

EXTRAORDINARY CARE GUIDE (Ages 0-18)

FOR USE WHEN THE AIDE/ATTENDANT IS A LEGALLY RESPONSIBLE INDIVIDUAL (LRI) OF A CHILD

This guide is intended for attendants/aides *legally* responsible for individuals 0-18 years of age. It outlines guidelines for providing extraordinary care based on the individual's age and specific needs. The guide will assist providers in identifying extraordinary care needs. ***Plans of Care must be person-centered and activities not identified as extraordinary care may be justified though additional documentation.***

Activities of Daily Living (ADL)			
BATHING (Suggested Time Allowance: 15-45 min.)			
Ages 0-4 ✖ NOT Extraordinary	Ages 0-4 ✓ Extraordinary	Ages 5-18 ✖ NOT Extraordinary	Ages 5-18 ✓ Extraordinary
<ul style="list-style-type: none"> ✖ Mechanical Help Only ✖ Needs No Help ✖ Supervision ✖ Physical Assistance ✖ Mechanical and Physical Assistance ✖ Performed by Others 	<ul style="list-style-type: none"> ✓ Performed By Others (confined) 	<ul style="list-style-type: none"> ✖ Mechanical Help Only ✖ Needs No Help ✖ Supervision 	<ul style="list-style-type: none"> ✓ Physical Assistance ✓ Mechanical and Physical Assistance ✓ Performed by Others (Confined)
DRESSING/GROOMING (Suggested Time Allowance: 15-45 min.)			
Ages 0-4 ✖ NOT Extraordinary	Ages 0-4 ✓ Extraordinary	Ages 5-18 ✖ NOT Extraordinary	Ages 5-18 ✓ Extraordinary
<ul style="list-style-type: none"> ✖ Mechanical Help Only ✖ Needs No Help ✖ Supervision ✖ Physical Assistance ✖ Mechanical and Physical Assistance ✖ Performed by Others 	<ul style="list-style-type: none"> ✓ Performed By Others (confined) 	<ul style="list-style-type: none"> ✖ Mechanical Help Only ✖ Needs No Help ✖ Supervision 	<ul style="list-style-type: none"> ✓ Physical Assistance ✓ Mechanical and Physical Assistance ✓ Performed by Others
TOILETING (Suggested Time Allowance: 15-45 min.)			
Ages 0-4 ✖ NOT Extraordinary	Ages 0-4 ✓ Extraordinary	Ages 5-18 ✖ NOT Extraordinary	Ages 5-18 ✓ Extraordinary
<ul style="list-style-type: none"> ✖ Mechanical Help Only ✖ Needs No Help ✖ Supervision ✖ Physical Assistance ✖ Mechanical and Physical Assistance ✖ Performed by Others (Confined) 	<ul style="list-style-type: none"> * Nothing is permitted for ages 0-4 when Toileting 	<ul style="list-style-type: none"> ✖ Mechanical Help Only ✖ Needs No Help ✖ Supervision 	<ul style="list-style-type: none"> ✓ Physical Assistance ✓ Mechanical and Physical Assistance ✓ Performed by Others (Confined)

ADLs continued on next page



EXTRAORDINARY CARE GUIDE (Ages 0-18)

FOR USE WHEN THE AIDE/ATTENDANT IS A LEGALLY RESPONSIBLE INDIVIDUAL (LRI) OF A CHILD

Please see below for a continuation of the Extraordinary Care Guide.

Activities of Daily Living (ADL)			
TRANSFERRING (Suggested Time Allowance: 15-45 min.)			
Ages 0-4 ✖ NOT Extraordinary	Ages 0-4 ✓ Extraordinary	Ages 5-18 ✖ NOT Extraordinary	Ages 5-18 ✓ Extraordinary
<ul style="list-style-type: none"> ✖ Mechanical Help Only ✖ Needs No Help ✖ Supervision ✖ Physical Assistance ✖ Mechanical and Physical Assistance 	<ul style="list-style-type: none"> ✓ Performed By Others (confined) 	<ul style="list-style-type: none"> ✖ Mechanical Help Only ✖ Needs No Help ✖ Supervision 	<ul style="list-style-type: none"> ✓ Physical Assistance ✓ Mechanical and Physical Assistance ✓ Performed by Others
ASSIST EATING (Suggested Time Allowance: 15-45 min.)			
Ages 0-4 ✖ NOT Extraordinary	Ages 0-4 ✓ Extraordinary	Ages 5-18 ✖ NOT Extraordinary	Ages 5-18 ✓ Extraordinary
<ul style="list-style-type: none"> ✖ Mechanical Help Only ✖ Needs No Help ✖ Supervision ✖ Physical Assistance ✖ Mechanical and Physical Assistance 	<ul style="list-style-type: none"> * Nothing is permitted for ages 0-4 with Eating/Feeding 	<ul style="list-style-type: none"> ✖ Mechanical Help Only ✖ Needs No Help ✖ Supervision 	<ul style="list-style-type: none"> ✓ Physical Assistance ✓ Human and Mechanical Help ✓ Performed by Others

FAQs on next page



EXTRAORDINARY CARE GUIDE (Ages 0-18)

FOR USE WHEN THE AIDE/ATTENDANT IS A LEGALLY RESPONSIBLE INDIVIDUAL (LRI) OF A CHILD

...CONTINUED

Frequently Asked Questions (FAQ's)

Question: What is extraordinary care?

Answer: Extraordinary Care is defined as support that goes above and beyond what a parent or spouse would typically provide due to their role as a Legally Responsible Individual (LRI). For minors, it includes assistance beyond what a child of the same age without a disability would require.

Question: What is the purpose of extraordinary care?

Answer: The program aims to ensure that individuals with disabilities or special needs receive the necessary support to live independently and maintain their health and well-being.

Question: Who is eligible?

Answer: Individuals must meet Medicaid eligibility requirements, including being a member of a covered group (e.g., aged, blind, or disabled) and having limited income and resources.

Question: Can LRI's provide extraordinary care?

Answer: Legally Responsible Individuals (LRIs), such as parents or spouses, may have a role in providing care, and the program helps determine when and how they can be reimbursed or supported. The LRI must also meet the same requirements as other personal care aides or attendants. LRIs convicted of a barrier crime, as defined in the Code of Virginia, are ineligible to be paid providers of services.

Question: Can LRI's be reimbursed for providing extraordinary care?

Answer: Reimbursement may be made to LRIs for up to 40 hours per week. When the LRI is reimbursed to provide assistance for multiple children, they may be reimbursed for up to 40 hours per week for each child.

Question: Why are some tasks listed as "not extraordinary care"?

Answer: Children at certain ages, regardless of health status, cannot perform ADLs safely or effectively without caregiver assistance. Parents are expected to perform or to participate in some ADLs with children of the same age without a disability. When such assistance is normally provided to children of the same age without a disability, it cannot be considered extraordinary care.

Question: Can LRI's use respite services?

Answer: Respite is not available when there is a paid LRI, as respite is for the relief of the unpaid primary caregiver.

Question: Can an additional attendant be hired if needed?

Answer: Should an individual hire an additional non-LRI attendant to provide additional personal care support, an additional Plan of Care will be developed. The non-LRI Plan of Care and LRI Plan of Care will work in tandem to address the waiver individual's daily needs. To receive service authorization, the personal care agency/Services Facilitator must submit both the LRI Plan of Care and the non-LRI Plan of Care together.

Question: Can the initial Plan Of Care meeting be done virtually or over the phone?

Answer: To ensure the waiver individual's opinions—to the extent practicable—are shared with others, all service plan development meetings and assessments of the LRI Plan of Care are required to occur face-to-face with the waiver individual present.