The Centers for Medicare and Medicaid Services: SUPPORT Act Section 1003 Grant

SUPPORT ACT GRANT
MONTHLY STAKEHOLDER MEETING
JULY 11, 2022

Department of Medical Assistance Services

The Virginia Department of Medical Assistance Services (DMAS) SUPPORT Act Grant projects are supported by the Centers for Medicare and Medicaid Services (CMS) of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling $4,997,093 with 100 percent funded by CMS/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by CMS/HHS, or the U.S. Government.
Closed Captioning Service

• Automated CC is available for this event with realtime captions that will run simultaneously with the presentation.

• The streaming text is available through: https://www.streamtext.net/player?event=HamiltonRelayRCC-0711-VA3170

• We recommend opening a second window with the link provided and resizing it in such a fashion that it appears below the webinar screen. This allows the viewer to see both the webinar and its associated text/graphics while also being able to comfortably view the realtime captions.

• If you have any questions about this service please send an email to CivilRightsCoordinator@DMAS.Virginia.Gov
Welcome and Meeting Information

• We have an ‘open’ meeting format to allow participation and questions

• Please make sure your line is muted if you are not speaking
  • We will mute all lines if there is a lot of background noise

• If you are having issues with audio, please type questions or comments in the chat box.
How to Mute and Unmute in WebEx

Everyone is muted at the beginning of the webinar – when you are ready to ask a question, please click the red microphone button to unmute. When you are finished, please click it again to mute your line.

When the microphone icon looks like this, you are muted

When the microphone icon looks like this, you are unmuted
<table>
<thead>
<tr>
<th>Item</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Welcome and Overview</td>
<td>10:00 - 10:10</td>
</tr>
<tr>
<td>SUPPORT Act Grant Updates</td>
<td>10:10 - 10:20</td>
</tr>
<tr>
<td>VCU Emergency Department: Addiction Bridge Clinic (ABC)</td>
<td>10:20 – 10:40</td>
</tr>
<tr>
<td>Q&amp;A and Next Steps</td>
<td>10:40 – 10:45</td>
</tr>
</tbody>
</table>
Overview of SUPPORT Grant Initiatives

Notice of Award: September 18, 2019

Period of Performance: September 30, 2019 to September 30, 2022

Approved Budget: $4.9 million

Components
1. Need assessment
2. Strengths-based assessment
3. Activities to increase provider capacity
Virginia Medicaid’s SUPPORT Act Grant Goals:

- Learn from Addiction and Recovery Treatment Services (ARTS) benefit program
  - Appreciate successes
  - Learn from challenges
- Decrease barriers to enter workforce
- Focus on specific subpopulations
  - Members who have legal/carceral experience
  - Members who are pregnant and parenting
- Maintain our core values
  - Person-centered, strengths-based, recovery-oriented
Grant Team

• Alyssa Ward, Ph.D., LCP, Director, Division of Behavioral Health
• Ashley Harrell, LCSW, Project Director & ARTS Senior Program Advisor
• Jason Lowe, MSW, CPHQ, Grant Manager
• Christine Bethune, MSW, Grant Coordinator
• Paul Brasler, MA, MSW, LCSW, Behavioral Health Addiction Specialist
• Tiarra Ross, Senior Budget Analyst
• Prabhdeep Singh, Grant Data Analyst
SUPPORT ACT GRANT UPDATES
JULY 2022
SUPPORT Act Grant Updates:

Highlights of Completed Contracts

• VCU Department of Health Behavior and Policy (DBHP)
  ▪ Medicaid member survey, including semi-structured in-depth follow-up to better understand member experiences
    • This produced Virginia’s first ever look at Medicaid member experiences with ARTS
    • Survey found overall positive experiences with ARTS, and improved outcomes as a result of engaging in ARTS services
  ▪ Review of Department of Corrections data to examine impact of substance use disorders (SUD)
  ▪ Analysis of Peer Recovery Supports to examine utilization and capacity
  ▪ Multi-faceted review of buprenorphine-waivered professionals and providers, including:
    • Surveys of buprenorphine-waivered physicians and office-based addiction treatment providers to understand successes and challenges in buprenorphine treatment
    • Analysis of Drug Enforcement Administration data to determine frequency of prescribing done by waivered professionals, and how that compares to other states
SUPPORT Act Grant Updates:

Highlights of Completed Contracts

• Manatt Health – SUD-specific Policy Landscape Review
  ▪ Assessed SUPPORT Act and other federal and state SUD-related policy requirements and opportunities
  ▪ Performed 44 stakeholder interviews
  ▪ Identified key strengths and opportunities for DMAS, which were presented to agency leadership;
    • Strengths include covering full spectrum of American Society of Addiction Medicine levels of care, utilizing data to improve service provision and efficiency, and offering ongoing technical assistance
    • Opportunities include strengthening and evolving current care coordination system, increasing utilization of peer recovery services, and strengthening enrollment and linkages for members with legal/carceral experience
SUPPORT Act Grant Updates:

Highlights of Completed Contracts

- Health Management Associates (HMA) – Legal/carceral system, SUD, and Medicaid
  - Completed an environmental scan of current system, including surveys of and focus groups with stakeholders
  - Conducted systems analyses with five pilot sites, including “current state” assessments and individualized site reports with “future state” goals
  - Convened two regional cross-sector stakeholder events to bring stakeholders together to identify and address opportunities for growth and collaboration
  - Presented findings to DMAS Justice-Involved Workgroup
SUPPORT Act Grant Updates:

Highlights of Completed Contracts

- Carilion Clinic: Emergency Department Bridge Clinic
  - Expanded and enhanced existing Bridge Clinic services
  - Expanded Bridge Clinic staff, including licensed social worker and peer recovery specialist
  - Developed a curriculum for bridge clinic implementation based on quality improvement work done in partnership with Virginia Department of Health
  - Established Virginia Emergency Department Bridge Replication program, with an initial cohort of five non-Carilion hospitals and three Carilion expansion sites that are hoping to implement their own bridge clinic programs
SUPPORT Act Grant Updates:

Highlights of Completed Contracts

• Subaward program
  ▪ Awarded seven grants to providers throughout the Commonwealth – Lynchburg, Norfolk, Northern Virginia, Richmond, and Roanoke
  ▪ Accomplishments include:
    • Expansion of telehealth services
    • Expanded peer recovery services
    • Expanded Harm reduction services
    • Creation of Patient navigation for pregnant and parenting members
SUPPORT Act Grant Updates:

Projects Update – Contracts ending September 2022

• VCU Wright Center and Institute for Drug and Alcohol Studies
  ▪ Provider webinar survey
  ▪ Brightspot Assessment

• Emergency Department Virtual Bridge Clinic Model
  ▪ VCU Emergency Department Virtual Bridge Clinic (VBC)
    ▪ Implementing a VBC at VCU ED to VCU MOTIVATE Clinic
  ▪ New Contract: Virginia Department of Health – Harm Reduction Organizations
    ▪ Medicaid enrollment
    ▪ Telemedicine: connecting to MOUD, hepatitis C and HIV treatment, and behavioral health treatment
    ▪ “One stop shop” approach
    ▪ Developing potential Harm Reduction conference/virtual event for Fall 2022
### Spring/Summer 2022 Webinar Schedule – Final Series

- **FREE** webinars for anyone who serves Medicaid Member
- Registration is now open. Use links in schedule to register and access the webinars.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Topic</th>
<th>Speaker</th>
<th>URL</th>
<th>Webinar Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday, July 12, 2022</td>
<td>10:00 AM - 11:00 AM</td>
<td>SUD Treatment for Adolescents &amp; Young Adults</td>
<td>Paul Brasler</td>
<td><a href="https://covaconf.webex.com/covaconf/onstage/g.php?MTID=edc2ab174a85b0d7ee814cf18e33b7d44">https://covaconf.webex.com/covaconf/onstage/g.php?MTID=edc2ab174a85b0d7ee814cf18e33b7d44</a></td>
<td><a href="https://www.streamtext.net/player?event=HamiltonRelayRCC-0712-VA3445">https://www.streamtext.net/player?event=HamiltonRelayRCC-0712-VA3445</a></td>
</tr>
<tr>
<td>Thursday, July 14, 2022</td>
<td>1:00 PM - 2:00 PM</td>
<td>SUD Treatment for Adolescents &amp; Young Adults</td>
<td>Paul Brasler</td>
<td><a href="https://covaconf.webex.com/covaconf/onstage/g.php?MTID=e4b5805e593f1e1114865650c2ca7cfb2">https://covaconf.webex.com/covaconf/onstage/g.php?MTID=e4b5805e593f1e1114865650c2ca7cfb2</a></td>
<td><a href="https://www.streamtext.net/player?event=HamiltonRelayRCC-0714-VA3444">https://www.streamtext.net/player?event=HamiltonRelayRCC-0714-VA3444</a></td>
</tr>
<tr>
<td>Tuesday, July 26, 2022</td>
<td>10:00 AM - 11:00 AM</td>
<td>From Burnout to Resiliency</td>
<td>Paul Brasler</td>
<td><a href="https://covaconf.webex.com/covaconf/onstage/g.php?MTID=e9123b07d4edc9c5c49351294d9805d5">https://covaconf.webex.com/covaconf/onstage/g.php?MTID=e9123b07d4edc9c5c49351294d9805d5</a></td>
<td><a href="https://www.streamtext.net/player?event=HamiltonRelayRCC-0726-VA3443">https://www.streamtext.net/player?event=HamiltonRelayRCC-0726-VA3443</a></td>
</tr>
<tr>
<td>Thursday, July 28, 2022</td>
<td>1:00 PM - 2:00 PM</td>
<td>From Burnout to Resiliency</td>
<td>Paul Brasler</td>
<td><a href="https://covaconf.webex.com/covaconf/onstage/g.php?MTID=e05c671bdf472625b772f19837c2b4290">https://covaconf.webex.com/covaconf/onstage/g.php?MTID=e05c671bdf472625b772f19837c2b4290</a></td>
<td><a href="https://www.streamtext.net/player?event=HamiltonRelayRCC-0728-VA3442">https://www.streamtext.net/player?event=HamiltonRelayRCC-0728-VA3442</a></td>
</tr>
</tbody>
</table>

On March 23, 2022, DEA Administrator Anne Milgram issued a press release - "DEA's Commitment to Expanding Access to Medication-Assisted Treatment"

- This change will allow ED, hospital, and clinic practitioners to request an exception allowing them to **dispense** a three-day supply of buprenorphine or methadone to treat patients experiencing acute opioid withdrawal.
  - Previously, the 72-hour rule only allowed administration, meaning a person had to return on subsequent days to receive medication
  - This change removes potential barriers to MOUD, including transportation, and therefore increases likelihood of recovery
- Practitioners **MUST REQUEST AN EXCEPTION** by emailing **ODLP@dea.gov**
  - When doing so, including 'REQUEST FOR EXCEPTION TO LIMITATIONS ON DISPENDING FOR OUD' in the subject line
  - Practitioners can request a blanket exemption, they do not need to request an exemption every time they wish to dispense a three day supply
- The DEA is still working on official, finalized guidance, but practitioners do not need to wait for this to request an exemption
Medicaid and Peer Recovery Support Services Symposium

Save the Date!
October 17, 2022
9:00 a.m. to noon
Emergency Department Virtual Addiction Bridge Clinic (ABC) For Opioid Use Disorder

F. Gerard Moeller, M.D.  Brandon Wills, DO, FACEP, FAACT
Professor and Division Chair: Addictions
Department of Psychiatry
VCU School of Medicine

Theresa Davis, NP
Katy Ringwood, RN
VaSharon Crenshaw
Objectives

- Scope of the OUD epidemic
- VCU ABC Mechanics
- Early data
- Next steps
Efforts to increase treatment have not impacted overdose deaths in Virginia.

Overdose became #1 cause of unnatural death in 2013.

On track to be highest ever in 2021.
Richmond is at the Epicenter of the Overdose Epidemic in Virginia
Important numbers

- US drug overdose deaths surpassed 100,000 in 2021 for the first time ever (1)
  - 71,000 were related to fentanyl
- Approximately 1,000,000 non-fatal overdoses are treated in US emergency departments annually (2)
- Engagement in OUD treatment utilizing buprenorphine markedly reduces all-cause mortality (3)
- Non-fatal overdoses have significant risk of death after discharge (next slide)

2. PMID: 32240125
3. PMID: 28446428, 29913516
N=11,000 opioid overdoses

Subsequent death
5% dead within 1 year (1 in 20!)
1% dead within 1 month
0.25% dead within 2 days
Nonfatal opioid overdose presenting VCU ED (4 month blocks)

Pre-pandemic March-June = 102
Early pandemic March-June = 227
# More local (VCU) data

<table>
<thead>
<tr>
<th>Group</th>
<th>N=</th>
<th>Number of patients with repeat OD within 6 months after index OD (%)</th>
<th>Number of patients who died within 6 months of the index OD (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>2020-2021 Overdose patients seen in VCU ED after hours (standard referral procedures)</td>
<td>548</td>
<td>98 (18%)</td>
<td>33 (6%)</td>
</tr>
</tbody>
</table>
Follow-up after ED visits for opioid use disorder: Do they reduce future overdoses?

The Medicaid Outcomes Distributed Research Network

Conclusions: Among Medicaid enrollees with OUD, having a follow-up visit 7 days after an ED visit is protective against fatal or nonfatal overdose within 6 months, although the association varies considerably across states.
Goals of Buprenorphine Pharmacotherapy

- Abort withdrawal & cravings
- Stop other opioid use
- Harm reduction in other domains...
ED initiated Buprenorphine: challenges

- Timing of induction can be complicated (fentanyl)
- X-waivered clinicians
- Needing assurance of rapid follow up
VCU Addiction Bridge Clinic (ABC)

Aims:
- Provide next-day follow-up for pts. after ED visit
- Simple and fast ED referral process
- Provide effective, patient-centered care
- Utilize a telehealth platform
Virtual vs. Face to Face

**Pros:**
- Simplified logistics of scheduling/transportation
- Patients may be more willing to have phone interview than face to face visit

**Cons:**
- Difficulty contacting patients (inaccurate phone number or no phone)
VCU ABC Mechanics
VCU Virtual
Addiction Bridge Clinic (ABC)

**Staffing**
- Bridge coordinator engages patient via phone and coordinates ABC visit
- Addiction trained NP provides telehealth visit
- Addiction faculty supervision of program
- Informatics to identify ED OUD patients not referred
VCU Virtual Addiction Bridge Clinic (ABC)

Process:

Refer
- ED order in EHR (Epic)
- Referral card

Bridge
- Coordinator engages pt.
- Clinical ABC visit takes place

Cross
- Cross bridge to in-person visit
- Longitudinal addiction care
**Epic EHR Referral**

---

<table>
<thead>
<tr>
<th>Name</th>
<th>Type</th>
<th>Pref List</th>
<th>Resulting Agencies</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ambulatory referral to Addictions Treatment Program</td>
<td>Referral</td>
<td>AMB FACIL...</td>
<td></td>
</tr>
</tbody>
</table>

---

**Referral Card (new)**

**Addiction Bridge Clinic (ABC)**

- **Begin Treatment With Us**
- **Call for a rapid appointment:** (804) 628-6000

**Treatment services are available for:**
- Opioids/heroin, alcohol, cocaine & stimulants, others

**Highlights of the VCU Health ABC include:**
- Rapid intake appointments
- Patient-centered
- Telehealth and in-person options available
- Utilize effective FDA-approved medications
- Referral for other medical services if needed
VCU Virtual Addiction Bridge Clinic (ABC)

Preliminary results to date

<table>
<thead>
<tr>
<th>ED Referrals to ABC</th>
<th>Completed ABC*</th>
<th>Completed in person visit after ABC</th>
</tr>
</thead>
<tbody>
<tr>
<td>424</td>
<td>138/424 (33%)</td>
<td>89/138 (64%)</td>
</tr>
</tbody>
</table>

*Prior data (Ochalek 2020) showed only 10% of overdose patients attended Outpatient clinic after ED visit
VCU Virtual
Addiction Bridge Clinic (ABC)

Challenges

- Approximately 33% referred to ABC complete telehealth appointment
- Most are non-fatal overdoses, not patients presenting seeking treatment
- Logistic challenges: accurate phone number, unreliable phone service, homelessness...
VCU Virtual
Addiction Bridge Clinic (ABC)

Next Steps

- Improve administrative issues for referrals (accurate phone numbers, etc.)
- Expand ABC to areas with very limited resources (Tappahannock, CMH)
- Free Naloxone distribution in ED
Team ABC appreciates your support! Thank you!
Questions or Comments?

VCU
C. Kenneth and Dianne Wright Center for Clinical and Translational Research
Please use the Chat feature to ask questions
ARTS/BRAVO DOC ON WEBSITE

DMAS Home Page: https://www.dmas.virginia.gov/
SUPPORT Grant: https://www.dmas.virginia.gov/#/artssupport
**Monthly Stakeholder Meetings**

- March 2021
- February 2021
- January 2021
- December 2020
- November 2020
- October 2020
- September 2020
- August 2020
- July 2020
- June 2020
- May 2020
- April 2020


*Reminder: Stakeholder Meetings are now held every other month! Our final meeting will be in September!*
Addiction and Recovery Treatment Services (ARTS) Contacts

**ARTS Questions:**
- ARTS Helpline number: **804-593-2453**
- Email: **SUD@dmas.Virginia.gov**
- Website: https://www.dmas.virginia.gov/providers/addiction-and-recovery-treatment-services/

**SUPPORT Act Grant Questions:**
- **SUPPORTgrant@dmas.virginia.gov**

**ARTS Treatment Questions:**
- SUD Behavioral Health: Paul Brasler
  - Paul.Brasler@dmas.Virginia.gov
  - 804.401.5241
- Addiction Medicine: SUPPORT Team
  - SUPPORTgrant@dmas.Virginia.gov
Thank you for joining us!

You have helped to make the SUPPORT Act Grant a success in Virginia!

Join us for our Closing World Café where we will discuss how we can continue to grow and expand resources for treatment and recovery in Virginia.

Closing World Cafe
Monday, September 12th
10:00 AM – 11:30 AM