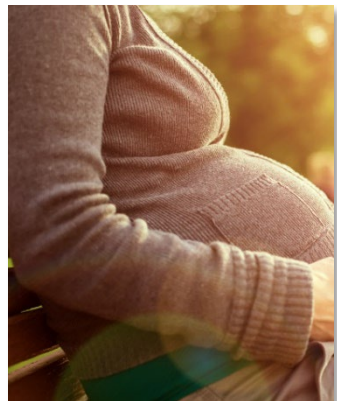


# MANAGED CARE BEHAVIORAL HEALTH PROVIDER NETWORK

## 2021 REPORT

VIRGINIA  
DEPARTMENT OF MEDICAL  
ASSISTANCE SERVICES



# OVERVIEW

- Background
  - Overview: Virginia Medicaid (DMAS)
  - Current DMAS Behavioral Health (BH) Services
- Featured BH Provider Types
  - Outpatient Mental Health
  - Community Mental Health Rehabilitation Services (CMHRS)
  - Psychiatry
  - Psychiatric Hospitals
  - ARTS Providers
- Analysis: Provider Supply by County

# Virginia Medicaid

## About Us

Improving the health and well-being of Virginians through access to high-quality health care coverage

- Virginia Medicaid covers >1.8 million lives
- 95% of Medicaid members are covered by one of six Managed Care Organizations (MCOs)
  - *Anthem, United, Aetna, Molina, Virginia Premier, Optima*
- Members managed by MCOs are covered under one of two contracts
  - Medallion 4.0 (M4)
  - Complex Coordinated Care Plus (CCC+)

# Building Virginia's Continuum of Care

## DMAS Mental Health Resources

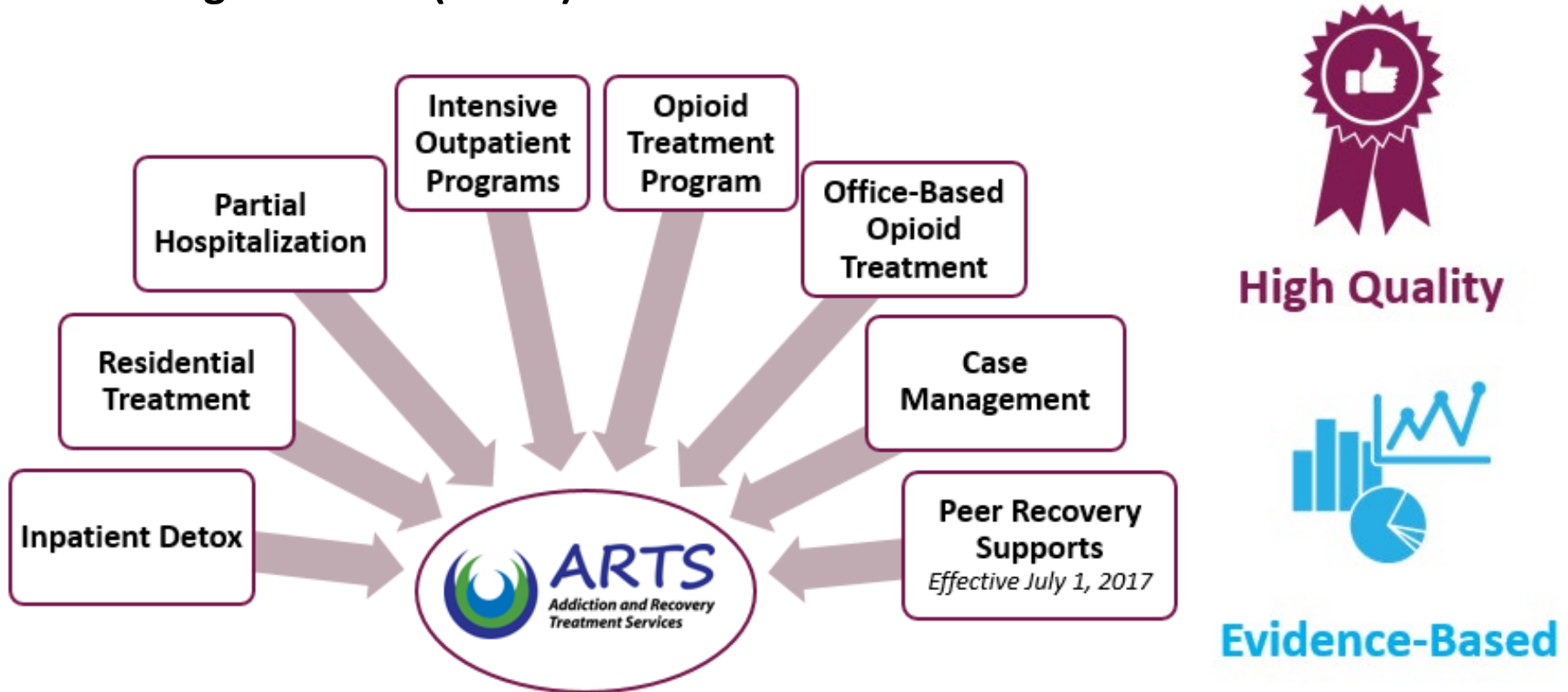


- Prevention, Promotion, Recovery
- Outpatient Services
- \*Intensive Community Based Support
- \*Intensive Clinic/Facility Based Support
- \*Comprehensive Crisis Services
- Group Home and Residential Services for Youth
- Inpatient Hospitalization

# Addiction and Recovery Treatment Services (ARTS)

## *Expanding the Continuum of Care*

Effective April 1, 2017 all ARTS services are covered by Medicaid Managed Care Organizations (MCOs)



ARTS offers a fully integrated physical and behavioral health continuum of care.

# Managed Care Network Adequacy Requirements

Both MCO contracts (CCC+ and M4) are required to meet *time & distance* access standards for the following provider types (**BH** bolded)

Program	CRITICAL Providers	KEY Providers	OTHER Providers
<b>CCC+</b>	Gen Hospital <b>Mental Health</b> OB/GYN Pediatrics Pharmacy Primary Care Providers	Skilled Nursing Facilities Specialists Adult Daycare	<b>ASAM 2.1-4</b> Early Intervention Long Term Services and Supports Laboratory <b>Office-Based Opioid Treatment</b> Rehabilitation Rehabilitation Hospital <b>Psychiatric Rehabilitation</b> <b>Psychiatric Hospital</b> Radiology <b>Substance Use Case Management</b> <b>Therapeutic Day treatment</b> Urgent care Vision
<b>M4</b>	Gen Hospital <b>Mental Health</b> OB/GYN Peds Pharmacy Primary Care Providers	Allergy Early Intervention Neurology Ear, Nose, & Throat Pain PM&R <b>Psychiatry</b> Specialists	Cardiology Laboratory Endocrine Renal Ophthalmology Podiatry Pulmonology Radiology Skilled Nursing Facility Urgent care

# Analysis: Behavioral Health Providers

- **DMAS completed an analysis of the number of enrolled providers per county for the following BH provider types:**
  1. Outpatient Mental Health
  2. Community Mental Health Rehabilitation Services (CMHRS)
    - a) *Psychosocial Rehab*
    - b) *Therapeutic Day Treatment (TDT)*
    - c) *Crisis Stabilization/Intervention Services*
    - d) *Mental Health Skill Building (MHSS)*
    - e) *Intensive In-Home Therapy (IIH)*
  3. Psychiatry
  4. Psychiatric Hospital
  5. ARTS
    - a) *Outpatient (ASAM Level 2.1, 2.5)*
    - b) *Residential/Inpatient (ASAM Level 3)*
    - c) *Intensive Inpatient (ASAM Level 4)*
    - d) *Office-Based Opioid Treatment (OBOT)/Opioid Treatment Provider (OTP)*
- **Results are visible via an accompanying interactive heatmap on the *Behavioral Health Landing Page***

