The Centers for Medicare and Medicaid Services: SUPPORT Act Section 1003 Grant

SUPPORT ACT GRANT
MONTHLY STAKEHOLDER MEETING
MAY 10, 2021

Department of Medical Assistance Services

The Virginia Department of Medical Assistance Services (DMAS) SUPPORT Act Grant projects are supported by the Centers for Medicare and Medicaid Services (CMS) of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling $4,997,093 with 100 percent funded by CMS/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by CMS/HHS, or the U.S. Government.
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- Automated CC is available for this event with realtime captions that will run simultaneously with the presentation.
- The streaming text is available through: https://www.streamtext.net/text.aspx?event=HamiltonRelayRCC-0510-VA2662
- We recommend opening a second window with the link provided and resizing it in such a fashion that it appears below the webinar screen. This allows the viewer to see both the webinar and its associated text/graphics while also being able to comfortably view the realtime captions.
- If you have any questions about this service please send an email to CivilRightsCoordinator@DMAS.Virginia.Gov
Welcome and Meeting Information

• We have an ‘open’ meeting format to allow participation and questions

• Please make sure your line is muted if you are not speaking
  • We will mute all lines if there is a lot of background noise

• If you are having issues with audio, please type questions or comments in the chat box.
How to Mute and Unmute in WebEx

Everyone is muted at the beginning of the webinar – when you are ready to ask a question, please click the red microphone button to unmute. When you are finished, please click it again to mute your line.
## Agenda

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<th>Item</th>
<th>Time</th>
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<tr>
<td>Welcome and Overview</td>
<td>10:00 - 10:10</td>
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<tr>
<td>SUPPORT Act Grant Updates</td>
<td>10:10 - 10:35</td>
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<tr>
<td>Northwestern Community Service Board and Peer Recovery Support Specialists</td>
<td>10:35 – 11:20</td>
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<tr>
<td>Q&amp;A and Next Steps</td>
<td>11:20 - 11:30</td>
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Overview of SUPPORT Grant Initiatives

Notice of Award: September 18, 2019

Period of Performance: September 30, 2019 to September 29, 2021 (18 months + 6 month no cost extension)

Approved Budget: $4.9 million

Components

1. Need assessment
2. Strengths-based assessment
3. Activities to increase provider capacity
Virginia Medicaid’s SUPPORT Act Grant Goals:

- Learn from Addiction and Recovery Treatment Services (ARTS) benefit program
  - Appreciate successes
  - Learn from challenges
- Decrease barriers to enter workforce
- Focus on specific subpopulations
  - Members who are justice-involved
  - Members who are pregnant and parenting
- Maintain our core values
  - Person-centered, strengths-based, recovery-oriented
Grant Team

• Alyssa Ward, Ph.D., LCP, Director, Division of Behavioral Health
• Ashley Harrell, LCSW, Project Director & ARTS Senior Program Advisor
• Jason Lowe, MSW, CPHQ, Grant Manager
• Christine Bethune, MSW, Grant Coordinator
• Paul Brasler, MA, MSW, LCSW, Behavioral Health Addiction Specialist
• John Palmieri, Data Analyst
• Tiarra Ross, Senior Budget Analyst
• Trenece Wilson, Policy and Planning Specialist
• Adam Creveling, MSW, CPRS, Grant Program Specialist
SUPPORT ACT GRANT UPDATES
MAY 2021
Projects Update

- VCU Department of Health Behavior and Policy (DBHP)
  - Continuum of care needs assessment
  - ARTS Members and SUD treatment provider surveys and analysis
- VCU Wright Center and Institute for Drug and Alcohol Studies
  - Provider webinar survey
  - Brightspot Assessment
- Manatt - Policy Design Sessions
  - Data and Privacy webinar
  - Medicaid Managed Care Strategies/Care Coordination
  - Value Based Payment
Projects Update

- Health Management Associates (HMA) - Legal/Carceral System, SUD, and Medicaid
  - Environmental Scan/Lit Review/SWAT Analysis
  - Demonstration projects with two DOC sites and two local/regional jails

- Subawards
  - Seven awards total
  - Expand SUD treatment capacity

- Emergency Department Virtual Bridge Clinic Models
  - VCU Emergency Department Virtual Bridge Clinic (VBC)
    - Implementing a VBC at VCU ED to VCU MOTIVATE Clinic
  - **New Contract:** Carilion Clinic
Carilion ED Virtual Bridge Clinic Contract

• Project Lead: Dr. Cheri Hartman, Department of Psychiatry and Behavioral Medicine

• Goals:
  ▪ Expanding and enhancing services for current emergency department (ED) bridge program
    • Care Coordination
    • Peer Support Services
    • Motivational interviewing
  ▪ Developing a curriculum for EDs interested in building their own ED Bridge to Care program
    • Assessment tool
    • Educational curriculum
    • Policies and procedures
Upcoming Special Projects

- **Buprenorphine Providers Workgroup – Jason Update**
  - Hope to begin in Summer/Fall 2021
    - Want to perform more data analysis and recruit participants
  - Looking for volunteers
  - Interested in front-line perspective
  - Goal is to identify opportunities to increase provider capacity
- **Peer Recovery Services Symposium - Summer/Fall 2021**
  - Implementing PRS
  - Overcoming obstacles
  - Your input is appreciated! Please email the Grant inbox – SUPPORTgrant@dmas.virginia.gov
Buprenorphine Waiver Trainings

The Virginia Department of Health (VDH) and the American Society of Addiction Medicine (ASAM) are collaborating to host Project ECHO virtual "live" Treatment of Opioid Use Disorder trainings (TOUD) which will cover all medications and treatment for opioid use disorder.

- This free training is available for Physicians, Physician Assistants, and Nurse Practitioners who are interested in seeking their waiver to prescribe buprenorphine for the treatment of opioid use disorder.

  Scheduled for: May 26th, June 23rd and July 28th

  8:00 am - 12:30 pm ET. Trainings are blended online and “virtual” live

- Register for one of three trainings offered using the links below:
Virginia Neonatal Perinatal Collaborative (VNPC) is offering an ASAM Treatment of Opioid Use Disorder Course with Ob-Gyn Focus is specifically designed for women’s healthcare providers.

- The course covers all medications and treatments for opioid use disorder and **provides 8 hours of education** needed for physicians to receive a waiver to prescribe buprenorphine.

  The VNPC is excited to offer this course free of charge on **June 16, 2021 from 1-5pm**.

- You may attend this course if you looking to learn the material but won’t be applying for the waiver, research shows that the more providers (nurses, social workers, home-visitors, etc) that have this training and knowledge improves the care of our women and infants impacted by OUD.

  **Click here to learn more and register!** [https://elearning.asam.org/p/OBVNPC061621](https://elearning.asam.org/p/OBVNPC061621)
The SUPPORT Act Grant team is offering a second round of technical assistance/training to one agency/clinic within each of the six Virginia Medicaid Regions. These technical assistance sessions are at no cost to your clinic.

- Technical Assistance subject matter could address (NOTE: you are not limited to any of the following):
  - Creating an OBOT within an existing behavioral health/medical clinic
  - Building capacity for your existing OBOT
  - Improving behavioral health interventions for SUD treatment
  - Incorporating certified peer recovery specialists into your clinic

- To apply and for more information: [https://www.surveymonkey.com/r/Spring21_TA_Application](https://www.surveymonkey.com/r/Spring21_TA_Application)

- Applications are due: May 17, 2021

**More webinars in June-July:**

- Care Coordination
- ASAM Criteria Assessment Dimensions: 1, 2, 3, 4, 5, & 6
- Suicide Assessment and Intervention
- Trauma-Informed Care
Hep C Provider Map link has been added to the SUPPORT Grant Website, under "Resources" 
DMAS and DBHDS are issuing this survey to Virginia SUD Treatment providers who are ARTS providers and licensed through DBHDS, to better understand the need for additional ASAM trainings.

DMAS and DBHDS require that staff are trained and knowledgeable in the ASAM Criteria to appropriately apply patient admission criteria, continuing care, and transfer/discharge for individuals with addictive, substance-related, and co-occurring conditions.

Providers will need to demonstrate compliance with the DBHDS ASAM regulations to be successful in the transition of the DBHDS ASAM conditional license to the issuance of an annual license.

Please complete this survey based on your clinic's/agency's staff needs.

https://www.surveymonkey.com/r/ASAM_Training
Today's Topics:

- Values of Northwestern Community Services Board
- Why we embrace peer support
- Descriptions of peer support services offered
- How we integrate peer support into our SUD program
- Training and supervision

Presenters:

Tim May, LPC, Regional Substance Use Coordinator NWCSB
Jennifer Borden, R-CPRS, Peer Support Coordinator NWCSB
David Cash, CPRS, Peer Support Coordinator NWCSB
Story of a Garden
One Team = One Purpose
Our Team

• Mutual Respect
• Communication
• Creative Freedom
• Collaboration
Why Peer Support?

- Hope
- Non-judgmental
- Respect & Trust
- Person Driven & Strength Based
- Multiple Pathways
- Role Modeling
- Relationship Building
- Trauma Informed
- Holistic
- End Stigma
A Safe Haven

Free & Open To The Community

Within Reach Peer Resource Center

Recovery is Within Reach
1014 Amherst Street
Winchester, VA

...a safe place to connect with like-minded people

Why Peer Support?
- Talk with someone who understands
- Boosts confidence
- Strength in numbers
- Helps with networking and gaining resources
- Non-judgemental
Physical Wellbeing

Recognizing the need for physical activity, sleep & nutrition
Intellectual, Occupational & Financial Wellbeing

- Recognizing creative abilities and finding ways to expand knowledge & skills
- Personal satisfaction and enrichment derived from one's work
- Satisfaction with current and future financial situations
Basic Survival Needs

Food, Clothing, Shelter
Cognitive & Spiritual Health

• The need for knowledge and search for meaning

• Self-actualization, personal growth and self-fulfillment
Social Wellbeing & Belonging

- The need to be with others
- A sense of fellowship and connection
- A feeling of commitment and responsibility
WITHIN REACH PEER RESOURCE CENTER

Within Reach Peer Center Hours: Mon thru Fri 12p-8p & Sat 9a-1p, Sun 12p-4p
A safe place that is open to anyone in the community looking for a new way of life.

SMART Recovery: Mondays 6:30p-7:30p & Wednesdays 7p-8p

Coffee n Kickin' It: Peer-run support, open discussion
Thursdays 12p-1p

Narcotics Anonymous: Saturdays 9:30a & Thursdays 7p

Express Yourself: Peer-run support with art & music therapy,
Thursdays 1p-3p

Refuge Recovery: A Buddhist approach to recovery,
Fridays 7p-8p

Alcoholics Anonymous: Saturdays 11a

Breaking Free: Peer-run support for domestic violence survivors
Tuesdays 6p-7p

Acudetox: Mondays & Fridays 12p-1p
### WITHIN REACH PEER RESOURCE CENTER

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<th><strong>Monday</strong></th>
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<tr>
<td>2PM FLY (FINALLY LOVING YOURSELF)</td>
<td>11AM SOCIAL ANXIETY RECOVERY</td>
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<td>3:30PM ARTISTS SUPPORTING ARTISTS—MEETS EVERY 2ND AND 4TH MONDAY OF THE MONTH</td>
<td>2PM SPIRITUAL REFLECTIONS</td>
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<td>1:1AM HAVE A DAY-DUAL DIAGNOSIS RECOVERY</td>
<td>1PM MOTHERS IN RECOVERY</td>
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<td>2PM REFLECTIVE LISTENING</td>
<td>2PM THE SILVER LINING GROUP</td>
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<td>3:30PM SMART RECOVERY</td>
<td>3:30PM DROP IN WITH A PEER</td>
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<td>5PM-7PM DROP IN WITH A PEER</td>
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<td>11AM MAMA (MEDICATION ASSISTED RECOVERY ANONYMOUS)</td>
<td>12 Noon DROP IN WITH A PEER</td>
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**Virtual Peer Center**
Peer2Peer Regional WarmLine

Peer Recovery Specialists on call 24 hours a day 7 days a week

1-833-626-1490

Call to have a confidential conversation with one of our peers
You Can Find Us On Social Media

https://www.facebook.com/WithinReachPeerResourceCenter/?ref=page_internal

NW Peer Recovery Program
Community Engagement
Community Outpatient Groups

- IOP x 2
- Women's SU Program
- Women's Motivational Enhancement
- Recovery Skills
- Seeking Safety (Trauma) x2
Northwest Regional Adult Drug Treatment Court Peer Support

- Drug Court Orientation
- Drug Court Specific IOP
- Balance & Maintenance
- Sober Relationships
- Anger Management
- Criminal Thinking
- MRT
- WRAP- Peer led
Crisis Intervention Team
• The Peer Perspective

This was the best presentation of the whole day Amazing story.

Extremely important part to this training I have no words to diminish what a great heart filled story.

Amazing woman who can inspire a nation. Please continue to bring her to your CIT courses. Amazing!

Amazing testimony and example of the positive impact of successful crisis intervention.

The example of CIT impact on the presenter's son was a fantastic demonstration of why CIT is a good idea. Excellent Job!
Emergency Room, Behavioral Health & Hospitalized Patient Peer Connections
Connecting People To Resources

Northern Shenandoah Valley Re-Entry Council

“Developing a Partnership Between Returning Citizens & the Local Community to Ensure a Collaborative Success Through Community Reintegration”

CONNECTING THE DOTS IN OUR COMMUNITY

Valley Assistance Network

United Way of Northern Shenandoah Valley
Support In The Community

- Separate visits to both the men's & women's shelter
- Casual per-led open discussion groups
- Private individual support offered for those interested
- NO assessment/evaluations needed
- No Medicaid requirement
- FREE !!!!!
Training & Supervision:

Bi-Weekly staff meetings &

Supervisors Are DBHDS Certified Trainers

Peer to Peer Shadowing

Peer Recovery Specialist Training

Zoom

Individual meetings on opposite weeks
Peer Support Services

One Team With One Vision
Questions and Answers

Please unmute yourself or use the chat feature in WebEx to submit your questions.
DMAS/SUPPORT Website Update!

*NEW URLS*

DMAS Home Page: https://www.dmas.virginia.gov/
SUPPORT Grant: https://www.dmas.virginia.gov/#/artssupport
Want a copy of today’s slides?

Monthly Stakeholder Meetings

- March 2021
- February 2021
- January 2021
- December 2020
- November 2020
- October 2020
- September 2020
- August 2020
- July 2020
- June 2020
- May 2020
- April 2020

Addiction and Recovery Treatment Services (ARTS) Contacts

ARTS Questions:
• ARTS Helpline number: 804-593-2453
• Email: SUD@dmas.Virginia.gov
• Website: https://www.dmas.virginia.gov/providers/addiction-and-recovery-treatment-services/

SUPPORT Act Grant Questions:
• SUPPORTgrant@dmas.virginia.gov

ARTS Treatment Questions:
• SUD Behavioral Health: Paul Brasler
  ▪ Paul.Brasler@dmas.Virginia.gov
  ▪ 804.401.5241
• Addiction Medicine: SUPPORT Team
  ▪ SUPPORTgrant@dmas.Virginia.gov
Thank you for calling in!

Your participation in the Monthly Stakeholder meetings is vital to the success of the SUPPORT Act Grant in Virginia.

Next Meeting
Monday, July 12, 2021
10:00 AM – 11:30 AM