MEDICAID MEMBER ADVISORY COMMITTEE

August 14, 2023





AGENDA

Natalie Pennywell

Outreach and Community Engagement Manager
Community Outreach and Member Engagement Team (COMET)
Department of Medical Assistance Services (DMAS)



Agenda

- Call to Order
- Member Roll Call and Introductions
- 3. Minutes Approval 6.12.2023 MAC Meeting
- 4. Presentation: Spouse/Parent Caregiver
- 5. Presentation: Behavioral Health Care in the Community
- 6. Presentation: Quality Measures and Quality Improvement
- Public Comment
- 8. Adjournment and Lunch





MINUTES APPROVAL

Natalie Pennywell

Outreach and Community Engagement Manager Community Outreach and Member Engagement Team (COMET)

Department of Medical Assistance Services (DMAS)





SPOUSE/PARENT CAREGIVER

Nichole Martin, Director, Office of Community Living Virginia Department of Medical Assistant Services







LEGALLY RESPONSIBLE INDIVIDUALS AND PERSONAL CARE SERVICES

Nichole Martin

Director, Office of Community Living

Reimbursing Legally Responsible Individuals (LRI)

The Department of Medical Assistance Services (DMAS) shall allow legally responsible individuals (parents of children under age 18 and spouses) to provide personal care/personal assistance services and be paid for those services when circumstances prevent an individual from being cared for by a non-parent caregiver. Any legally responsible individual who is a paid aide or attendant for personal care/personal assistance services shall meet all the same requirements as other aides or attendants.

- Virginia's Appendix K remains active until November 11, 2023, six months after the end of the Federal PHE. The legally responsible individuals currently being reimbursed for personal care services will be authorized to do so until the end date of Appendix K.
- Appendix K did not require states to respond to permanent CMS standards for approval to reimburse legally responsible individuals.



CMS Requirements for Reimbursing LRIs

- Define the circumstances when payment may be authorized for extraordinary care by an LRI.
- Safeguards to define limitations on the amount of services that can be reimbursed.
- How care by the LRI is in the best interest of the member.
- Controls to ensure that payments are made only for services rendered.
- How the state will monitor the services.



CMS APPROVED GUIDELINES

Approved June 12, 2023 in the Family and Individual Supports Waiver

- Demonstrate there is no one else to provide the extraordinary care needed
- Reimburse for up to 40 hours a week
- Hired by a personal care agency that will conduct quarterly in-person visits
- State will conduct quality reviews



Legally responsible individuals reimbursed through Consumer Direction

Public Comment period: June 27 – July 27, 2023

Employer of Record (EOR) Requirements

- Must not be another LRI or stepparent.
- Must reside in the family's local community within a 50-mile radius. This ensures
 that the EOR will be able to manage the services adequately.
- Services Facilitation services cannot be waived.
- The Services Facilitator will complete and assess a 'Questionnaire to Assess an Applicant's Ability to Independently Manage Consumer-Directed Services' form (DMAS 95 Addendum).



Legally responsible individuals reimbursed through Consumer Direction

Personal Care Attendant Requirements

- Electronic Visit Verification (EVV) will be required.
- Daily tasks must be documented on a form developed by DMAS.
- Reimbursed services must be within the scope of the personal care service —
 assistance with ADLs. All skilled tasks performed by LRIs during reimbursed times
 must be delegated by a Registered Nurse. This is a current requirement.



Timeline

- Public Comment period ended July 27, 2023.
- CMS Application submitted no earlier than July 31, 2023, based on CMS notification requirements.
- CMS reviews and approves applications in 90 days
- DMAS will host sessions with stakeholders including families after CMS approval.





BEHAVIORAL HEALTH CARE IN THE COMMUNITY

Lisa Jobe-Shields, Ph.D.

Division Director, Behavioral Health

Virginia Department of Medical Assistant Services







BEHAVIORAL HEALTHCARE IN THE COMMUNITY

Lisa Jobe-Shields, Ph.D.

Division Director, Behavioral Health

Overview

- Current Medicaid Behavioral Health Services
 - Substance Use Continuum (ARTS Program)
 - Project BRAVO and Crisis Services Continuum
 - Children's Services Continuum
 - Adult Services Continuum
- Governor's Right Help. Right Now. Plan to Transform Behavioral Health
- DMAS Behavioral Health Dashboard
- Behavioral Health Service Administrator (BHSA) contract change Nov. 1



ARTS Benefit

- Array of services based on the American Society of Addiction Medicine (ASAM) continuum implemented in 2017
- Access has increased year over year, with over 53,000 receiving a service in State Fiscal Year 2021
- Evaluated on an annual basis as part of 1115 waiver authority
 - Waiver due for renewal this December







Addiction Treatment Providers Serving Medicaid Members*

Provider Type	# of Providers Before ARTS	# of Providers in ARTS Year 5	% Increase in Providers
Inpatient Detox (ASAM 4)	N/A	70	NEW
Residential Treatment (ASAM 3)	4	95	1 2,275%
Partial Hospitalization Programs (ASAM 2.5)	N/A	47	NEW
Intensive Outpatient Programs (ASAM 2.1)	49	209	1 327%
Opioid Treatment Programs	6	44	1 633%
Preferred Office-Based Addiction Treatment Providers	N/A	202	NEW
Outpatient practitioners billing for ARTS services (ASAM 1)	1,087	6,184	469%

^{*}Magellan of Virginia – BHSA Network April 2022



BRAVO Services



 Launch of nine enhanced services strategized to address the psychiatric bed crisis including investment in evidence-based services delivered in the community.

12/1/21

Assertive Community Treatment Partial Hospitalization Intensive Outpatient

7/1/21

Multisystemic Therapy
Functional Family Therapy
Mobile Crisis Response
Community Stabilization
23-Hour Crisis Stabilization
Residential Crisis Stabilization

Close Coordination with DBHDS, DHP, DSS, DJJ and OCS to assure alignment across payers and regulators of these services

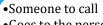
Establishment of the Center for
Evidence-Based Partnerships with
other HHR agencies and VCU to
support accountability through evaluation and
reporting on cross-agency efforts

Management of complex implementation of crisis services to connect intersecting projects and legislation



Crisis Continuum of Care in Medicaid





- ullet Goes to the person
- •Dispatched from Regional Hubs
- •Mostly Two-person teams

Mobile Crisis Response

Community Stabilization

- •A bridge service
- Goal is to connect to an appropriate follow-up service after a behavioral health crisis has occurred.
- •Some where to go
- •Longer assessment time

23-Hour Crisis Stabilization

Residential Crisis Stabilization

- •Some where to go
- •Longer stabilization time



Youth (o-under 21) Services Continuum: Today

Case Management and Resiliency Supports	 MH Case Management Treatment Foster Care Case Management Peer Recovery Support Services 	 SUD (ARTS) Case Management Peer Recovery Support Services
Outpatient Services	 Outpatient Psychotherapy Outpatient Psychiatry 	 ASAM 0.5 and 1.0 (Early Int/Outpatient) Preferred Office Based Addiction Treatment (OBAT) (18-20) Opioid Treatment Program (OTP) (18-20)
Intensive Community Supports-Youth	 Functional Family Therapy Multisystemic Therapy Therapeutic Day Treatment 	Intensive In-Home Services
Intensive Clinic Based Services	 MH Intensive Outpatient (IOP) MH Partial Hospitalization Program (PHP) 	 ASAM 2.1 (Intensive Outpatient) ASAM 2.5 (Partial Hospitalization)
Comprehensive Crisis and Transition Services	 Mobile Crisis Response 23-Hour Crisis Stabilization Residential Crisis Stabilization Community Stabilization (Transition) 	
Residential Services	Psychiatric Residential TreatmentTherapeutic Group Home	ASAM 3.1 (Low intensity)ASAM 3.5 (Medium Intensity)
Inpatient Services	• Inpatient	ASAM 3.7 (Medically Intensive)ASAM 4.0 (Withdrawal Management)



Adult Services Continuum: Today

Case Management and Resiliency Supports	MH Case ManagementPeer Recovery Support Services	SUD (ARTS) Case ManagementPeer Recovery Support Services
Outpatient Services	Outpatient PsychotherapyOutpatient Psychiatry	 ASAM 0.5 and 1.0 (Early Int/Outpatient) Preferred Office Based Addiction Treatment (OBAT) Opioid Treatment Program (OTP)
Intensive Community Supports- Adults	 Assertive Community Treatment Mental Health Skill Building Psychosocial Rehabilitation 	
Intensive Clinic Based Services	 MH Intensive Outpatient (IOP) MH Partial Hospitalization Program (PHP) 	 ASAM 2.1 (Intensive Outpatient) ASAM 2.5 (Partial Hospitalization)
Comprehensive Crisis and Transition Services	 Mobile Crisis Response 23-Hour Crisis Stabilization Residential Crisis Stabilization Community Stabilization (Transition) 	n)
Residential Services		 ASAM 3.1 (Low intensity) ASAM 3.3 (Specific Population-High Intensity) ASAM 3.5 (High Intensity)
Inpatient Services	• Inpatient	ASAM 3.7 (Medically Monitored)ASAM 4.0 (Medically Managed)



Right Help. Right Now.

An aligned approach to BH that provides access to timely, effective, and community-based care to reduce the burden of mental health needs, developmental disabilities, and substance use disorders on Virginians and their families

1: We must strive to ensure same-day care for individuals experiencing behavioral health crises

2: We must relieve the law enforcement communities' burden while providing care and reduce the criminalization of behavioral health

3: We must develop more capacity throughout the system, going beyond hospitals, especially to enhance community-based services

4: We must provide targeted support for substance use disorder (SUD) and efforts to prevent overdose

5: We must make the behavioral health workforce a priority, particularly in underserved communities

6: We must identify service innovations and best practices in pre-crisis prevention services, crisis care, post-crisis recovery and support and develop tangible and achievable means to close capacity gaps

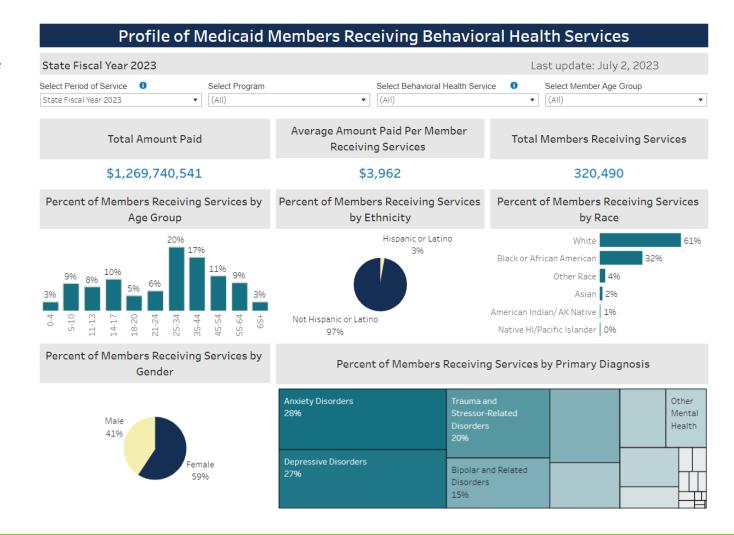




Virginia Medicaid Behavioral Health Dashboard

Since July 2022, **320,490 of Virginia Medicaid members have received behavioral health services**(from data received todate)

Behavioral Health
Service Utilization and
Expenditures | DMAS Department of Medical
Assistance Services
(virginia.gov)





Behavioral Health Services Administrator (BHSA) Contract Transition

- Fee for service (FFS) contract with Magellan is ending this Fall
- Behavioral health FFS <u>service authorizations</u> will be managed by Kepro beginning November 1



Thank you for your partnership, support and participation.

Additional Questions?

Please contact us at:

Mental Health: enhancedbh@dmas.virginia.gov

ARTS: SUD@dmas.virginia.gov

Provider Enrollment: VAMedicaidProviderEnrollment@gainwelltechnologies.com











QUALITY MEASURES AND QUALITY IMPROVEMENT

Laura Boutwell
Director, Quality and Population Health Division
Virginia Department of Medical Assistant Services



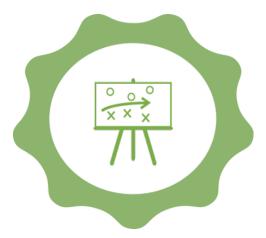




Quality and Population Health Division (QPH)





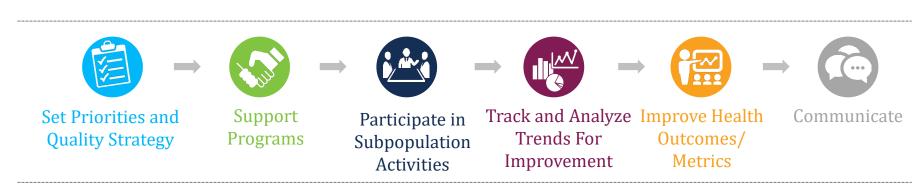


Laura Boutwell, DVM, MPH

Division Director

Quality and Population Health Division: Overview

Mission and Vision



The Quality and Population Health Division is responsible for overseeing the quality of care given to Medicaid members, including those enrolled with contracted managed care organizations (MCOs).

 To make sure the care provided meets acceptable standards and Medicaid members are receiving high-quality, cost-effective care, DMAS ensures compliance with both state and federal regulations, in addition to DMAS's policies.

DMAS partners with MCOs to provide high-quality combined physical and behavioral health services that will improve the health and wellbeing of our members.

The care given must meet standards for improving quality of care and services, access, changes needed in care, addressing health gaps, and timeliness.



Current Quality Improvement Efforts

Calendar Year 2023

	2023-2025 DMAS Quality Strategy	Three-year strategic document on Agency quality improvement goals Additional details on the current framework on the next slide
	Medicaid Program Changes	QPH is working with the Agency to oversee new and upcoming programmatic changes to Medicaid, including managed care program merger
	Performance Monitoring Dashboards	High priority HEDIS® quality measures w/ performance expectations Now LIVE: https://dmas.virginia.gov/data/managed-care-hedis-dashboards/
\bigstar	Quality Reporting and Accessibility	Updates to the Quality webpage on DMAS site to increase public access to reports Transform internal and external reporting accessibility to support Agency efforts
-	National Committee for Quality Assurance (NCQA	All MCOs must obtain and maintain NCQA accreditation, including LTSS Distinction QPH interfaces with NCQA regularly for best practices and trainings
	External Quality Review Organization (EQRO) Contract and Oversight	QPH is responsible to mediate work between the EQRO and DMAS as well as the MCOs as needed to perform required quality improvement activities



2023-2025 Quality Strategy Overview

- ✓ What is a Quality Strategy?
 - It is a three-year strategic document that outlines a coordinated and comprehensive system to proactively drive quality throughout the Virginia Medicaid and CHIP system
- ✓ Utilizes a CMS Quality Strategy Framework
 - Set Goals -> Create Objectives -> Design Interventions -> Monitor via Measures
- ✓ Progress on the Quality Strategy is reviewed and published annually with DMAS and our EQRO in the Annual Technical Reports
 - DMAS has multiple quality improvement activities that monitor key areas of the Quality Strategy Goals, including focus studies, performance measure development, and performance improvement projects.
- ✓ Analyses are also shared internally with program teams as well as with MCO partners to provide a continuous quality improvement feedback loop



2023-2025 Quality Strategy Goals



Enhance the Member Care Experience



Promote Access to Safe, Gold-Standard Patient Care



Support Efficient and Value-Driven Care



Strengthen the Health of Families and Communities



Providing Whole-Person Care for Vulnerable Populations

For more information on the full Quality Strategy, visit the DMAS website:

https://www.dmas.virginia.gov/aboutus/office-of-quality-and-populationhealth/studies-and-reporting/



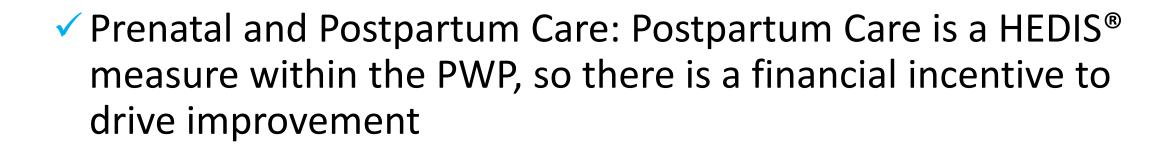
Quality Strategy Intervention Example

2023-2025 Virginia Quality Strategy Framework	Goal	Strengthen the health of families and communities
	Objective	Improve outcomes for maternal and infant members
	Intervention	Utilization of value-based purchasing arrangements (details on next slide)
	Measures	Prenatal and Postpartum Care: Postpartum Care HEDIS® measure



Quality Strategy Intervention Example, Continued

- ✓ Performance Withhold Program (PWP)
 - 1% capitation withhold
 - Separate PWP arrangements by managed care program
 - Measures cover a variety of health care domains
 - Alignment of performance thresholds within QS

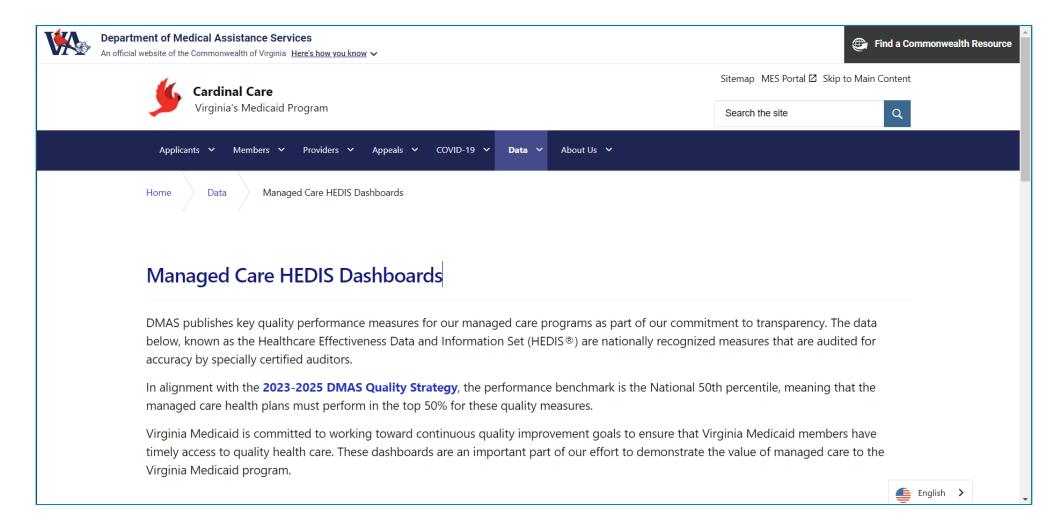




Healthcare Effectiveness Data and Information Set (HEDIS®) Dashboard Development

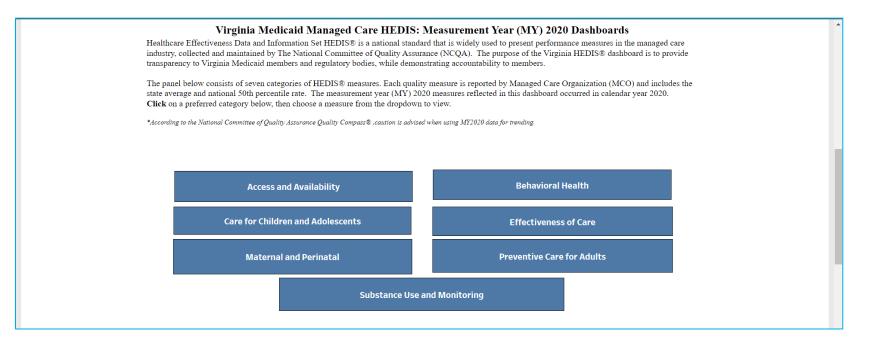
- ✓ HEDIS® is one of the most widely used set of performance measures in the health care industry
 - Developed to address a variety of important health care topics and provide a standardized way to measure performance
 - In Virginia Medicaid, the managed care organizations work with Certified HEDIS® Compliance Auditor (CHCA) to audit and verify the measures, then submitted the audited measures in a locked file to both NCQA as well as to DMAS
- ✓ DMAS developed and publishes a dashboard to utilize the HEDIS® measure rates that align with the 2023-2025 Quality Strategy

Managed Care HEDIS® Dashboard Demonstration





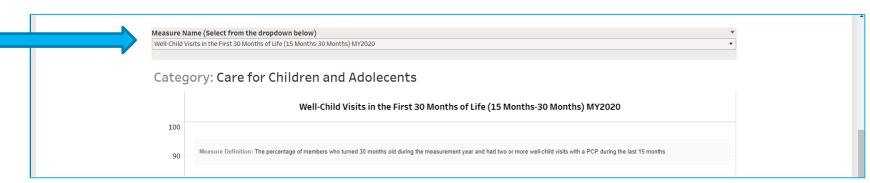
Managed Care HEDIS® Dashboard Demonstration



Scroll down and then click on the measure domain you are interested in

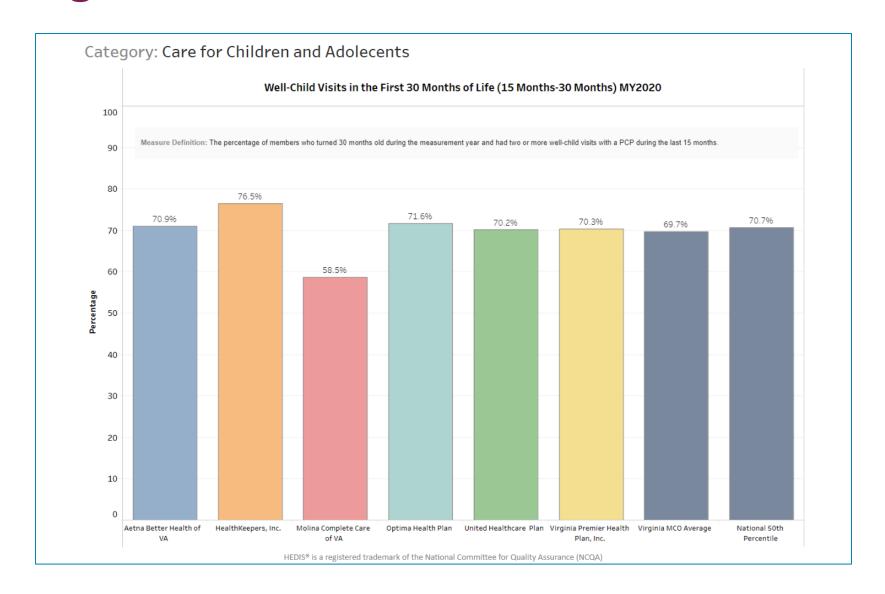


Use the drop-down menu to view and select the specific measure to view





Managed Care HEDIS® Dashboard Demonstration



Quality and Population Health DMAS Website Demonstration

Background

The Office of Quality and Population Health is responsible for overseeing the quality of care given to Medicaid members, including those enrolled with contracted managed care organizations (MCOs). To make sure the care provided meets acceptable standards and Medicaid members are receiving high-quality, cost-effective care, DMAS ensures compliance with both state and federal regulations, in addition to DMAS's policies. DMAS partners with MCOs to provide high-quality combined physical and behavioral health services that will improve the health and wellbeing of our members. The care given must meet standards for improving quality of care and services, access, changes needed in care, addressing health gaps, and timeliness.

Quality care refers to:

- 1. Quality of physical health care, including primary and specialty care;
- 2. Quality of behavioral health care focused on recovery and rehabilitation;
- 3. Access and availability to primary care, behavioral health care, pharmacy services, specialty health care, and Medallion providers and services;
- 4. Uninterrupted coordination of care across all care and service settings for smooth transitions in care and maximum care continuum; and,
- 5. Enrollee experience and access to high-quality, coordinated, and culturally-competent clinical care and services.

The activities overseen by the Quality Improvement unit consist of the Quality Strategy, Performance Improvement Projects (PIP), regulation reviews, Technical Reports, and the Consumer Assessment of Healthcare Providers and Systems (CAHPS) Medicaid member satisfaction surveys for children and adults. The activities overseen by the Population Health Unit include Performance Measure Validation processes (PMV), the Medicaid Maternal and Child Health Focus Study, and the Child Welfare Focus Study.





Quality and Population Health DMAS Website Demonstration

Overview

The Office of Quality and Population Health strongly believes in the principle of data transparency and the use of data to drive informed decisions. Several quality data and analytic products are produced to help focus and drive quality improvement within the Department of Medical Assistance Services (DMAS):

- Annual Technical Reports
- Quality Strategy Report
- Medicaid and CHIP Maternal and Child Health Focus Study
- Child Welfare Focus Study
- Encounter Data Validation
- FAMIS CAHPS Survey
- Dental Utilization in Pregnant Women Study



NAVIGATE

Office of Quality and Population Health

Quality Improvement Unit

Population Health Unit

Contracts and Regulations

Studies and Reporting

Data and Dashboards

Additional Resources

Scroll down or click on the report you are interested in from the list



Medicaid and CHIP Maternal and Child Health Focus Study
 (Formerly known as the Prenatal Care and Birth Outcomes Focus Study)

DMAS has worked with Health Services Advisory Group, Inc. (HSAG) since the state fiscal year 2015-2016 to complete an annual focus study that includes measurable information about prenatal care and linked birth outcomes among women with births paid by Title XIX or Title XXI. Title XIX or Title XXI includes Medicaid, Family Access to Medical Insurance Security (FAMIS), FAMIS MOMS, FAMIS Prenatal Coverage, Medicaid Expansion, and Low-Income Families with Children (LIFC) programs.

- 2021-2022 Medicaid and CHIP Maternal and Child Health Focus Study
- 2020-2021 Prenatal Care and Birth Outcomes Focus Study
- 2019-2020 Prenatal Care and Birth Outcomes Focus Study



Potential Discussion Points

- ✓ DMAS 2023-2025 Quality Strategy
 - Were you aware that the Agency has a Quality Strategy?
 - Do you have any recommendations for outreach to get engage public comment?
- ✓ Managed Care HEDIS® Dashboard
 - Do you think visualizing data like this is helpful for members?
 - What information would you like to see in future quality dashboards?
- ✓ Quality and Population Health Website Updates
 - Are the updates to navigate and find current reports helpful?
 - Is there any additional information that would be helpful for members to include on the website?





PUBLIC COMMENT

Open to the Public

- Public comment period is 15 minutes.
- Those wishing to make a public comment must join via the WebEx link or In-person.
- Send a message to one of the hosts or place your full name in the comments to be recognized during this time.
- Each speaker will be granted only 3 minutes to speak.



Thank you! Do not hesitate to Contact Us!

Medicaid Member Advisory Committee

Department of Medical Assistance Services (DMAS)

Commonwealth of Virginia

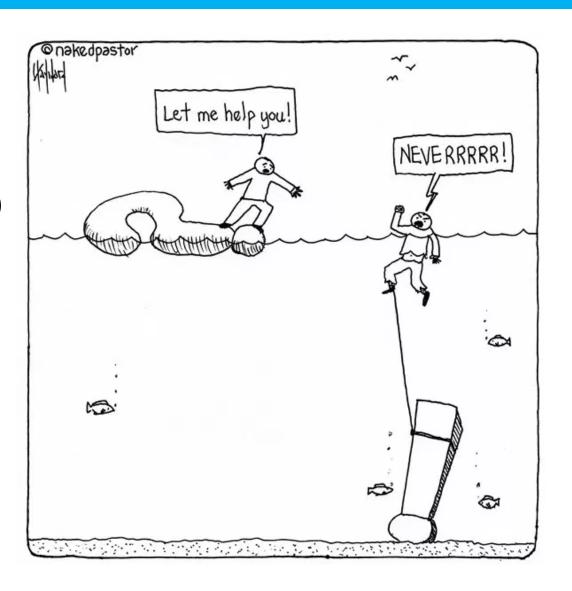
600 East Broad Street, Richmond, VA 23219

Email: mac@dmas.virginia.gov

Website: https://www.dmas.virginia.gov/for-

members/member-advisory-committee/

Cover Virginia: https://coverva.dmas.virginia.gov/





ADJOURNMENT

Next Meeting:

Monday, November 13, 2023

