Enhanced Behavioral Health Services for Virginia
Project BRAVO

Behavioral Health Redesign for Access, Value and Outcomes

**Vision**

Implement fully-integrated behavioral health services that provide a full continuum of care to Medicaid members. This comprehensive system will focus on access to services that are:

- **High Quality**: Quality care from quality providers in community settings such as home, schools and primary care.
- **Evidence-Based**: Proven practices that are preventive and offered in the least restrictive environment.
- **Trauma-Informed**: Better outcomes from best-practice services that acknowledge and address the impact of trauma for individuals.
- **Cost-Effective**: Encourages use of services and delivery mechanism that have been shown to reduce cost of care for system.
Current Continuum

Current Medicaid-funded Behavioral Health Services

<table>
<thead>
<tr>
<th>Prevention</th>
<th>Recovery</th>
<th>Outpatient</th>
<th>Community Mental Health Rehabilitation Services</th>
<th>Inpatient / Residential</th>
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<tbody>
<tr>
<td>Early intervention Part C • Screening • EPSDT services</td>
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<td>Peer and family support partners</td>
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<td>Outpatient psychotherapy • Psychiatric medical services</td>
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<td>Therapeutic day treatment</td>
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<td>Mental health skill building services</td>
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<td>Intensive in-home services</td>
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<td>Crisis intervention &amp; stabilization</td>
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<td>Behavioral therapy</td>
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<tr>
<td>Psychosocial rehabilitation</td>
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<td>Partial hospitalization / Day treatment</td>
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<td>Mental health case management</td>
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<td>Treatment foster care case management</td>
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<td>Intensive community treatment</td>
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<tr>
<td>Inpatient hospitalization</td>
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<tr>
<td>Psychiatric residential treatment</td>
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<tr>
<td>Therapeutic group home</td>
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- Lack of evidence-based services
- Reliance on intensive services for acute problems
- Service definition and rate structures do not support best practice
The North Star
Behavioral Health Services Enhancement

This represents the long term vision for the development of a robust continuum.
BRAVO Enhancements & STEP-VA

- Transition funding to outpatient services, integrated services in primary care and schools, and intensive community-based and clinic-based supports
- Invest in workforce development including provision of adequate reimbursement to recruit and incentivize providers to serve where most needed. Streamline licensure and reduce regulatory burdens that impede workforce development
- Implementation of high quality, high intensity and evidence-based SIX services that demonstrate high impact and value
- STEP-VA services improve access, increase quality, build consistency and strengthen accountability across Virginia’s public behavioral health system (CSBs)
BRAVO Enhancements: Current Priorities Explained

What are our top priorities at this time?

Implementation of SIX high quality, high intensity and evidence-based services that have demonstrated impact and value to patients.

Services that currently exist and are licensed in Virginia BUT are not covered by Medicaid or the service is not adequately funded through Medicaid.

- Partial Hospitalization Program (PHP)
- Assertive Community Treatment (ACT)
- Multi-Systemic Therapy (MST)
- Intensive Outpatient Program (IOP)
- Comprehensive Crisis Services (Mobile Crisis, Intervention, Community-Based, Residential, 23Hr Observation)
- Functional Family Therapy (FFT)

Why Enhancement of BH for Virginia?

✓ Provides alternatives to state psychiatric admissions and offers step-down resources not currently available in the continuum of care, which will assist with the psychiatric bed crisis.
✓ Demonstrated cost-efficiency and value in other states.
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<tr>
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<th>Fiscal Year 21-22</th>
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<tr>
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<td>Initial Budget Projection</td>
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<tr>
<td>General Fund</td>
<td>$10,273,553</td>
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<td>Non-General Funds</td>
<td>$14,070,322</td>
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<td>TOTAL FUNDS</td>
<td>$24,343,875</td>
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**Implementation July 2021**
- Assertive Community Treatment
- Partial Hospitalization
- Intensive Outpatient Programs

**Implementation December 2021**
- Multi-Systemic Therapy
- Functional Family Therapy
- Comprehensive Crisis Services (23 hour beds, Residential Crisis, Community Stabilization, Mobile Crisis Intervention)
High Level Implementation Progress:
**PHP-IOP-ACT (Phase 1)**

- **MCO Readiness Reviews**
- **“Bonus” Guidance Documents**
- **Service Authorization Postings**
- **Establish Structure for Learning Collaborative Groups**
- **Regulation Development**

**In Progress**

- **Manual Postings**
  - **Dashboard Finalization**
  - **Accreditation & Medicare Certification Guidance**
  - **State Plan Approval**

**Near Complete**

- **Rate Setting**
  - **Provider Bulletins on Codes and Rates**
  - **Policy Development**
  - **Stakeholder Engagement**
  - **Provider Manual Trainings**
  - **Accreditation Orientations**
  - **System Changes**

**Completed**
Project BRAVO Next Steps

Continued Close Collaboration with DBHDS

• Phase 2 BRAVO 12/1/21:
  ▪ Crisis Services Implementation
  ▪ Multisystem Therapy
  ▪ Functional Family Therapy

• Any future enhancements are subject to availability of resources and priorities of the Commonwealth

• DMAS does not hold any authority to enhance any additional services at this time*

• DMAS-DBHDS continue to plan for priorities if resources become available, needs may shift due to pandemic impacts on behavioral health of Virginians, service landscape shifts and mental health workforce

* Exception is Behavioral Therapy and 2021 budget language mandates implementation of new ABA Codes
Thank you for your partnership, support and participation.

Additional Questions?

Please contact EnhancedBH@dmas.Virginia.gov