The Virginia Department of Medical Assistance Services (DMAS) SUPPORT Act Grant projects are supported by the Centers for Medicare and Medicaid Services (CMS) of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling $4,997,093 with 100 percent funded by CMS/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by CMS/HHS, or the U.S. Government.
Closed Captioning Service

Automated CC is available for this event with realtime captions that will run simultaneously with the presentation.

The streaming text is available through: https://www.streamtext.net/player?event=HamiltonRelayRCC-0111-VA3205

We recommend opening a second window with the link provided and resizing it in such a fashion that it appears below the webinar screen. This allows the viewer to see both the webinar and its associated text/graphics while also being able to comfortably view the realtime captions.

If you have any questions about this service please send an email to CivilRightsCoordinator@DMAS.Virginia.Gov
# AGENDA

<table>
<thead>
<tr>
<th>Section</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>I. Welcome and Opening Remarks</td>
<td>11:00 – 11:05</td>
</tr>
<tr>
<td>II. Treatment Options for Individuals who have a</td>
<td>11:05 – 11:25</td>
</tr>
<tr>
<td>Substance Use Disorder (SUD)</td>
<td></td>
</tr>
<tr>
<td>III. Medicaid’s Role in Treatment</td>
<td>11:25 – 11:35</td>
</tr>
<tr>
<td>IV. Enrolling in Medicaid Coverage</td>
<td>11:35 – 11:45</td>
</tr>
<tr>
<td>V. Questions and Discussion</td>
<td>11:45 – 12:00</td>
</tr>
</tbody>
</table>
Welcome & Opening Remarks

- Thank you for joining us!
- Department of Medical Assistance Services
- SUPPORT Act Grant

Please include your name and organization in the chat.
In 2019, DMAS was awarded a SUPPORT Act grant. As part of this award, DMAS contracted with Health Management Associates to review and develop a plan to improve the delivery of Medicaid SUD services for individuals involved with the criminal justice system.

The SUPPORT Act Grant builds upon DMAS and its partners’ efforts to improve substance use disorder care delivery and Medicaid coverage for individuals who have legal-carceral system involvement.
Winter 2022 Webinar Schedule

• **FREE** webinars for anyone who serves Medicaid Member
• Registration is now open. Use links in schedule to register and access the webinars.

**New Topic: Substance Use Disorder Treatment for Adolescents**
Presented on: March 22nd and March 24th

**Revisiting Topics:**
- Opioids, Stimulants & Cannabis
- ASAM Criteria Assessment Dimensions 1 - 6 (Four part series)**
- Urine Drug Screenings: Purpose & Practice
- Suicide Assessment
- SUD & Trauma
- Co-Occurring Disorders (Two parts series)

### Winter 2022 Webinar Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Topic</th>
<th>Presenter(s)</th>
<th>Links to Register and Access the Webinar</th>
<th>Remote Conference Captioning (RCC) Links</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday, January 18, 2022</td>
<td>10:00 AM-11:00 AM</td>
<td>Opioids, Stimulants &amp; Cannabis</td>
<td>Paul Brasler</td>
<td><a href="https://covaconf.webex.com/covaconf/j.php?MTID=m12189b615d7dc1009d00466413001f67">https://covaconf.webex.com/covaconf/j.php?MTID=m12189b615d7dc1009d00466413001f67</a></td>
<td>[<a href="https://www.streamtext.net/player?event=Hamilton">https://www.streamtext.net/player?event=Hamilton</a> RelayRCC-0118-VA3241](<a href="https://www.streamtext.net/player?event=Hamilton">https://www.streamtext.net/player?event=Hamilton</a> RelayRCC-0118-VA3241)</td>
</tr>
<tr>
<td>Thursday, January 20, 2022</td>
<td>1:00 PM-2:00 PM</td>
<td>Opioids, Stimulants &amp; Cannabis</td>
<td>Paul Brasler</td>
<td><a href="https://covaconf.webex.com/covaconf/j.php?MTID=m29d9357cfb2b0ae79357bc6216bc171e">https://covaconf.webex.com/covaconf/j.php?MTID=m29d9357cfb2b0ae79357bc6216bc171e</a></td>
<td>[<a href="https://www.streamtext.net/player?event=Hamilton">https://www.streamtext.net/player?event=Hamilton</a> RelayRCC-0120-VA3243](<a href="https://www.streamtext.net/player?event=Hamilton">https://www.streamtext.net/player?event=Hamilton</a> RelayRCC-0120-VA3243)</td>
</tr>
<tr>
<td>Tuesday, January 25, 2022</td>
<td>10:00 AM-11:00 AM</td>
<td>ASAM Criteria Assessment Dimensions 1 &amp; 2</td>
<td>Paul Brasler</td>
<td><a href="https://covaconf.webex.com/covaconf/j.php?MTID=m24ac38fb327e2194fb97ad56a09e00d">https://covaconf.webex.com/covaconf/j.php?MTID=m24ac38fb327e2194fb97ad56a09e00d</a></td>
<td>[<a href="https://www.streamtext.net/player?event=Hamilton">https://www.streamtext.net/player?event=Hamilton</a> RelayRCC-0125-VA3242](<a href="https://www.streamtext.net/player?event=Hamilton">https://www.streamtext.net/player?event=Hamilton</a> RelayRCC-0125-VA3242)</td>
</tr>
<tr>
<td>Thursday, January 27, 2021</td>
<td>1:00 PM-2:00 PM</td>
<td>ASAM Criteria Assessment Dimensions 1 &amp; 2</td>
<td>Paul Brasler</td>
<td><a href="https://covaconf.webex.com/covaconf/j.php?MTID=ma01d17f54d08957308d541fa66bb69d">https://covaconf.webex.com/covaconf/j.php?MTID=ma01d17f54d08957308d541fa66bb69d</a></td>
<td>[<a href="https://www.streamtext.net/player?event=Hamilton">https://www.streamtext.net/player?event=Hamilton</a> RelayRCC-0127-VA3240](<a href="https://www.streamtext.net/player?event=Hamilton">https://www.streamtext.net/player?event=Hamilton</a> RelayRCC-0127-VA3240)</td>
</tr>
</tbody>
</table>

Treatment Options for Individuals with Substance Use Disorders

Rebecca E. Sutter, DNP APRN BC-FNP
Mason and Partners Clinic Co-Director
Associate Professor of Nursing
rsutter2@gmu.edu
Percent Change in Q1 2021: All Drug Overdose vs. Heroin Overdose
IT GETS BETTER!
A seminal study in the United States demonstrated that after controlling for demographic factors, individuals released from prison in Washington State had a 129 x greater risk of drug overdose in the first 2 weeks post-release relative to the general population.

The majority of these overdoses involved opioids!

Incarceration and Reentry without medications for opioid use disorder (MOUD) lead to increased death

The New England Journal of Medicine

Release from Prison — A High Risk of Death for Former Inmates

Ingrid A. Binswanger, M.D., Marc F. Stern, M.D., Richard A. Deyo, M.D., Patrick J. Heagerty, Ph.D., Allen Cheadle, Ph.D., Joann G. Elmore, M.D., and Thomas D. Koepsell, M.D.
What is Medication Assisted Treatment (MAT)?

Source: https://icja.illinois.gov/researchhub/
How it Works
Benefits of MAT

Research shows that patients on MAT for at least 1-2 years have the greatest rates of long-term success. No evidence currently exists to support benefits from cessation.
Myths about MAT

Myth 1. **MAT just trades one addiction for another.**

MAT bridges the biological and behavioral components of addiction. Research indicates that a combination of medication and behavioral therapies can successfully treat SUDs and help sustain recovery.

Myth 2. **Providing MAT will only disrupt and hinder a patient’s recovery process.**

MAT has been shown to assist patients in recovery by improving quality of life, level of functioning and the ability to handle stress. Above all, MAT helps reduce mortality while patients begin recovery.

Myth 3. **MAT increases the risk for overdose in patients.**

MAT helps to prevent overdoses from occurring. Even a single use of opioids after detoxification can result in a life-threatening or fatal overdose. Following detoxification, tolerance to the euphoria brought on by opioid use remains higher than tolerance to respiratory depression.

Myth 4. **There isn’t any proof that MAT is better than abstinence.**

MAT is evidence-based and is the recommended course of treatment for opioid addiction. The National Institute on Drug Abuse, Substance Abuse and Mental Health Services Administration, National Institute on Alcohol Abuse and Alcoholism, Centers for Disease Control and Prevention, and other agencies emphasize MAT as first line treatment.

Prince William ADC
System to System: Active Navigation

* Certified Peer Recovery Specialists to navigate returning resident through system
Virginia Medicaid’s Role in Treatment

Ashley Harrell, LCSW
ARTS Senior Program Advisor, Division of Behavioral Health
Virginia Department of Medical Assistance Services
ashley.harrell@dmas.virginia.gov
What is MEDICAID?

**HEALTH INSURANCE**

- Largest source of health coverage
- Major payer for Behavioral Health Services
- Federal program, jointly funded by each state
- Independently state administered
- Not the same as Medicare

<table>
<thead>
<tr>
<th>Medicaid</th>
<th>Medicare</th>
</tr>
</thead>
<tbody>
<tr>
<td>Operated by the state government with funding and approval through the federal government</td>
<td>Operated by the federal government</td>
</tr>
<tr>
<td>Mostly income based</td>
<td>Mostly aged based</td>
</tr>
<tr>
<td>Covers long-term nursing facility care</td>
<td>Typically does not cover long-term nursing facility care</td>
</tr>
</tbody>
</table>
Who Does Medicaid Serve?

<table>
<thead>
<tr>
<th>Group</th>
<th>Enrollment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Children</td>
<td>811,555</td>
</tr>
<tr>
<td>Pregnant Women</td>
<td>27,668</td>
</tr>
<tr>
<td>Older Adults</td>
<td>82,881</td>
</tr>
<tr>
<td>Individuals with Disabilities</td>
<td>153,017</td>
</tr>
<tr>
<td>Adults</td>
<td>776,269</td>
</tr>
</tbody>
</table>

Medicaid plays a critical role in the lives of over 1.9 million Virginians.

DMAS Data January 1, 2021 [https://www.dmas.virginia.gov/data/medicaid-famis-enrollment/]
Medicaid covers a wide variety of services, which may include:

- Acute Care
- Primary Care
- Long Term Services & Supports
- Behavioral Health
- Addiction and Recovery Treatment Services
  
Adults with full Medicaid benefits now have dental coverage as of July 1, 2021
Benefits: Adults eligible for full-coverage Medicaid

Newly eligible adult enrollees will receive coverage for all Medicaid covered services including evidence-based, preventive services

Doctor, hospital and emergency services, including primary and specialty care
Prescription drugs
Laboratory and X-ray services
Maternity and newborn care
Home health services

**Behavioral health services, including Addiction & Recovery Treatment Services (ARTS)**
Rehabilitative services, including physical, occupational and speech therapies
Family planning services
Dental (NEW in July 2021!)
Medical equipment and supplies
Preventive and wellness services, including annual wellness exams, immunizations, smoking cessation and nutritional counseling
Managed Care Organization case management/care coordination services
Transportation to Medicaid-covered services when no alternatives are available...and more!
Medicaid’s Role in Supporting Recovery

Over the past 5 years, Virginia has dramatically changed who Medicaid covers and the services it provides.

More People Covered

- In 2019 Virginia expanded its Medicaid program.
- Now, most individuals who have lower incomes can qualify for free health coverage through Medicaid.
  - Including individuals who are incarcerated.

New Substance Use Disorder (SUD) Treatment Services Added

- In 2017, Virginia Medicaid expanded access to a continuum of SUD treatment services.
- Services now include community-based treatment, inpatient detox, and residential SUD treatment.
Addiction and Recovery Treatment Services (ARTS)

ARTS offers a fully integrated physical and behavioral health continuum of care.

Inpatient Detox  
Residential Treatment  
Partial Hospitalization  
Intensive Outpatient Programs  
Opioid Treatment Program  
Office-Based Opioid Treatment  
Case Management  
Peer Recovery Supports

Goal is to ensure that members are matched to the right level of care to meet their evolving needs as they enter and progress through treatment.
ARTS Member Fact Sheet

https://www.dmas.virginia.gov/media/3156/arts-fact-sheet-for-members.pdf
## Addiction Treatment Providers Serving Medicaid Members*

<table>
<thead>
<tr>
<th>Provider Type</th>
<th># of Providers Before ARTS</th>
<th># of Providers in ARTS Year 4</th>
<th>% Increase in Providers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Inpatient Detox (ASAM 4)</td>
<td>N/A</td>
<td>55</td>
<td>NEW</td>
</tr>
<tr>
<td>Residential Treatment (ASAM 3)</td>
<td>4</td>
<td>139</td>
<td>3175%</td>
</tr>
<tr>
<td>Partial Hospitalization Programs (ASAM 2.5)</td>
<td>N/A</td>
<td>47</td>
<td>NEW</td>
</tr>
<tr>
<td>Intensive Outpatient Programs (ASAM 2.1)</td>
<td>49</td>
<td>284</td>
<td>480%</td>
</tr>
<tr>
<td>Opioid Treatment Programs</td>
<td>6</td>
<td>43</td>
<td>617%</td>
</tr>
<tr>
<td>Preferred Office-Based Opioid Treatment Providers</td>
<td>N/A</td>
<td>187</td>
<td>NEW</td>
</tr>
<tr>
<td>Outpatient practitioners billing for ARTS services (ASAM 1)</td>
<td>1,087</td>
<td>5,089</td>
<td>368%</td>
</tr>
</tbody>
</table>

*Magellan of Virginia – BHSA Network July 2021
<table>
<thead>
<tr>
<th>Providers for Medications for Treatment of Opioid Use Disorder (OUD)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>PREFERRED OFFICE-BASED OPIOID TREATMENT (OBOT)</strong></td>
</tr>
<tr>
<td>Physicians/Nurse Practitioners with a buprenorphine waiver in private primary care clinics, outpatient health system clinics, psychiatry clinics, Federally-Qualified Health Centers (FQHC), Community Services Boards (CSB), Health Departments, and physician offices.</td>
</tr>
<tr>
<td>Co-located licensed behavioral health practitioners</td>
</tr>
<tr>
<td>Intensive care coordination</td>
</tr>
<tr>
<td>Buprenorphine products or naltrexone</td>
</tr>
</tbody>
</table>
Office-Based Addiction Treatment and Access to Care

Leveraging the Evidence-Based model for Opioid Use Disorder

Care coordination services provided by Preferred OBOT and Opioid Treatment Programs facilitate integration of addiction treatment services with physical health and social service needs.

Rates of MOUD use were higher during episodes of treatment at Preferred OBOT providers (81%), compared to other outpatient providers (56%).

Co-prescribing of opioid pain medication and benzodiazepines declined for members receiving treatment for OUD through Preferred OBOTs.
Office-Based Addiction Treatment and Access to Care

Preferred OBOTs:

OTPs:
Over 96% of full-benefit Medicaid & FAMIS members are served through Managed Care Organizations (MCOs).

All members are enrolled in the FFS benefit initially before transitioning to managed care, including those transitioning from carceral stay to the community.

Behavioral Health Services are administered through Magellan of Virginia for FFS Members.

<table>
<thead>
<tr>
<th>Covered Groups</th>
<th>Covered Benefits</th>
<th>Health Plans</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medallion 4.0</td>
<td>Serving infants, children, pregnant members, caretaker adults and Medicaid expansion adults</td>
<td>Aetna Better Health of Virginia, Anthem HealthKeepers Plus, Molina Complete Care</td>
</tr>
<tr>
<td>Commonwealth Coordinated Care Plus</td>
<td>Serving older adults, disabled children, disabled adults, medically complex newly eligible adults; includes individuals with Medicare and Medicaid (full-benefit duals)</td>
<td>Optima Health Family Care, UnitedHealthcare, Virginia Premier</td>
</tr>
<tr>
<td>1,492,054 Members</td>
<td>Commercial like benefits plus ARTS, transportation and community mental health rehabilitation services; excludes LTSS</td>
<td>Same Six Health Plans Operate Statewide for Both Programs</td>
</tr>
<tr>
<td>284,492 Members</td>
<td>Full continuum of services (same as Medallion), but also includes long-term services and supports (LTSS) in the community, nursing facilities, and hospice</td>
<td>Developmental Disability (DD) Waiver services are carved-out and paid through the Department</td>
</tr>
</tbody>
</table>

Fee-for-service (FFS) Members: 188,349

DMAS Monthly Enrollment as of January 1, 2022
Magellan Healthcare
Virginia
Behavioral Health Services Administrator

OVERVIEW
Magellan of Virginia

Magellan of Virginia was selected by the Virginia Department of Medical Assistance Services (DMAS) to serve as the Behavioral Health Services Administrator (BHSA). Magellan administers behavioral health services for members enrolled in Virginia’s Medicaid and FAMIS programs. Magellan’s website is for members receiving behavioral health services in Virginia, their families and friends, and providers.

https://www.magellanofvirginia.com/welcome/

Magellan of Virginia ensures quality behavioral health services are delivered to Virginia Medicaid enrollees.

Staff are available to help individuals transitioning from carceral stays to the community to locate behavioral health providers to help meet their individual needs.
Magellan of Virginia serves as the Virginia Medicaid BHSA and is responsible for the management and administration of the fee for service (FFS) behavioral health benefit programs under contract with DMAS.

Magellan of Virginia’s role includes the following:

- to create, manage, enroll, and train a provider network
- render service authorizations for behavioral health and addiction and recovery treatment services
- adjudicate and process claims
- perform quality assessment and improvement activities
- perform utilization management of services
- provide care coordination for members receiving Medicaid-covered behavioral health and addiction and recovery treatment services
Magellan Healthcare Contact information

Magellan of Virginia Call Center: 1-800-424-4046

Email: VAProviderQuestions@MagellanHealth.com

Magellan of Virginia Website: https://www.magellanofvirginia.com/for-providers/

Need Assistance locating a Provider? https://www.magellanofvirginia.com/welcome/find-a-provider/
ARTS Resources Available on the DMAS ARTS Website

Visit the DMAS ARTS website to locate providers with Google Maps:
Enrolling in Medicaid

Suzanne Gore, JD, MSW
Principal, State Health Partners
Suzanne.gore@statehealthpartners.com
Who is Eligible for Medicaid?

Previous incarceration or legal carceral system involvement do not impact eligibility for Medicaid.

The vast majority of currently incarcerated individuals are eligible for Medicaid.

However, currently incarcerated individuals receive a limited-benefit package.

<table>
<thead>
<tr>
<th></th>
<th>Childless adult</th>
<th>Parent (family of 3)</th>
<th>Person with disability</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Before 2019:</strong></td>
<td>Not eligible</td>
<td>Eligible with annual income at or below $7,068</td>
<td>Eligible with annual income at or below $9,992</td>
</tr>
<tr>
<td><strong>In 2021:</strong></td>
<td>Eligible with annual income at or below $17,775</td>
<td>Eligible with annual income at or below $30,305</td>
<td>Eligible with annual income at or below $17,775</td>
</tr>
</tbody>
</table>
Medicaid for Individuals who are Currently Incarcerated

- Medicaid covers hospital costs & other charges incurred during a hospital admission of 24-hours or more
  - Does not cover follow up care.
  - Does not cover any other outpatient treatment or treatment within a jail or prison.
  - Does not cover MAT or other SUD treatment services during incarceration.
  - DOES COVER INPATIENT PSYCHIATRIC STAYS!
- Individuals can apply for Medicaid at any time while incarcerated through the Cover VA Incarcerated Unit (CVIU).
Medicaid for Individuals who are Currently Incarcerated

MEDICAID COVERAGE AT REENTRY

Full Medicaid coverage in the community can start on the day of release.

• Individuals can apply for community Medicaid up to 45 days prior to release.
• Medicaid covers medical, mental health, SUD treatment, dental, and long-term services and supports.

Individuals receive “fee-for-service” Medicaid for the first +/- month after release.

◦ Individuals are not directly enrolled in a health plan (e.g., VA Premier, Optima) when they first enroll in Medicaid.
◦ During fee-for-service - Magellan of Virginia Behavioral Health helps coordinate behavioral health services for the first month of full coverage (www.magellanofvirginia.com or 1-800-424-4046)
How to Help Someone Who is Incarcerated Apply for Medicaid (for Jail and Dept. of Corrections staff)


Gather Applicant Information: Legal name, birth date, SSN, etc.

Jail Contact Person: Use Appendix C to list yourself or other jail staff in the section “Is there anyone else that you would like us to share your information with about your application?” This will allow you to check on the status of the application if needed. Note: Applicant must agree to this.

Addresses:

- **Home**: List the physical address of the jail
- **Mailing**: List jail mailing address if different
- **Body of email**: List applicant’s HOME address (or write it in blank space on the app)

**Email Address**: Attach the completed, proofread, and signed application to an email and send to cviu.eligibility@coverva.org. Indicate this is a NEW Application in the subject line.
How to Help Someone Who is Incarcerated Apply for Medicaid (for Jail and Dept. of Corrections staff)

- **Prep**: Prep for the call by reviewing the application questions: [https://www.coverva.org/en/apply](https://www.coverva.org/en/apply)
- **Call**: Call the CVIU Call Center 833-818-8752
- **Participate in**: Participate in the Phone Interview: Applicant participates in a 20-minute phone interview. Ask applicant to list you as the “application assister.”
- **Email**: Email to follow up on applications and case information: cviu.eligibility@coverva.org
How to Help Someone Apply for Medicaid in the Community (for Community Providers)

Call the Cover Virginia Call Center (Main Line) at 1-855-242-8282 (TDD: 1-888-221-1590)

Complete an online application at Common Help: [www.commonhelp.virginia.gov](http://www.commonhelp.virginia.gov)

Complete an online application at The Health Insurance Marketplace: [www.healthcare.gov](http://www.healthcare.gov)

Mail or drop off a paper application to your local Department of Social Services (mailing may take longer than other methods of applying.) Find your nearest local Department of Social Services by visiting: [http://www.dss.virginia.gov/localagency/index.cgi](http://www.dss.virginia.gov/localagency/index.cgi)

Call the Virginia Department of Social Services Enterprise Call Center at 1-855-635-4370 (if you also want to apply for other benefits)
Application Processing and Follow Up for CVIU Applications

- **Application Processing**: The CVIU goal is to make a determination within 5 business days or send a Verification Checklist if additional information is needed to continue processing the application. However, the processing of some applications may take up to 45 days.

- **After Processing**: The applicant will receive a “Notice of Action” (approved or denied), or a “Verification Check List” (requesting additional information) sent to the mailing address provided (or “home” address if that is the only one listed).

- **Checking the Application Status**: As the application assistor (if listed) you may call the CVIU at 833-818-8752 or email cviu.eligibility@coverva.org to check the status of an application.

Questions and Discussion
Thank you!

❖ OBOTs in VA:

❖ Cover Virginia Incarcerated Unit:
https://www.coverva.org/en/cviu

❖ Magellan of Virginia (Behavioral Health):
www.magellanofvirginia.com