State of VIRGINIA

REQUIREMENTS AND LIMITS APPLICABLE TO SPECIFIC SERVICES: EXPANDED PRENATAL CARE SERVICES (REFERENCE 20.c)

Provide coverage and reimbursement of additional prenatal care services. (12 VAC 30-50-510)

- A. Comparability of Services: Services are not comparable in amount, duration and scope. Authority of §9501(b) of COBRA 1985 allows an exception to provide service to pregnant women without regard to the requirements of §1902(a)(10)(B).
- B. Definition of Services: Expanded prenatal care services will offer a more comprehensive prenatal care services package to improve pregnancy outcome. The expanded prenatal care services provider may perform the following services:
 - 1. Patient Education Includes 6 classes of education for pregnant women in a planned, organized teaching environment including but not limited to topics such as body changes, danger signals, substance abuse, labor and delivery information, and courses such as planned parenthood, Lamaze, smoking cessation, and child rearing.

Instruction must be rendered by Medicaid certified providers who have appropriate education, license, or certification.

2. <u>Homemaker</u>

Includes those services necessary to maintain household routine for pregnant women, primarily in third trimester, who need bed rest. Services include, but are not limited to, light housekeeping, child care, laundry, shopping, and meal preparation.

Must be rendered by Medicaid certified providers.

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3. <u>Nutrition</u>

Includes nutritional assessment of dietary habits, and nutritional counseling and counseling follow-up. All pregnant women are expected to receive basic nutrition information from their medical care providers or the WIC Program.

Must be provided by a Registered Dietitian (R.D.) or a person with a master's degree in nutrition, maternal and child health, or clinical dietetics with experience in public health, maternal and child nutrition, or clinical dietetics.

4. <u>Blood Glucose</u> Meters

Effective on and after July 1, 1993, blood glucose test products shall be provided when they are determined by the physician to be medically necessary for pregnant women suffering from a condition of diabetes which is likely to negatively affect their pregnancy outcomes. The women authorized to receive a blood glucose meter must also be referred for nutritional counseling. Such products shall be provided by Medicaid enrolled durable medical equipment providers.

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