) as a provider of substance abuse case management services.

Substance Use Case Management

Substance use case management services shall be provided by a professional or professionals who meet at least one of the following criteria:

- A bachelor's degree in one of the following fields (social work, psychology, psychiatric rehabilitation, sociology, counseling, vocational rehabilitation, human services counseling) and has at least either 1) one year of substance use related direct experience providing services to individuals with a diagnosis of substance use disorder or 2) a minimum of one year of clinical experience working with individuals with co-occurring diagnoses of substance use disorder and mental illness; or
- Licensure by the Commonwealth as a registered nurse with at least either: 1) one year of substance use related direct experience providing services to individuals with a diagnosis of substance use disorder; or 2) a minimum of one year of clinical experience working with individuals with co-occurring diagnoses of substance use disorder and mental illness; or
- Board of Counseling Certified Substance Abuse Counselor (CSAC), CSAC-Assistant, or CSAC-Supervisees under supervision as defined in 18VAC115-30-10 et seq. Community Service Boards that have CSACs, CSAC-Assistants, or CSAC-Supervisees performing Substance Use Case Management Services shall be under supervision according to the supervision requirements of the Board of Counseling which allows for supervision by another person with substantially equivalent education, training, and experience, or such counselor shall be in compliance with the supervision requirements of a licensed facility, as long as they are in compliance with the supervision requirements of the licensed facility (§54.1-3507.1 and §54.1-3507.2).

Substance Use Case Management

Submit the following to the MCOs and Magellan of Virginia:

- Obtain or amend DBHDS license if needed.
- Contact Magellan of Virginia and each of the Medicaid health plans to start the credentialing and contracting process if not already in-network.
- Complete ARTS Substance Use Case Management Registration Form (MCO) and Virginia DMAS Registration Form (BHSA):
<http://dmas.virginia.gov/#/artsregistration>

Magellan of Virginia

Provider Network Relations Contact Information

- **Magellan**
 - Phone: 1-800-424-4536
 - Email: VAProviderQuestions@magellanhealth.com

Medallion 4.0 Managed Care Plans Provider Network Relations Contact Information

- **Aetna Better Health of Virginia**
 - Phone: 1-855-652-8249
 - Aetnabetterhealth-VAProviderRelations@aetna.com
- **Anthem HealthKeepers Plus**
 - Deborah Tankersley
 - Phone: 540-830-2481
 - Email: deborah.tankersley@anthem.com
- **Optima Family Care**
 - Contracting: 877-865-9075 x 4 or OptimaContract@sentara.com
 - Credentialing: Visit "Join Our Network" on www.optimahealth.com/providers

Medallion 4.0 Managed Care Plans

Provider Network Relations Contact Information

- **United Healthcare**

- Email : VACCCBH@optum.com
- Web : www.providerexpress.com and then select: Quick Links >> Join Our Network

- **Virginia Premier**

- Network Development
- Email: vphpnetdev@virginiapremier.com
- Provider Call Center 877-719-7538
- Visit www.vapremier.com and select “Join our Network” under the Provider tab, complete the recruitment request form and forward to the contracting team.

CCC Plus Managed Care Plans Provider Network Relations Contact Information

- Aetna Better Health of Virginia
 - Email: Aetnabetterhealth-VAProviderRelations@aetna.com
 - Phone: 855-652-8249
- Anthem HealthKeepers Plus
 - Deborah Tankersley
 - Phone: 540-830-2481
 - Email: deborah.tankersley@anthem.com

CCC Plus Managed Care Plans

Provider Network Relations Contact Information

- Magellan Complete Care of Virginia
 - Magellan Complete Care Network Department
 - Email: MCCVAProvider@MagellanHealth.com
 - Phone: 1-800-424-4524

- Optima Family Care
 - Contracting: 877-865-9075 x 4 or OptimaContract@sentara.com
 - Credentialing: Visit "Join Our Network" on www.optimahealth.com/providers

CCC Plus Managed Care Plans

Provider Network Relations Contact Information

■ United Healthcare

- Email: VACCCBH@optum.com
- Web: www.providerexpress.com and then select: Quick Links >> Join Our Network

■ Virginia Premier Health Plan

- Network Development
- Email: vphpnetdev@virginiapremier.com
- Provider Call Center 877-719-7538
- Visit www.vapremier.com and select “Join our Network” under the Provider tab, complete the recruitment request form and forward to the contracting team

Additional Documentation to Submit to Magellan of Virginia and the Medicaid Health Plans

- Recent State Site Survey
- Certificate of Insurance (Malpractice and General Liability)
- Current Business License
- State License(s) (DBHDS) and Federal DEA License
- Copy of W-9
- Full Disclosure of Ownership Form (CMS 1513)
- CLIA certification for laboratories
- JCAHO or CARF accreditations (as requested)

ASAM Level of Care Crosswalk with DBHDS License Types and License Numbers

ASAM Level of Care	ASAM Description	DBHDS Licenses	DBHDS License Numbers
4.0	Medically Managed Intensive Inpatient	n/a - VDH license only	n/a
3.7	Medically Monitored Intensive Inpatient Services (Adult) Medically Monitored High Intensity Inpatient Services (Adolescent)	Freestanding Psychiatric Hospital and Inpatient Psychiatric Unit with a DBHDS Medical Detoxification License or Managed Withdrawal License;	04-001 thru 004 (adults) 04-005 (children) 04-011 thru 012 (medical detox) or 01-025 thru 026 (managed withdrawal)
		Substance Abuse Residential Treatment Services (RTS) for adults/children with a DBHDS Managed Withdrawal License;	01-006 (adults) 14-007(children) 01-025 thru 026 (managed withdrawal)
		Residential Crisis Stabilization Unit with a DBHDS Medical Detoxification License or Managed Withdrawal License;	01-019 (adults) 01-020 (children) 04-011 thru 012 (medical detox) or 01-025 thru 026 (managed withdrawal)
		Substance Abuse Residential Treatment Services (RTS) for Women with Children with a DBHDS Managed Withdrawal License;	01-033 thru 034 (Women) 01-025 thru 026 (managed withdrawal)
		Level C or Mental Health Residential Children with a substance abuse residential license and a DBHDS Managed Withdrawal License;	14-001 thru 003 w/ SA in licensed as description or 14-004 thru 006 14-054 thru 058 w/SA in licensed as description 01-025 thru 026 (managed withdrawal)

ASAM Level of Care Crosswalk with DBHDS License Types and License Numbers

		Managed Withdrawal-Medical Detox Adult Residential Treatment Service (RTS) License; or	01-025 thru 026
		Medical Detox/Chemical Dependency Unit for Adults.	04-011 thru 012 (medical detox)
3.5	Clinically Managed High-Intensity Residential Services (Adults) / Medium Intensity (Adolescent)	Substance Abuse Residential Treatment Services (RTS) for Adults or Children;	01-006 (Adults) 14-007 (Child)
		Psychiatric Unit that have substance abuse on their license or within the "licensed as statements";	04-001 thru 004 (adults) 04-005 (children)
		Substance Abuse RTS for Women with Children;	01-033 thru 034 (Women)
		Substance Abuse and Mental Health Residential Treatment Services (RTS) for Adults that have substance abuse on their license or within the "licensed as statements."; or	01-006 (Adults)
		Level C or Mental Health Residential Children that have substance abuse on their license or within the "licensed as statements".	14-001 thru 006 (only with SA in license description) 014-007 (only with SA in license description)
		If providers are providing withdrawal management, they will need to also have a DBHDS Medical Detox license.	04-011 thru 012 (medical detox) or 01-025 thru 026 (managed withdrawal)
3.3	Clinically Managed Population-Specific High Intensity Residential Services (Adults)	Substance Abuse Residential Treatment Services (RTS) for Adults;	01-006
		Substance Abuse Residential Treatment Services (RTS) for Women with Children;	01-033 thru 034 (Women)

ASAM Level of Care Crosswalk with DBHDS License Types and License Numbers

		Substance Abuse and Mental Health Residential Treatment Services (RTS) for Adults that have substance abuse on their license or within the “licensed as statements.” or	01-006
		Level C or Mental Health Residential Children that have substance abuse on their license or within the “licensed as statements.”	14-001 thru 006 (only with SA in license description) 14-007 (only with SA in license description)
		If providers are providing withdrawal management, they will need to also have a DBHDS Medical Detox license.	04-011 (medical detox – adults)
3.1	Clinically Managed Low Intensity Residential Services	Mental Health & Substance Abuse Group Home Service for Adults or Children; or	01-003 (Adults) (only with SA in license description 14-033 (Children) 14-034 (Children)
		SA Supervised Living Services (for Adults).	01-013
		Note: DBHDS is no longer issuing the Substance Abuse Halfway House for Adults licenses. Providers who need to update their licenses should contact their licensing specialist with DBHDS for further guidance.	
2.5	Partial Hospitalization Services	Substance Abuse Partial Hospitalization program; or	02-021 (Adults)
		Substance Abuse/Mental Health Partial Hospitalization program	02-023 (Adolescents) (only with SA in license description)
2.1	Intensive Outpatient Services	Substance Abuse Intensive Outpatient Service for Adults, Children, and/or Adolescents	02-001 thru 002(Adults) 02-003 (Adolescents)

ASAM Level of Care Crosswalk with DBHDS License Types and License Numbers

1.0	Outpatient Services	n/a - Individuals licensed by DHP DBHDS Outpatient License	n/a 07-004 thru 005 07-011
OTS	Opioid Treatment Program (OTP)	Medication Assisted Treatment/Opioid Treatment Services	06-001 thru 002
OTS	Office-Based Opioid Treatment (OBOT)	n/a – DMAS review	n/a
0.5	Early Intervention/Screening Brief Intervention and Referral to Treatment (SBIRT)	n/a - Individuals licensed by DHP	n/a
n/a	Substance Use Case Management	Substance abuse case management services	16-003 16-001 (with SA listed)



QUESTIONS?

SUD@DMAS.VIRGINIA.GOV

ARTS Helpline [\(804\) 593-2453](tel:(804)593-2453)



ARTS

***Addiction and Recovery
Treatment Services***