

Table of Contents

State Name: Virginia

State Plan Amendment (SPA) #: 26-0006

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) Form CMS-179
- 3) Approved SPA Pages

DEPARTMENT OF HEALTH & HUMAN SERVICES

Centers for Medicare & Medicaid Services

601 E. 12th St., Room 355

Kansas City, Missouri 64106



Medicaid and CHIP Operations

August 13, 2026

Steven Ford, Director
Department of Medical Assistance Services
600 East Broad Street, Suite 1300
Richmond, VA 23219

Re: Virginia State Plan Amendment (SPA) - 26-0006

Dear Director Ford:

The Centers for Medicare & Medicaid Services (CMS) has reviewed your Medicaid State Plan Amendment (SPA) submitted under transmittal number (TN) 26-0006. This SPA amends the State Plan to include up to 10 doula visits, with up to four visits during pregnancy and up to six visits in the 12 months postpartum, with additional visits permitted if deemed medically necessary. The Agency's fee schedule rates for doula services, including the additional value-based incentive payments, are set as of January 1, 2022, and are effective for services on or after that date.

We conducted our review of your submittal according to statutory requirements in Title XIX of the Social Security Act and implementing regulations. This letter informs you that Virginia's Medicaid SPA TN 26-0006 was approved on August 13, 2026, with an effective date of July 1, 2026.

Enclosed are copies of the Form CMS-179 and the approved SPA pages to be incorporated into the Virginia State Plan.

If you have any questions, please contact Margaret Kosherzenko at (215) 861-4288 or via email at Margaret.Kosherzenko@cms.hhs.gov.

Sincerely,

Mandy L. Strom
Acting Deputy Director, Division of Program Operations

Enclosures

**TRANSMITTAL AND NOTICE OF APPROVAL OF
STATE PLAN MATERIAL
FOR: CENTERS FOR MEDICARE & MEDICAID SERVICES**

1. TRANSMITTAL NUMBER

2 6 — 0 0 0 6

2. STATE

V A3. PROGRAM IDENTIFICATION: TITLE OF THE SOCIAL
SECURITY ACT

XIX



XXI

TO: CENTER DIRECTOR

CENTERS FOR MEDICAID & CHIP SERVICES

DEPARTMENT OF HEALTH AND HUMAN SERVICES

4. PROPOSED EFFECTIVE DATE

7/1/2026

5. FEDERAL STATUTE/REGULATION CITATION

42 CFR 440

6. FEDERAL BUDGET IMPACT (Amounts in WHOLE dollars)

a. FFY 2026\$ 0b. FFY 2027\$ 0

7. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT

Attachment 3.1A&B, Supplement 1, revised page 28.1Attachment 4.19B, revised page 6.2.1.28. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION
OR ATTACHMENT (If Applicable)Same as box #7.

9. SUBJECT OF AMENDMENT

Updates to Doula Coverage

10. GOVERNOR'S REVIEW (Check One)



GOVERNOR'S OFFICE REPORTED NO COMMENT



COMMENTS OF GOVERNOR'S OFFICE ENCLOSED



NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL



OTHER, AS SPECIFIED:

Secretary of Health and Human Resources

11. SIGNATURE OF STATE AGENCY OFFICIAL



12. TYPED NAME

Steve Ford

13. TITLE

Director

14. DATE SUBMITTED

05/29/2026

15. RETURN TO

Department of Medical Assistance Services

600 East Broad Street, #1300

Richmond VA 23219

Attn: Policy Supervisor

FOR CMS USE ONLY

16. DATE RECEIVED

06/29/2026

17. DATE APPROVED

08/13/2026

PLAN APPROVED - ONE COPY ATTACHED

18. EFFECTIVE DATE OF APPROVED MATERIAL

07/01/2026

19. SIGNATURE OF APPROVING OFFICIAL

20. TYPED NAME OF APPROVING OFFICIAL

Mandy L. Strom

21. TITLE OF APPROVING OFFICIAL

Acting Deputy Director, Division of Program Operations

22. REMARKS

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT
State of VIRGINIA
**AMOUNT, DURATION, AND SCOPE OF MEDICAL
AND REMEDIAL CARE AND SERVICES PROVIDED TO THE CATEGORICALLY NEEDY
and MEDICALLY NEEDY**

Doula Services

Doula services will be used to provide support for pregnant individuals throughout the perinatal period, which may improve birth-related outcomes. Pursuant to 42 C.F.R. Section 440.130(c), doula services are provided as preventive services and must be recommended by a physician or other licensed practitioner of the healing arts within his or her scope of practice under state law to prevent perinatal complications and/or promote the physical and mental health of the beneficiary.

Service Description:

Virginia intends to provide doula services for pregnant individuals during the prenatal period, childbirth and the postpartum period. Doulas support the pregnant individual throughout the pregnancy, childbirth and postpartum experience, with the goal of improving outcomes for birthing parents and infants. Doulas offer support, guidance, evidence-based education, practical support during childbirth, and linkages to community-based resources. Service components include:

- Perinatal support services, including newborn care, to prevent adverse outcomes;
- Labor support; and
- Coordination with community-based services, to improve beneficiary outcomes

Qualified Provider Specifications:

Doula services shall be provided by qualified individuals who are at least 18 years of age. Doulas must:

- Complete doula training, which must include core competencies (perinatal support services, labor support), community-based/cultural competency training, and care coordination. Doula trainings must be approved by the Virginia Department of Health (VDH); and
- Be certified by a state certifying entity designated by VDH.

Limits:

- Any service limits may be exceeded based upon medical necessity.
- Service authorization is required if more than four prenatal visits and/or more than six postpartum visits during the 12 months after birth are required.

TN No. 26-0006

Approval Date 8-13-2026

Effective Date 7-1-2026

Supersedes

TN No. 21-013

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State of VIRGINIA

METHODS AND STANDARDS FOR ESTABLISHING PAYMENT RATE - OTHER TYPES OF CARE

Doula Services

Doula services may be reimbursed from the date of confirmed conception through 12 months after delivery, contingent on the client maintaining Medicaid eligibility. Virginia will reimburse up to 4 prenatal and up to 6 postpartum visits and attendance at birth. Any service limits may be exceeded based upon medical necessity. Service authorization is required if more than four prenatal visits and/or more than six postpartum visits during the 12 months after birth are required.

Each prenatal/postpartum service visit shall be billed and reimbursed separately. A unit of service is 15 minutes. An initial prenatal visit has a maximum unit capacity of six (6) units to account for assessment while all other visits have a maximum capacity of four (4) units.

During the postpartum period, an additional value-based incentive payment will be made if the Doula performs at least one (1) postpartum service visit and the client is seen by an obstetric clinician for one (1) postpartum visit after a labor and delivery claim. A second additional value-based incentive payment will be made if the Doula performs at least one (1) postpartum service visit (this may be the same postpartum visit used for the first value-based payment) and the newborn is seen by a pediatric clinician for one (1) visit after a labor and delivery claim.

The Agency's fee schedule rates for doula services, including the additional value-based incentive payments, are set as of January 1, 2022, and are effective for services on or after that date. The rates are the same for both governmental and private providers. All rates are published on the State's website at <https://www.dmas.virginia.gov/for-providers/rates-and-rate-setting/procedure-fee-files-cpt-codes/>.

TN No. 26-0006

Approval Date 8-13-2026

Effective Date 7-1-2026

Supersedes

TN No. 21-013